

Adolescent Program Quality Survey

OVERVIEW

- This questionnaire assesses program quality and is based off of the National Research Council and Institute of Medicine's eight program setting features that have been proposed to foster positive youth development.

SUBSCALES

- **Appropriate Adult Support and Structure (5 items)**
 - Rules and expectations were clear
- **Empowered Skill-building (7 items)**
 - I was encouraged to take responsibility
- **Expanding Horizons (4 items)**
 - Activities were related to issues in my club, my family, and my community
- **Negative Experiences (3 items)**
 - Conflicts between people were a problem

TARGET POPULATION

- Youth ages 9 to 18

LENGTH & HOW IT IS MEASURED

- 19 items
- Self-report questionnaire
- Multiple choice format measured on a 5-point scale: 1(Strongly disagree) to 5 (Strongly agree)
- Reverse code negative items (17, 18, 19)
- Available in English

DEVELOPER

- Bean & Forneris, 2016
- Revised from Silliman & Schumm, 2013

PSYCHOMETRICS

- **Reliability**
 - Internal consistency for entire measure ($\alpha = .86$)
 - Internal consistency for subscales ($\alpha = .64-.84$)
- **Validity**
 - Construct validity

LEARN MORE

- Bean, C. N., & Forneris, T. (2016). Re-examining the Youth Program Quality Survey as a tool to assess quality within youth programming. *Cogent Psychology*. doi:10.1080/23311908.2016.1149265
- Silliman, B., & Schumm, W. R. (2013). Youth program quality survey: Youth assessment of program quality. *Marriage & Family Review*, 49, 647–670. doi:10.1080/01494929.2013.803010

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Please rate the level to which you agree or disagree with the following statements as they relate to your participation in your program.

	Strongly Disagree 1	Disagree 2	Neutral 3	Agree 4	Strongly Agree 5
Appropriate Adult Support & Structure					
1. Activities promoted healthy habits	1	2	3	4	5
2. Adults listened to what I had to say	1	2	3	4	5
3. I felt comfortable going to adults for advice					
4. Rules and expectations were clear	1	2	3	4	5
5. Activities were just right for my age	1	2	3	4	5
Empowered Skill-building					
6. I learned to work with others as a team	1	2	3	4	5
7. Activities taught me to develop a plan to reach my goals	1	2	3	4	5
8. I was challenged to think and build skills	1	2	3	4	5
9. There were opportunities to learn new things	1	2	3	4	5
10. I felt that I could make a difference	1	2	3	4	5
11. I was encouraged to take responsibility	1	2	3	4	5
12. I gained a broader view of [name of program]					
Expanding Horizons					
13. Serving others and volunteering was important	1	2	3	4	5
14. I learned to accept differences in others	1	2	3	4	5
15. I gained a broader view of the world beyond my community	1	2	3	4	5
16. Activities were related to my club, my family, and my community	1	2	3	4	5
Negative Experiences					
17. I was embarrassed or put down	1	2	3	4	5
18. Conflicts between people were a problem	1	2	3	4	5
19. I felt like I don't belong	1	2	3	4	5