The Social Connectedness Scale - Revised

**OVERVIEW**
- This scale assesses the degree to which youth feel connected to others in their social environment.

**SUBSCALES**
- None
- Sample items from the scale:
  » I feel disconnected from the world around me
  » Even among my friends, there is not sense of brotherhood/sisterhood

**STEPPING UP THEME(S) & OUTCOME(S)**
- **Strong, Supportive Friends & Families**
  » Youth form and maintain health, close relationships
- **Diversity, Social Inclusion, & Safety**
  » Youth experience social inclusion and value diversity
  » Youth feel safe at home, at school, online and in their communities

**TARGET POPULATION**
- Youth between 14 and 18 years of age (high school)

**LENGTH & HOW IT IS MEASURED**
- 20 items
- Responses to the scale range from 1 (strongly disagree) to 6 (strongly agree)
- Reverse code negatively-worded items
- Items are summed; a higher score indicates more connectedness to others
- Self-report, paper-pencil version

**DEVELOPER**

**PSYCHOMETRICS**
- **Reliability**
  High reliability (internal consistency $\alpha > .92$)
- **Validity**
  - Concurrent validity
  - Construct validity
  - Convergent validity
  - Discriminant validity

**LEARN MORE**
# The Social Connectedness Scale

Circle the answer that shows how much you agree or disagree with each of the following statements.

<table>
<thead>
<tr>
<th>Statement</th>
<th>Strongly Agree</th>
<th></th>
<th></th>
<th></th>
<th></th>
<th>Strongly Disagree</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. I feel disconnected from the world around me.</td>
<td>Strongly Agree</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td>Strongly Disagree</td>
</tr>
<tr>
<td>2. Even around people I know, I don’t feel that I really belong.</td>
<td>Strongly Agree</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td>Strongly Disagree</td>
</tr>
<tr>
<td>3. I feel so distant from people.</td>
<td>Strongly Agree</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td>Strongly Disagree</td>
</tr>
<tr>
<td>4. I have no sense of togetherness with my peers.</td>
<td>Strongly Agree</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td>Strongly Disagree</td>
</tr>
<tr>
<td>5. I don’t feel related to anyone.</td>
<td>Strongly Agree</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td>Strongly Disagree</td>
</tr>
<tr>
<td>6. I catch myself losing all sense of connectedness with society.</td>
<td>Strongly Agree</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td>Strongly Disagree</td>
</tr>
<tr>
<td>7. Even among my friends, there is no sense of brother/sisterhood.</td>
<td>Strongly Agree</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td>Strongly Disagree</td>
</tr>
<tr>
<td>8. I don’t feel that I participate with anyone or any group.</td>
<td>Strongly Agree</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td>Strongly Disagree</td>
</tr>
</tbody>
</table>