

# YOUTH INTERVIEW GUIDE SAMPLE #2

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- A. Introduction, overview of purpose of interview, assurance of confidentiality and anonymity
- B. Demographic Information: Age, length of program participation, etc.

## Sample Process Evaluation Interview Questions

1. Can you tell me about the program you participated in?
2. How did you get involved in the program/organization? (parents?, own choice?)
3. How long have you participated in [name of program]? If this is not your first year, how did this year compare to other years?
  - a. Things you liked better? Liked less?
4. Do you think being in the program for two (three, four, etc.) months/years has helped you develop skills even more? Examples.
5. Thinking back, what were your expectations coming into the program?
  - a. Were your expectations met, or are they currently being met? i. If not, why not?
6. Was the program a positive experience, a negative experience, or a little of both? Explain.
  - a. What was your favourite part of the program? Why?
  - b. What was your least favourite part of the program? Why?
7. What were your three biggest highlights or favourite parts of [program name]?
8. What other programs are you involved in?
  - a. How does this program compare to others? Like more/less? Similarities/differences? Why?
9. Was this program a positive thing for youth? Why or why not?
10. What was your experience like working with the program leader(s)?
  - a. What leaders did you really connect with?
11. What was your relationship like working with the program leaders? In what ways?
  - a. Respect, support, trust, acceptance, open, caring, listened, understood, positive
  - b. Did the leaders challenge you to get better/develop new skills?

- c. Were the leaders encouraging?
  - d. Did you feel the leaders provided you with choices and options throughout the program? In what ways? Examples.
  - e. Do the leaders encourage you to ask questions, be engaged in decision-making? Example?
12. Do you want to continue participating in this program in the future? For what reason?
13. Do you plan on returning to the program next year? Would you recommend this program?
14. What suggestions to do you have for improving the program?
15. Is there anything you hoped would have happened in or after the program that did not happen?

### **Sample Outcome Evaluation Interview Questions**

1. Do you enjoy participating in this program? Does it make you feel good about yourself? How so?
2. In general, would you say that being involved in this program helped your development as a person?
3. What did you learn in the program? Give Examples
  - a. Probe for program-specific outcomes
  - b. Life skills such as teamwork, respect, emotional regulation, communication, leadership, confidence.
    - i. Can you give me an example of how you learned that skill (probe for each skill youth identifies)?
4. Did you learn about how to set goals during your participation in this program?
  - a. Can you give me an example of a goal(s)?
5. Do you think this program helped you learn how to manage your emotions (e.g., anger, frustration, or excitement)? Examples?
6. Did you challenge yourself to learn new skills to improve your abilities?
  - a. If yes, example?
7. How would you describe your relationships with other youth in the program?
  - a. Did everyone get along?

- b. Did you make new friends?
8. Through your participation in this program, did you learn about leadership?
- Did you help other teammates during the program? (youth mentoring). In what ways?
  - Did the staff provide you with opportunities to lead/mentor?
9. What do you believe has impacted you the most during this program?
10. Do you believe your attitudes have changed regarding [program focus]?
11. Did this program make you think differently about your future? In what ways?
12. What do you believe you learned about yourself throughout this program? Explain.
13. Do you plan to use the life skills (repeat the skills they stated earlier) you've learned in the program in any areas of your life (school, home, with friends)?
- How do you think that skill will help you at school, home and with friends? Examples?
  - What makes it difficult to use the skills outside of the program?
14. What would you consider your biggest improvement to be from participating in this program?
15. How have your perceptions of your community (e.g., family, friends, neighbourhood) changed as a result of your participation in this program?

**Prompting Questions:**

- Given what we have discussed today is there anything else you would like to say?
- Can you tell me a little bit more about that?
- Can you give me an example of what you mean by...?
- Are there other ideas you have?
- That is really interesting, can you tell me more about that?