



# YOUTH & SUBSTANCE USE

Engaging and Supporting  
Through Reflective Practice

Wednesday, November 8th  
10AM to 11:30AM

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# LAND ACKNOWLEDGEMENT

YouthREX's Provincial office is located at York University. Both YouthREX and York University acknowledge their presence on the traditional territory of many Indigenous Nations. The area known as Tkaronto has been care taken by the Anishinabek Nation, the Haudenosaunee Confederacy, the Wendat, and the Métis. It is now home to many Indigenous Peoples. We acknowledge the current treaty holders and the Mississaugas of the New Credit First Nation. This territory is subject of the Dish With One Spoon Wampum Belt Covenant, an agreement to peaceably share and care for the Great Lakes region.

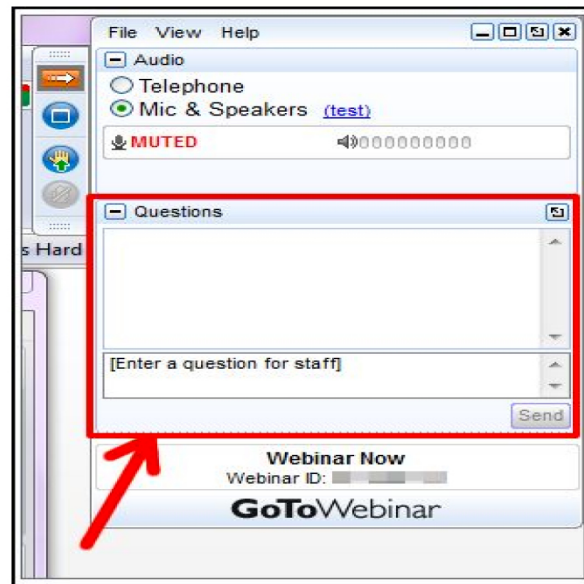
Source: <http://aboriginal.info.yorku.ca/>

# THINGS TO KEEP IN MIND

- We are recording this webinar and it will be uploaded to the YouthREX website and to the eXchange.
- If you have trouble with the audio quality today, please try calling in with a phone.

# ASK A QUESTION OR SHARE A COMMENT!

- Submit questions throughout the webinar using the box on the right side of your screen.
- You can also tweet us @REXforyouth.



# ABOUT YOUTHREX

**OUR VISION** is an Ontario where shared knowledge is transformed into positive impact for all youth.

**OUR MISSION** is to make research evidence and evaluation practices accessible and relevant to Ontario's grassroots youth sector through knowledge mobilization, capacity building and evaluation leadership.



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# The ReDesign Group Welcomes You

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# POLL QUESTION

**How long does it take you to think of a brilliant reply?**



- Straight away, I'm flash!
- Five minutes later
- Later that day
- Weeks later after much pondering and brooding

# THE FACES OF THE REDESIGN GROUP



@redesigngrpINC



redesigngrp@gmail.com



**The Artist**

Uses Jiu Jitsu like skill to design think emergence for social justice. Has evolved as a thought leader aka anti-hero.



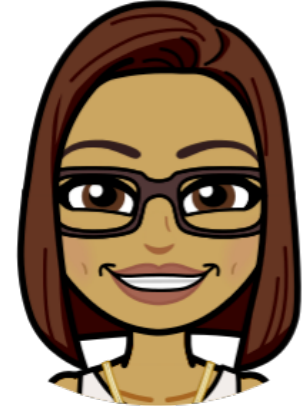
**The Counsellor**

Passionate advocate by nature and Therapist by profession.



**The Educator**

Mixologist of arts and sciences. Often has a ruthless level of rationality.



**The Storyteller**

Recovering fundraiser and deeply committed chocoholic. You often find her standing in long lines for no apparent reason.

**#WeAreReDesign**



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< 30,000 hrs

of case management, facilitation, grant writing, community engagement & fundraising

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# EXPECT THE UNEXPECTED

- Assessing our strengths and capacities.
- Acknowledging our challenges and weaknesses.
- Taking corrective action to increase our knowledge, skills, and abilities.
- Using reflection to critically examine why things are the way they are, and accept that they may not promise change.

# DISCUSSION: POLL ANSWERS



**How long does it take you  
to think of a brilliant reply?**

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# ACTIVITY



ARE

YOU

READY?

# ACTIVITY



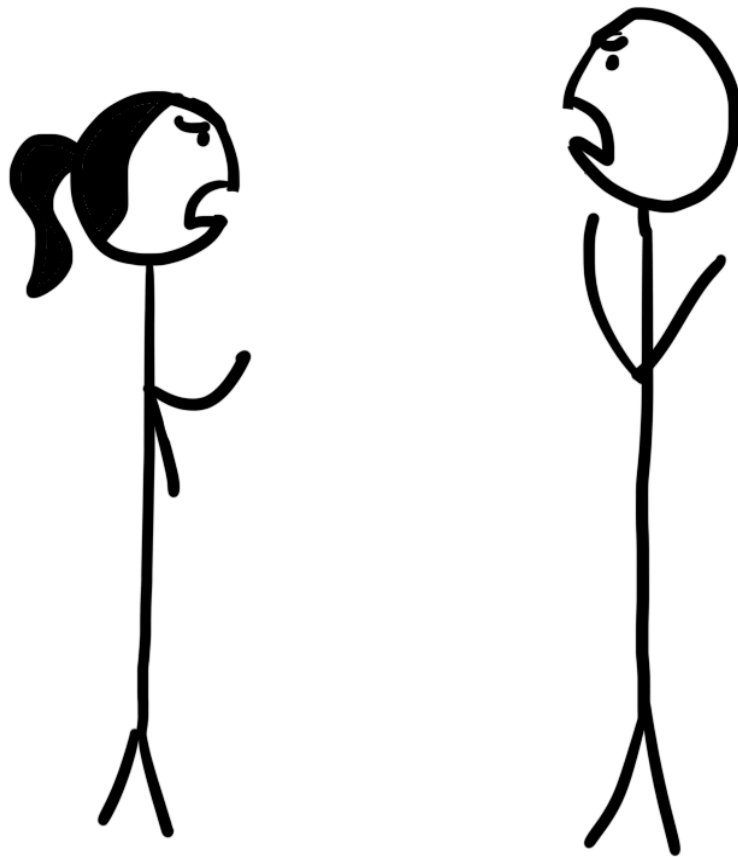
# ACTIVITY



# ACTIVITY



# ACTIVITY





# ACTIVITY



# POLL QUESTION

**What was your tally?**



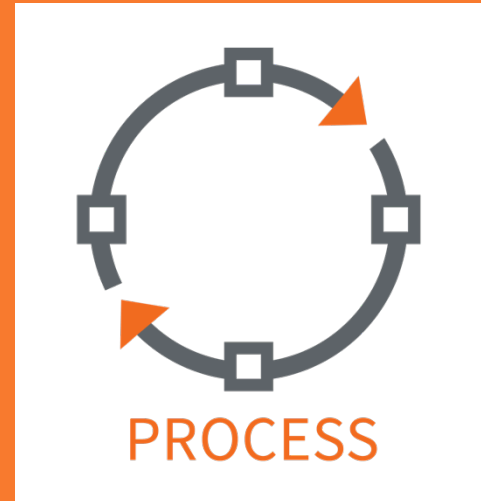
# DISCUSSION: POLL ANSWERS

**What was your tally?**

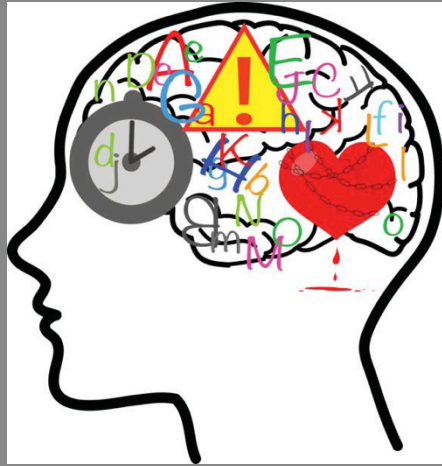


# Improving Practice is a Developmental Process

"It involves discovering what works best for our clients."



# ACTIVITY:



**THE CONTAINER**

# DISCUSSION:

**THREE  
BY  
THREE**

# Problem Statements

Questions and Inquiry

I AM	TRYING TO	BUT	BECAUSE	WHICH MAKES ME FEEL
Athletic Director	Manage my debt	Budgets have been cut by 35%	don't have a steady source of income	worried about the type of job I should pursue
Professor	Find stability in my job	can't get tenure	research funding is tight	concerned about our ranking next year

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# Orientation to Client

"Why is it important to be client-centered and client-directed?"

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# TOOLS?

What do you use?



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# Approach to Practice

“What frameworks direct your practice and lead to demonstrable outcomes?”

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# TOOLS?

What do you use?



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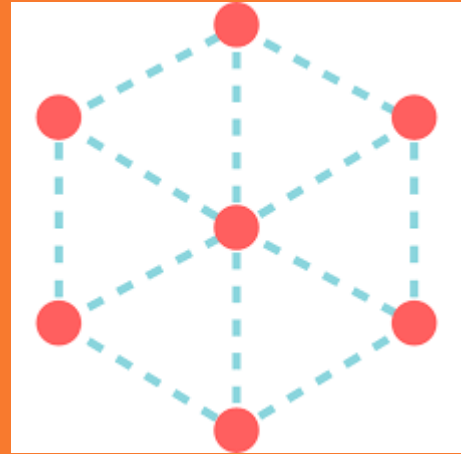
# Setting the Context

“How do you a provide safe, respectful service?”

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# TOOLS?

What do you use?





# OUR JOURNEY

Our journey today  
was informed by  
reflective practice



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# TOOLS & RESOURCES

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**ACTIVITY:**

**BODY SCAN**



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**#WeAreReDesign**

# CRITICAL YOUTH WORK: BRIDGING THEORY AND PRACTICE



Free professional development opportunity for youth workers to critically analyze key issues and explore options for creative and viable forms of transformative practices that support and strengthen youth wellbeing.

**York University, Toronto**

**Application Deadline:** November 10, 2017

**Start Date:** November 28, 2017

<http://www.youthrex.com>



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# Thank you for joining us.

Please don't forget to fill out our  
feedback form!

[www.youthrex.com](http://www.youthrex.com)  
[exchange.youthrex.com](http://exchange.youthrex.com)

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