

Youth Program Quality Instrument

OVERVIEW

- This questionnaire measures different aspects of program quality. The overall scale was designed to assess general youth program implementation and the associated environment.

SUBSCALES

- **Physical & Psychological Safety (6 items)**
 - Young people spread rumors about others
- **Supportive Relationships (3 items)**
 - Adults are eager to help young people
- **Positive Social Norms (4 items)**
 - Young people respect one another
- **Support for Efficacy/Mattering (3 items)**
 - Young people are encouraged to be leaders
- **Opportunities for Skill Building (6 items)**
 - Young people learn from activities that are challenging

TARGET POPULATION

- Youth ages 9 to 18

LENGTH & HOW IT IS MEASURED

- 22 items
- Self-report questionnaire
- Multiple choice format measured on a 5-point scale: 1(Never) to 5 (Always)
- Available in English

DEVELOPER

- Borden, Wiggs, & Schaller, 2012
- Revised from Borden & Perkins, 2003

PSYCHOMETRICS

- **Reliability**
 - Internal consistency: $\alpha = .86$
 - Test-re-test: $r = .21$
- **Validity**
 - None

LEARN MORE

- Borden, L., Wiggs, C., & Schaller, A. (2012). Program quality: Version for youth. Retrieved 28 June 2016 from https://cyfernetsearch.org/sites/default/files/InstrumentFiles/Youth%20Program%20Quality_0.pdf
- Schwabe, C. M. (2015). Identifying the importance and performance perceptions of positive youth development features in camps worldwide. Doctoral Dissertation: Clemson University. Retrieved from http://tigerprints.clemson.edu/all_theses/2173

YOUTH PROGRAM QUALITY INSTRUMENT

Directions: The following statements describe how things may work in your program. Please choose the statement that best describes how the program works.

The next few questions ask you to think about how young people feel in the program.

In this program...

#	Item	1 Never	2 Rarely	3 Some times	4 A lot	5 Always
1.	Young people hit or kick others.					
2.	Young people say mean things to others or call them names.					
3.	Young people spread rumors about others.					
4.	Young people keep others from being part of activities or groups.					
5.	Young people protect others from bullies.					
6.	If someone is being picked on, young people try to stop it.					

The next few questions ask you to think about relationships with others in the program.

In this program...

#	Item	1 Never	2 Rarely	3 Some times	4 A lot	5 Always
7.	Adults make sure the rules are being followed.					
8.	Adults are eager to help young people.					
9.	Young people are willing to help each other.					

The next few questions ask you to think about how people treat each other in the program.

In this program...

#	Item	1 Never	2 Rarely	3 Some times	4 A lot	5 Always
10.	Young people respect one another.					
11.	Adults treat young people fairly.					
12.	Young people treat each other fairly.					
13.	Young people are kind to one another.					

The next few questions ask you to think about how young people are helped out in the program.

In this program...

#	Item	1 Never	2 Rarely	3 Some times	4 A lot	5 Always
14.	Young people and adults work together to plan activities.					
15.	Young people choose the things they want to do.					
16.	Young people are encouraged to be leaders.					

The next few questions ask you to think about different things young people learn in this program.

In this program...

#	Item	1 Never	2 Rarely	3 Some times	4 A lot	5 Always
17.	Young people learn about getting along with others.					
18.	Young people learn from activities that are challenging.					
19.	Young people learn to treat others with respect.					
20.	Young people learn about different cultures.					
21.	Young people learn different ways to talk to one another.					
22.	Young people learn how to make good decisions.					