

Inventory of Parents and Peer Attachment-Revised

OVERVIEW

- This scale measures various qualities of youth's relationships with parents (mother, father; or guardians acting in these roles) and peers, such as trust, quality of communication, and feelings of anger and alienation

SUBSCALES

- Each questionnaire (mother, father, peer) has 3 subscales
 - » **Parent**
 - Trust (10 items)
 - *My mother respects my feelings*
 - Communication (9 items)
 - *I tell my father about my problems and troubles*
 - Alienation (6 items)
 - *I get upset easily around my mother*
 - » **Peer**
 - Trust (10 items)
 - *My friends listen to what I have to say*
 - Communication (9 items)
 - *When we discuss things, my friends care about my point of view*
 - Alienation (6 items)
 - *I feel angry with my friends*

STEPPING UP THEME(S) & OUTCOME(S)

- **Strong, Supportive Friends & Families**
 - » Youth have families equipped to help them thrive
 - » Youth are have at least one consistent, caring adult in their lives
 - » Youth form and maintain healthy, close relationships

TARGET POPULATION

- Youth between 9 and 15 years of age

LENGTH & HOW IT IS MEASURED

- 25 items for each subscale
- The same 25 questions are asked for both parental roles and 25 questions are asked relates to peer roles
- Self-report, paper-pencil version
- Negatively-worded items need to be reverse coded
- Available in: English

DEVELOPER

- Gullone & Robinson, 2005 (revised)
- Armsden & Greenberg, 1987 (original)



GOOD TO KNOW

- Original version had only two measures (parents, peers), whereby perceptions of mothers and fathers were combined into one scale. In the revised version there are questions asked about mothers and fathers separately



PSYCHOMETRICS

- **Reliability**
High reliability
(internal consistency $\alpha = .66-.86$)
- **Validity**
Convergent validity



LEARN MORE

- Armsden, G.C., & Greenberg, M.T. (1987). The inventory of parent and peer attachment: Individual differences and their relationship to psychological well-being in adolescence. *Journal of Youth and Adolescence*, 16, 427–454.
- Gomez, R., & McLaren, S. (2007). The inter-relations of mother and father attachment, self-esteem and aggression during late adolescence. *Aggressive Behavior*, 33(2), 160-169.
- Gullone, E. and Robinson, K. (2005), The Inventory of Parent and Peer Attachment—Revised (IPPA-R) for children: a psychometric investigation. *Clin. Psychol. Psychother.*, 12: 67–79. doi: 10.1002/cpp.433

INVENTORY OF PARENT AND PEER ATTACHMENT (IPPA)

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This questionnaire asks about your relationships with important people in your life; your mother, your father, and your close friends. Please read the directions to each part carefully.

Part I

Some of the following statements asks about your feelings about your mother or the person who has acted as your mother. If you have more than one person acting as your mother (e.g. a natural mother and a step-mother) answer the questions for the one you feel has most influenced you.

Please read each statement and circle the ONE number that tells how true the statement is for you now.

	Almost Never or Never True	Not Very Often True	Some- times True	Often True	Almost Always or Always True
1. My mother respects my feeling.	1	2	3	4	5
2. I feel my mother does a good job as my mother.	1	2	3	4	5
3. I wish I had a different mother.	1	2	3	4	5
4. My mother accepts me as I am.	1	2	3	4	5
5. I like to get my mother's point of view on things I'm concerned about.	1	2	3	4	5
6. I feel it's no use letting my feelings show around my mother.	1	2	3	4	5
7. My mother can tell when I'm upset about something.	1	2	3	4	5

	Almost Never or Never True	Not Very Often True	Some- times True	Often True	Almost Always or Always True
8. Talking over my problems with my mother makes me feel ashamed or foolish.	1	2	3	4	5
9. My mother expects too much from me.	1	2	3	4	5
10. I get upset easily around my mother.	1	2	3	4	5
11. I get upset a lot more than my mother knows about.	1	2	3	4	5
12. When we discuss things, my mother cares about my point of view.	1	2	3	4	5
13. My mother trusts my judgment.	1	2	3	4	5
14. My mother has her own problems, so I don't bother her with mine.	1	2	3	4	5
15. My mother helps me to understand myself better.	1	2	3	4	5
16. I tell my mother about my problems and troubles.	1	2	3	4	5
17. I feel angry with my mother.	1	2	3	4	5
18. I don't get much attention from my mother.	1	2	3	4	5
19. My mother helps me to talk about my difficulties.	1	2	3	4	5
20. My mother understands me.	1	2	3	4	5
21. When I am angry about something, my mother tries to be understanding.	1	2	3	4	5
22. I trust my mother.	1	2	3	4	5
23. My mother doesn't understand what I'm going through these days.	1	2	3	4	5
24. I can count on my mother when I need to get something off my chest.	1	2	3	4	5
25. If my mother knows something is bothering me, she asks me about it.	1	2	3	4	5

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Part II

This part asks about your feelings about your father, or the man who has acted as your father. If you have more than one person acting as your father (e.g. natural and step-father) answer the question for the one you feel has most influenced you.

	Almost Never or Never True	Not Very Often True	Some- times True	Often True	Almost Always or Always True		Almost Never or Never True	Not Very Often True	Some- times True	Often True	Almost Always or Always True
1. My father respects my feelings.	1	2	3	4	5	16. I tell my father about my problems and troubles	1	2	3	4	5
2. I feel my father does a good job as my father.	1	2	3	4	5	17. I feel angry with my father	1	2	3	4	5
3. I wish I had a different father.	1	2	3	4	5	18. I don't get much attention from my father.	1	2	3	4	5
4. My father accepts me as I am.	1	2	3	4	5	19. My father helps me to talk about my difficulties.	1	2	3	4	5
5. I like to get my father's point of view on things I'm concerned about.	1	2	3	4	5	20. My father understands me.	1	2	3	4	5
6. I feel it's no use letting my feelings show around my father.	1	2	3	4	5	21. When I am angry about something, my father tries to be understanding.	1	2	3	4	5
7. My father can tell when I'm upset about something.	1	2	3	4	5	22. I trust my father.	1	2	3	4	5
8. Talking over my problems with my father makes me feel ashamed or foolish.	1	2	3	4	5	23. My father doesn't understand what I'm going through these days.	1	2	3	4	5
9. My father expects too much from me.	1	2	3	4	5	24. I can count on my father when I need to get something off my chest.	1	2	3	4	5
10. I get upset easily around my father.	1	2	3	4	5	25. If my father knows something is bothering me, he asks me about it.	1	2	3	4	5
11. I get upset a lot more than my father knows about.	1	2	3	4	5						
12. When we discuss things, my father cares about my point of view.	1	2	3	4	5						
13. My father trusts my judgment.	1	2	3	4	5						
14. My father has his own problems, so I don't bother him with mine.	1	2	3	4	5						
15. My father helps me to understand myself better.	1	2	3	4	5						

Part III

This part asks about your feelings about your relationships with your close friends.
Please read each statement and circle the ONE number that tells how true the statement is for you now.

	Almost Never or Never True	Not Very Often True	Some- times True	Often True	Almost Always or Always True		Almost Never or Never True	Not Very Often True	Some- times True	Often True	Almost Always or Always True
1. I like to get my friend's point of view on things I'm concerned about.	1	2	3	4	5	18. I feel angry with my friends.	1	2	3	4	5
2. My friends can tell when I'm upset about something.	1	2	3	4	5	19. I can count on my friends when I need to get something off my chest.	1	2	3	4	5
3. When we discuss things, my friends care about my point of view.	1	2	3	4	5	20. I trust my friends.	1	2	3	4	5
4. Talking over my problems with friends makes me feel ashamed or foolish.	1	2	3	4	5	21. My friends respect my feelings.	1	2	3	4	5
5. I wish I had different friends.	1	2	3	4	5	22. I get upset a lot more than my friends know about.	1	2	3	4	5
6. My friends understand me.	1	2	3	4	5	23. It seems as if my friends are irritated with me for no reason.	1	2	3	4	5
7. My friends encourage me to talk about my difficulties.	1	2	3	4	5	24. I can tell my friends about my problems and troubles.	1	2	3	4	5
8. My friends accept me as I am.	1	2	3	4	5	25. If my friends know something is bothering me, they ask me about it.	1	2	3	4	5
9. I feel the need to be in touch with my friends more often.	1	2	3	4	5						
10. My friends don't understand what I'm going through these days.	1	2	3	4	5						
11. I feel alone or apart when I am with my friends.	1	2	3	4	5						
12. My friends listen to what I have to say.	1	2	3	4	5						
13. I feel my friends are good friends.	1	2	3	4	5						
14. My friends are fairly easy to talk to.	1	2	3	4	5						
15. When I am angry about something, my friends try to be understanding.	1	2	3	4	5						
16. My friends help me to understand myself better.	1	2	3	4	5						
17. My friends care about how I am feeling.	1	2	3	4	5						