

## Evaluation Measures

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# Hare Self-Esteem Scale

### OVERVIEW

This measure assesses self-esteem of school aged-children across three domains (peer, school, home) and allows for a general assessment of self-esteem when summed. These three areas are the major points of interaction for a child where self-esteem is developed.

### SUBSCALES

- Peer Self-Esteem
  - » Other people wish that they were like me
- School Self-Esteem
  - » My teachers are usually happy with the kind of work I do
- Home Self-Esteem
  - » My parents are proud of the kind of person I am

### STEPPING UP THEME(S) & OUTCOME(S)

- Health and Wellness
  - » Youth are mentally well
- Strong, Supportive Friends & Families
  - » Youth have families and guardians equipped to help them thrive

### GOOD TO KNOW

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### PSYCHOMETRICS

- **Reliability**
  - Test-rest reliability indicated good stability ( $r = .56$  to  $.65$ ) for the three scales and ( $r = .74$ ) for the general scale
- **Validity**
  - Concurrent validity
  - Construct validity
  - Discriminant validity

### TARGET POPULATION

- Youth between 10 and 18 years of age

### LENGTH & HOW IT MEASURES

- 30 items (10 items per subscale)
- Response scale ranges from 1 (strongly disagree) to 4 (strongly agree)
- An average of all three subscales provides a score for general self-esteem
- Higher scores indicate higher self-esteem
- Negatively-worded items need to be reversed coded
- Self-report, paper-pencil version or can be administered orally
- Available in: English

### DEVELOPER

- Hare. B. R., 1975

### LEARN MORE

- Hare. B. R. (1975). The HARE general and area-specific (school, peer, and home) self-esteem scale. Unpublished manuscript, Department of Sociology SUNY Stony Brook, Stony Brook, New York. Instrument reproduced with permission of Bruce. R. Hare.

### **HSS-School**

*In the blank provided, please write the letter of the answer that best describes how you feel about the sentence. These sentences are designed to find out how you generally feel when you are in school. There are no right or wrong answers.*

- a = Strongly disagree
- b = Disagree
- c = Agree
- d = Strongly agree

- \_\_\_\_\_ 1. My teachers expect too much of me.
- \_\_\_\_\_ 2. In the kinds of things we do in school, I am at least as good as other people in my classes.
- \_\_\_\_\_ 3. I often feel worthless in school.
- \_\_\_\_\_ 4. I am usually proud of my report card.
- \_\_\_\_\_ 5. School is harder for me than for most other people.
- \_\_\_\_\_ 6. My teachers are usually happy with the kind of work I do.
- \_\_\_\_\_ 7. Most of my teachers do not understand me.
- \_\_\_\_\_ 8. I am an important person in my classes.
- \_\_\_\_\_ 9. It seems that no matter how hard I try I never get the grades I deserve.
- \_\_\_\_\_ 10. All in all, I feel I've been very fortunate to have had the kinds of teachers I've had since I started school.

### **HSS-Peer**

*In the blank provided, please write the letter of the answer that best describes how you feel about the sentence. These sentences are designed to find out how you generally feel when you are with other people your age. There are no right or wrong answers.*

- a = Strongly disagree
- b = Disagree
- c = Agree
- d = Strongly agree

- \_\_\_\_\_ 1. I have at least as many friends as other people my age.
- \_\_\_\_\_ 2. I am not as popular as other people my age.
- \_\_\_\_\_ 3. In the kinds of things that people my age like to do, I am at least as good as most other people.
- \_\_\_\_\_ 4. People my age often pick on me.
- \_\_\_\_\_ 5. Other people think I am a lot of fun to be with.
- \_\_\_\_\_ 6. I usually keep to myself because I am not like other people my age.
- \_\_\_\_\_ 7. Other people wish that they were like me.
- \_\_\_\_\_ 8. I wish I were a different kind of person because I would have more friends.
- \_\_\_\_\_ 9. If my group of friends decided to vote for leaders of their group, I'd be elected to a high position.
- \_\_\_\_\_ 10. When things get tough, I am not a person whom other people my age would turn to for help.

*In the blank provided, please write the letter of the answer that best describes how you feel about the sentence. These sentences are designed to find out how you generally feel when you are with your family. There are no right or wrong answers.*

a = Strongly disagree

b = Disagree

c = Agree

d = Strongly agree

- \_\_\_\_\_ 1. My parents are proud of the kind of person I am.
  - \_\_\_\_\_ 2. No one pays much attention to me at home.
  - \_\_\_\_\_ 3. My parents feel that I can be depended on.
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#### Helping the Struggling Adolescent

- \_\_\_\_\_ 4. I often feel that if they could, my parents would trade me in for another child.
- \_\_\_\_\_ 5. My parents try to understand me.
- \_\_\_\_\_ 6. My parents expect too much of me.
- \_\_\_\_\_ 7. I am an important person to my family.
- \_\_\_\_\_ 8. I often feel unwanted at home.
- \_\_\_\_\_ 9. My parents believe that I will be a success in the future.
- \_\_\_\_\_ 10. I often wish that I had been born into another family.