

## RESOURCES: INTERGENERATIONAL TRAUMA

### **The Trauma-informed Toolkit**

Klinik Community Health Centre, Manitoba

[http://trauma-informed.ca/wp-content/uploads/2013/10/Trauma-informed\\_Toolkit.pdf](http://trauma-informed.ca/wp-content/uploads/2013/10/Trauma-informed_Toolkit.pdf)

### **Impacts of Historical Trauma on African-Americans and Its Effects on Help-seeking**

Keisha Ross, Ph.D., Licensed Psychologist, Missouri Psychological Association; Diversity Committee Chairperson

<http://www.umsl.edu/services/cps/files/ross-presentation.pdf>

### **“How Slavery’s Legacy Affects the Mental Health of Black Americans”**

Alma Carten, *New Republic* (July 27, 2015)

<https://newrepublic.com/article/122378/how-slaverys-legacy-affects-mental-health-black-americans->

### **“Post-Traumatic Slave Syndrome and Intergenerational Trauma: Slavery is Like a Curse Passing Through the DNA of Black People”**

David Love, *Atlanta Black Star* (June 5, 2016)

<http://atlantablackstar.com/2016/06/05/post-traumatic-slave-syndrome-and-intergenerational-trauma-slavery-is-like-a-curse-passing-through-the-dna-of-black-people>

### **“The intergenerational trauma of First Nations still runs deep”**

Kevin Berube, *The Globe & Mail* (February 16, 2015)

<https://beta.theglobeandmail.com/life/health-and-fitness/health-advisor/the-intergenerational-trauma-of-first-nations-still-runs-deep/article23013789/>

### **“Intergenerational Trauma and Indigenous Healing”**

Evan Adams, MD, MPH & Warren Clarmont, HeretoHelp, British Columbia

<http://www.heretohelp.bc.ca/visions/indigenous-people-vol11/intergenerational-trauma-and-indigenous-healing>

### **Understanding Aboriginal Intergeneration Trauma from a Social Work Perspective**

Peter Menzies, Sagamok Anishnawbek First Nation; Centre for Addictions and Mental Health, Ontario

<http://www3.brandonu.ca/cjns/27.2/05Menzies.pdf>

**Royal Commission on Aboriginal Peoples 1996 Volume 3: Gathering Strength. Ottawa: Supply and Services Canada.**

**Enough to Keep Them Alive: Indian Welfare in Canada, 1873-1965. Toronto: University Toronto Press.**