# connecting youth with youth

A Guide to Youth and HIV/AIDS-Related Programs and Projects across Canada



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Canadian AIDS Society (613) 230-3580 Fax: (613) 563-4998 E-mail: youth@cdnaids.ca

# Are you ready to get connected?

Youth across Canada are involved in diverse, HIV/AIDS-related programs and projects that are making a difference in their communities — from providing support for HIV-positive youth, to educating youth about risk reduction, healthy relationships and more, to providing much needed youth-friendly spaces where youth can get the information they want.

Previously named "An Inventory of Canadian HIV/AIDS Prevention Programs for Youth", the new name for the guide will tell you that "Connecting Youth with Youth" is all about connecting youth, youth workers, and community-based organizations serving youth with each other to ensure that youth have the information and supports they need in their own communities on HIV/AIDS and related issues.

Some of the programs and projects listed inside are more HIV/AIDS-specific than others, and some are more youth-specific than others — but what they all have in common is that they are all HIV/AIDS-related, community-based, and committed to meaningfully involving youth in some way. We hope that this guide will lead to wider communication between Youth Service Organizations and AIDS Service Organizations, and be a valuable resource for youth and youth workers across Canada.

#### What's inside?

- Prevention education programs
- Awareness projects
- Outreach programs
- Support programs
- And so much more...

Thank you to everyone who took the time to share information about their program or project so that it could be included in this guide!

Do you know of a program or project that should be included in future guides?

Do you want to learn more about youth-related programs at the Canadian AIDS Society?

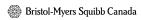
Do you want to get involved?

Contact us at: youth@cdnaids.ca

The Canadian AIDS Society gratefully acknowledges the support of the 2004 Youth Project provided by:







# **Glossary**

AIDS: Acquired Immune Deficiency Syndrome

GI BTQ: Gay, Lesbian, Bisexual, Transgender, Queer. We chose this term for

> consistency throughout the guide. We recognize that there are many different terms (such as GLBTTQQ (Gay, Lesbian, Bisexual, Transgender, Transsexual, Queer, Questioning) and GLBTQT2QQI (Gay, Lesbian, Bisexual, Transgender, Transsexual, 2-spirited, Queer, Questioning, Intersex)), that terms are constantly changing, that this label does not apply to everyone, and that this term does not cover all of the identities

of the queer community.

HIV: Human Immunodeficiency Virus

HIV 101/hepatitis C 101: "101" usually refers to an introductory workshop on a particular topic

—in this case, HIV/AIDS and hepatitis C.

MSM: Men who have sex with men

PI WHIV/AIDS: People living with HIV/AIDS.

STI(s): Sexually Transmitted Infection(s). These include, but are not limited to:

Gonorrhea, Chlamydia, Herpes, Human Papilloma Virus (HPV), Syphilis,

and HIV.

Walk for Life: An annual walk which takes place in communities of all sizes across

> Canada, bringing awareness of HIV/AIDS to those communities and raising funds for community-based AIDS Service Organizations.

Youth: We recognize that there are many definitions of youth. In this guide,

and in the youth-related work of the Canadian AIDS Society. "youth" is

defined as individuals under 30 years old.

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# **ALBERTA**

# CALGARY

# AIDS Calgary Awareness Association 200-1509 Centre St. S., Calgary, AB T2G 2E6

Phone: (403) 508-2500 Fax: (403) 263-7358

E-mail: info@aidscalgary.org Web site: www.aidscalgary.org

Contact: Zachary Barton, Youth Outreach Coordinator

#### YouthXChange

Description:	This peer driven education project is aimed at high-risk, street-involved youth. Workers and volunteers visit the streets and speak with youth about HIV and AIDS, sharing prevention messages and connecting them to the resources they need for safety, food and shelter. The program also offers group discussions for at-risk youth involved in programs with other youth servicing agencies on topics such as HIV/AIDS, sexual health, challenging stereotypes and other social issues. YouthXChange also offers support and counselling services to youth living with, affected by or at risk of HIV/AIDS.
Goal:	To promote healthy choices youth can make to reduce their risk of getting or spreading HIV/AIDS.
Services:	Street outreach; outreach at drop-in centres and at other programs; group discussions; support and counselling; tri-monthly zine; volunteer training; workshops; information and resources on practicing safer sex and avoiding behaviors or situations that could put youth at risk.
Youth Involvement:	Youth are involved through our outreach team as volunteers as well as contributors to "Naked", a zine which is created by and for street youth.
Age Range:	15–24
Language:	English

# **CBCA: Sexual & Reproductive Wellness Centre**

304-301-14th St. NW, Calgary, AB T2N 2A1

Phone: (403) 283-5580 Fax: (403) 270-3209

E-mail: youth.peer@cbca.ab.ca Web site: www.cbca.ab.ca/Youth.htm

Contact: Jarrod Lakev

#### **Youth Peer Education Project**

Description:	A peer-based education project facilitated by youth around issues of
·	sexuality.
Goal:	To empower our peers to make safe and informed choices regarding sexuality and sexual health.
Services:	Education programs; Web site (www.youth4youth.com); youth group for GLBTQ population (Inside Out); monthly Q & A publication ( <i>Birds &amp; Bees</i> ); zine for girls ( <i>Hear Me Roar</i> ); and booths/outreach.
Youth Involvement:	The team members are youth and are responsible for developing programs and providing all the services listed above.
Age Range:	12–25
Language:	English

# **Gay and Lesbian Community Services Association**

206-223-12th Ave. SW, Calgary, AB T2R 0G9

Phone: (403) 234-8973 Fax: (403) 261-9776 E-mail: glcsa@glcsa.org Web site: www.glcsa.org Contact: Jasmine

#### Inside Out

Description:	A peer-facilitated group for GLBTQ youth, in a funky and safe environment. A variety of activities and resources are offered, including information on safer sex and HIV/AIDS prevention.
Goal:	The group aims to let youth know they are not alone, and to connect them to their peers.
Services:	Peer support (by phone or in person) for individuals with inquiries about GLBTQ issues; a Youth Package is available for youth who may be questioning his/her sexuality or the coming out process; resource library; and two youth-specific Web sites: www.youth4youth.com and www.youthsafe.net
Age Range:	15–25
Language:	English

# **Red Cross**

1205 – 11 Avenue SW, 2nd Floor, Calgary, AB T3C 3P6

Phone: (403) 541-6100 Fax: (403) 541-6129

E-mail: whiley.eaglespeaker@redcross.ca

Contact: Whiley Eagle Speaker

#### Tipi of Courage

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Description:	A tipi will be brought to Aboriginal gatherings as an HIV/AIDS awareness mobile "Community Centre". Current HIV/AIDS information as well as elder trainer teachings will be offered to Aboriginal people, including youth.
Goal:	To educate about HIV/AIDS and empowering Aboriginal peoples, including youth, within Calgary and area to make healthier and safer choices.
Services:	Tipi Mobile Community Centre provides information on HIV/AIDS prevention; trainers provide HIV/AIDS workshops and presentations in the community; and outreach volunteers, or "Warriors" provide outreach services.
Youth Involvement:	Youth over 18 are engaged in all aspects of the program, including training, presentations and evaluation.
Age Range:	All ages
Language:	English

# Street Teams/Safe House Society

210-534-17th Ave. SW, Calgary, AB T2S 0B1

Phone: (403) 228-3390 Fax: (403) 244-5202

Web site: www.streetteams.com

Contact: Leslie Evans, Executive Director

#### Outreach

Description:	The outreach team establishes and maintains relationships with street-involved youth involved in or at-risk of involvement in prostitution.
Goal:	To help youth on the street stay safe and access resources, and to help youth work on personal goals in order to transition successfully to adulthood.
Services:	One-on-one goal setting with youth; food and survival guides for street-involved youth; and helping youth access resources through one-on-one work and street outreach.
Youth Involvement:	Youth decide on their goals in collaboration with staff.
Age Range:	13–17
Language:	English

#### **EDMONTON**

# HIV Network of Edmonton Society (HIV Edmonton)

105-10550-102 St. NW, Edmonton, AB T5H 2T3

Phone: (780) 488-5742 Fax: (780) 488-3735

E-mail: hivaborig@hivedmonton.com Web site: www.hivedmonton.com

Contact: Iris Ward

#### Two Spirit Safe Communities Project

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Description:	The project is geared towards creating links between Two Spirit youth, community partners, youth organizations, and elders in order to create youth-friendly resources and education opportunities about HIV/AIDS.
Goal:	To increase the sensitivity and capacity of existing organizations working with Two Spirit populations at risk for and living with HIV/AIDS, and to identify and establish collaborative relationships with existing organizations working with Two Spirit populations at risk for HIV/AIDS.
Services:	The Project will result in the creation of capacity building and sensitivity workshops and resources aimed at stigma and discrimination around Two Spirit populations and HIV/AIDS. These workshops will be delivered to organizations working with Two Spirit populations at risk for and living with HIV/AIDS, including Two Spirit youth.
Youth Involvement:	Youth are involved in assessing needs and creating resources and education opportunities for organizations working with youth.
Age Range:	15–24
Language:	English

# Inner City Youth Housing Project

P.O. Box 1892, MPO, Edmonton, AB T5J 2P3

Phone: (780) 406-1404 Fax: (780) 406-4391

E-mail: icyhp@telusplanet.net

Contact: Angela Desjardins or Kerri Nykolaychuk

Description:	Safe housing for inner-city and street involved youth.
Goal:	To identify inner-city/transient youth who are out of home and connect them with appropriate resources and information (including, but not limited to, information on sexual health); and to work with youth to achieve life skills, educational/employment/training goals, so as to move towards greater self-sufficiency.
Services:	The Inner City Housing Project operates six houses providing a total of 29 beds for youth. Referrals are provided to a variety of health services.

Youth Involvement: Youth are responsible for their Individual Service Plans, completed in conjunction with youth, parent(s)/guardian(s), and the Project Youth Worker. 12-18 Age Range: Language: English

#### **Planned Parenthood Edmonton**

50-9912-106th St., Edmonton, AB T5K 1C5

Phone: (780) 423-3737 Fax: (780) 425-1782 E-mail: ppae@ppae.ab.ca Web site: www.ppae.ab.ca Contact: Brian Parker

#### TNT: Tough N' Talkin'

Description:	TNT is a four-day summer camp to help young at risk men aged 14–17 build positive social relationship skills.
Goal:	To explore issues of peer pressure and social stereotypes; to learn communication skills; to build sexual decision-making skills; and to learn conflict resolution and problem-solving skills.
Services:	The TNT program consists of four days filled with numerous games, activities and exercises that are meant to provide an atmosphere of self-awareness and personal growth.
Youth Involvement:	Four youth leaders were hired to conduct a Participatory Action Research Study to determine what 14–17 year old males needed to learn about healthy relationships. The TNT camp is also run by peer educators.
Age Range:	14–17
Language:	English

### Students' International Health Association

c/o International Centre, 172 HUB Mall, University of Alberta, Edmonton, AB T6G 2E2

Phone: (780) 492-0364

Fax: (780) 492-0364 (c/o Dr. Laing)

E-mail: siha@ualberta.ca Web site: http://www.siha.info/ Contact: Teri Palmer and Elaine Fung

#### **Think Positive Test Negative**

Description:	Education workshops on HIV/AIDS and hepatitis C are offered to various
	youth communities i.e. youth shelters, high schools and junior high
	schools.

Goal:	To provide information, support and skills to youth in a non-judgemental way on sexuality, HIV prevention and harm reduction, through peerfacilitated workshops.
Services:	Education and support through workshops in the community.
Youth Involvement:	Workshop facilitators are between the ages of 17 and 25, and ensure that the presentation is interactive and engages youth to participate.
Age Range:	11–20
Language:	English

# JASPER

### **HIV West Yellowhead**

P.O. Box 2427, Jasper, AB TOE 1E0

Phone: (780) 852-5274 Fax: (780) 852-5273

E-mail: director@hivwestyellowhead.com Web site: www.hivwestyellowhead.com

Contact: Jeffrey Shea

#### Peer Support in Jasper High School

Description:	A youth-led peer support group that offers educational activities in the local high school.
Goal:	To use peer education to reduce high risk behaviour among youth and foster self-esteem and respect for others.
Services:	Presentations and workshops for local high school students.  Presentations include theatre games designed to help youth define their own values, needs, and boundaries so that they can communicate these more effectively with their partners and peers.
Youth Involvement:	The Peer Support Group is youth-led — youth create and facilitate activities and presentations.
Age Range:	15–19
Language:	English

# MEDICINE HAT

# HIV/AIDS Network of Southeastern Alberta Association (HANSEAA)

550C Allowance Ave. SE, Medicine Hat, AB T1A 3E3

Phone: (403) 527-7099 Fax: (403) 527-7307

E-mail: hivnetwork@hivnetwork.ca Web site: www.hivnetwork.ca Contact: Betty Christie

#### Care and Support Program

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Description:	Counselling, referrals, and financial assistance so that HIV-positive youth can attend HIV specialist physician appointments (as there is no specialized HIV/AIDS treatment available in the Palliser Health Region).
Goal:	To provide accessible care and support to HIV-positive youth so that they can maximize their quality of life.
Services:	Extensive resource library; free condoms; counselling (pre & post test); and support group.
Youth Involvement:	Survey feedback and face to face interviews help to determine the needs of youth.
Age Range:	15 and up
Language(s):	English, French and some African dialects

# BRITISH COLUMBIA

#### **CRANBROOK**

# ANKORS Kootenay Boundary AIDS Network Outreach and Support Society

205-14th Ave. N., Cranbrook, BC V1C 3W3

Phone: (250) 426-3383 Fax: (250) 426-3221

E-mail: ankorseast@telus.net Web site: www.ankors.bc.ca Contact: Rhonda Haws

#### **ANKORS Prevention Education Program**

Description:	The program provides educational workshops on HIV/AIDS prevention and harm reduction.
Goal:	To connect with at risk populations, including youth, in order to provide education, support and resources around HIV prevention and harm reduction.
Services:	Educational workshops (AIDS 101, Marginalization/Discrimination, Peer Pressure and HIV, Sex in the Sticks—an interactive exercise on HIV transmission), support, and resources.
Youth Involvement:	Feedback from workshop evaluations ensures that workshops meet needs and interests. Youth feedback on the barriers they face in getting information on safer sex and injection drug use also directly influences our program.
Age Range:	All ages
Language:	English

# KAMLOOPS

# AIDS Society of Kamloops (ASK)

437 Lansdowne St., Kamloops, BC V2C 1Y2

Phone: (250) 372-7585 Fax: (250) 372-1147

Web site: www.aidskamloops.bc.ca

Description: ASK works with other youth programs in the Kamloops area, such as the

Youth Club House (a safe place for at risk youth), to provide education

opportunities for youth on HIV/AIDS, hepatitis C and harm reduction.

To educate youth about harm reduction.

Services:	Condom distribution, needle exchange, counselling and education.
Youth Involvement:	Youth provide feedback on educational presentations.
Age Range:	Under 30
Language:	English

# **Interior Community Services**

765 Tranquille Road, Kamloops, BC V2B 3J3

Phone: (250) 371-3086 Fax: (250) 376-3040

E-mail: sspaces@mail.ocis.net

Web site: www.interiorcommunityservices.bc.ca

Contact: Kelly Gaudon

#### Safe Spaces

A service for GLBTQ youth.
To educate GLBTQ youth about harm reduction activities; and to provide a safe physical place for GLBTQ youth to meet and connect with each other.
Drop-in and one-on-one appointments; weekly group meetings; e-mail outreach and support; resource and lending library; referrals; and workshops and presentations on homophobia.
Youth are involved with all aspects of service planning and delivery.  Youth are consulted on service direction, content and design, and are encouraged to create a service that meets their needs.
14–25
English

# KELOWNA

# **Living Positive Resource Centre**

101-266 Lawrence Ave., Kelowna, BC V1Y 6L3

Phone: (250) 862-2437

Toll free: 1-800-616-2437 (in BC ONLY)

Fax: (250) 868-8662 E-mail: info@lprc.ca

Web site: www.livingpositive.ca

Contact: Educator/Speakers' Bureau Coordinator

#### AIDS 101 — Speakers' Bureau

Description:	The Speakers' Bureau educates youth about HIV/AIDS, and hepatitis B
	and C. Presentations are tailored to meet the needs of youth.
Goal:	To prevent and reduce the number of youth testing HIV positive.

Services: Education (AIDS 101 and hepatitis C 101), and support for PLWHIV/AIDS. Youth Involvement: Youth are encouraged to volunteer at the Centre. 15-29 Age Range: English Language:

### **NEW WESTMINSTER**

# Lower Mainland Purpose Society for Youth and Families

40 Begbie St., New Westminster, BC V3M 3L9

Phone: (604) 526-2522 Fax: (604) 526-6546

E-mail: purposeaids@pacificcoast.net Web site: www.purposesociety.org Contact: Program Coordinator

#### Youth Source/HIV/AIDS Program

Description:	Youth Source provides a warm, welcoming atmosphere where youth can gain access to a wide array of services and resources, including: HIV/AIDS prevention education and support, a drop-in program for youth 21 years old and younger, free and confidential STI testing and counselling, recreational activities for youth, and more.
Goal:	To provide HIV/AIDS awareness, support, and education for youth.
Services:	Educational workshops to community groups and services on HIV and hepatitis C transmission, testing and treatment, and harm reduction strategies; referrals and individual support; and a youth outreach program.
Youth Involvement:	Youth volunteer in the running and service delivery of the program, and youth clients provide on-going direction and feedback on program content, such as choice of guest speakers, activities, etc.
Age Range:	Under 21 years old
Language:	English

### PRINCE GEORGE

# **Positive Living North**

1-1563-2nd Ave., Prince George, BC V2L 3B8

Phone: (250) 562-1172 Fax: (250) 562-3317

E-mail: aidspg1@pgweb.com Web site: www.aidspg.ca

Contact: Mary Jackson and Trina Chivilo

#### The Power to Choose

Description:	The Power to Choose is a series of interactive workshops that uses videos and games to engage youth in HIV/AIDS and hepatitis C education.
Goal:	To increase youth knowledge of HIV/AIDS and hepatitis C and related issues, such as self-esteem, drug use, homophobia, racism, etc.
Youth Involvement:	Youth help co-facilitate the program, and youth feedback helps to determine workshop topics.
Age Range:	13–19
Language:	English

# PRINCE RUPERT

# Northern Health/Outreach Prince Rupert

300 Third Avenue, Prince Rupert, BC V8J 1L4

Phone: (250) 624-7480 Fax: (250) 624-7591

Web site: www.northernhealth.ca

Contact: Peter Jackson

#### **Outreach Prince Rupert**

Description:	Prevention education in schools and to the community.
Goal:	To decrease the rate of HIV infection in BC's northwest region.
Services:	Prevention education workshops, support and advocacy.
Youth Involvement:	Youth actively participate in all classroom presentations.
Age Range:	All ages
Language:	English

### SALMON ARM

# C-Sharp (Columbia-Shuswap HIV/AIDS Resource Project)

Box 154, Salmon Arm, BC V1E 4N3

Phone: (250) 804-8823 Fax: (250) 804-8825 E-mail: csharp@telus.net Contact: Randy Ferguson

#### **Prevention Education**

Description:	A health promotion and education initiative in partnership with the Shuswap Family Resources Centre and School Districts 83 and 19. C-Sharp has been offering education programs in schools for grades 7, 9 and 11 in our health region for the past five years, and our program is now part of the local curriculum.
Goal:	To provide youth with accurate information regarding HIV/AIDS.
Services:	Education presentations.
Youth Involvement:	Youth actively participate in the school-based HIV/AIDS education program.
Age Range:	12–18
Language:	English

#### **VANCOUVER**

# **BC** Coalition of People with Disabilities

204-456 Broadway, Vancouver, BC V5Y 1R3

Phone: (604) 875-0188 Fax: (604) 875-9227 E-mail: adap@bccpd.bc.ca

Web site: www.bccpd.bc.ca/wdi/educnews.html

Contact: Shelley Hourston

#### HIV/AIDS Prevention for Youth: A Newsletter for Educators

Description:	A quarterly newsletter that profiles HIV/AIDS prevention strategies and resources for educating students with learning challenges in grades 8–12. Topics include HIV/AIDS, sexuality, STIs, body art, drug and alcohol use, decision making, self-esteem and peer pressure.
Goal:	To provide insight from subject and disability specialists on communicating HIV/AIDS prevention and sex education information to students with disabilities.

Services: Newsletter subscriptions are free in BC and \$25/year throughout Canada. Youth Involvement: Newsletter contributions/submissions from youth are encouraged. Age Range: 12-18 English Language:

### **Community Based Research Centre**

122-1628 West 1st Ave., Vancouver, BC V6J 1G1

Phone: (604) 736-0091 Fax: (604) 736-9120

F-mail: rmarchand@telus.net Web site: www.hiv-cbr.net Contact: Rick Marchand

#### **Totally Outright Sexual Health Leaders**

Description:	Totally Outright is a training program and community internship for young gay men's sexual health leaders.
Goal:	To close a gap in leadership development for young gay men's health by training community educators who can address known vulnerabilities for HIV, STIs and other culturally relevant health issues amongst their peers in the population.
Services:	Forty hours training; community internship; sexual health leaders' manual; and educational resources.
Youth Involvement:	Totally Outright was planned with a youth consulting team, and the manual and educational materials are written by young gay men.
Age Range:	18–26
Language:	English

#### Condomania

520 West 6th Ave., Vancouver, BC V5Z 4H5

Phone: (604) 708-5326 Fax: (604) 730-7660

E-mail: info@planetahead.ca or ASKUS@planetahead.ca

Web site: www.planethead.ca

Contact: Lia De Pauw, Program Coordinator

Condomania, under the Vancouver Coastal Health umbrella, works with Description: youth ages 12-15 to shape attitudes, values, and behaviours that promote sexual health for a lifelong impact, with an added focus on engaging young men in sexual health education. Condomania equips youth with knowledge, skills, and motivation to shape positive attitudes

and avoid unwanted or risky sexual behaviors.

Goal:	To reduce the incidence of HIV/AIDS, STIs, and unintended pregnancies resulting from not using a condom; to develop an awareness and acceptance of one's sexuality, including values, beliefs, and boundaries; to strengthen risk assessment, healthy decision-making, communication, and negotiation; and to support youth leadership in the development of age-appropriate and culturally competent programming.
Services:	Education Program (includes 4 workshops based on a peer-mentoring framework); an interactive Web site (www.planethead.ca); youth-produced on-line magazine; education and promotional materials designed by and for youth including condom cartoon packages and tattoos; media campaigns; and public education and outreach at youth-oriented events.
Youth Involvement:	Youth play a key role in all of Condomania's programming, including leading workshops in schools and developing educational materials.
Age Range:	12–15
Language:	English

# **Gab Youth Services at The Centre**

1170 Bute St., Vancouver, BC V6E 1Z6

Phone: (604) 684-4901 Fax: (604) 684-5309

E-mail: gabyouth@lgtbcentrevancouver.com Web site: www.lgtbcentrevancouver.com

Contact: Nancy Hay

#### **Gab Youth**

Description:	A drop-in program for queer and questioning youth and their friends.
Goals:	To provide a cool place for youth to hang out and meet people that have similar questions about sexual orientation and gender identity; and to provide a range of programs and services for queer and questioning youth.
Services:	Two weekly drop-ins; individual one-on-one support and advocacy; referrals; and interactive and educational workshops on safer sex, drugs, relationships, anti-homophobia, sexual orientation, gender identity, and more.
Youth Involvement:	Youth participate in bi-monthly program planning meetings, and assist as workshop leaders.
Age Range:	12–25
Language:	English
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# **Healing Our Spirit**

100-2425 Quebec St., Vancouver, BC V5T 4L6

Phone: (604) 879-8884 Fax: (604) 879-9926

E-mail: info@healingourspirit.org Web site: www.healingourspirit.org

Contact: Derrick Maier and Sue Ann Phillips

#### **Education Program**

Description:	The Education Program provides education workshops on HIV/AIDS, hepatitis, STIs, Healthy Sexuality and Relationships, Aboriginal Health Challenges, and Wellness. A large portion of the work is done with Aboriginal youth in urban and rural areas and on reserves.
Goal:	To increase awareness and promote the prevention of HIV/AIDS in urban, rural and remote Aboriginal communities throughout British Columbia.
Services:	Education workshops on topics listed above.
Youth Involvement:	Youth educators lead the workshops and youth guest speakers are sometimes included as part of the workshops.
Age Range:	12 and up
Language:	English

# Transgender Health Program

Three Bridges Community Health Centre, 1292 Hornby St., Vancouver, BC V6Z 1W2

Phone: (604) 734-1514 Fax: (604) 844-2223

E-mail: transhealth@vch.ca Web site: www.vch.ca/transhealth

Contact: Winn Buchwitz

#### Transgender Youth Drop-in

Description:	A twice-monthly drop-in run by and for trans youth and trans-positive loved ones (friends, siblings, partners, etc.). It provides a place to meet other youth who are interested in trans issues, make art and zines, eat free snacks and get information about local resources. Participants and facilitators include youth who are HIV positive.
Goal:	To decrease social isolation experienced by trans youth and their loved ones, and to create a safe space for trans and questioning youth to socialize and access trans friendly health care and resources.
Services:	Peer-led social drop-in; and on-site program coordinator assists youth in crisis and takes drop-in appointments for referrals, advocacy, or other general program services.
Youth Involvement:	A group of transgendered youth meets monthly to determine policy, procedures, direction and focus for the drop-in.

Age Range: 23 and under Language(s): English (interpretation in signed or spoken language(s) can be arranged upon request – advance notice needed).

# YouthCO AIDS Society

205-1104 Hornby St., Vancouver, BC V6Z 1V8

Phone: (604) 688-1441 Fax: (604) 688-4932

E-mail: information@youthco.org Web site: www.youthco.org

Description:	YouthCO AIDS Society is a non-profit organization working to involve youth ages 15–29 from all communities in addressing HIV/AIDS, hepatitis C, and related issues. YouthCO is Canada's only youth-driven HIV/AIDS agency.
Goal:	To provide youth with the information and tools they need to make safer and more informed choices regarding drug use, sexual activities and other risk behaviors.
Services:	Educational initiatives and support services to youth infected and/or affected by HIV/AIDS and/or hepatitis C; outreach; prevention and education training; volunteer opportunities; and advocacy.
Youth Involvement:	All staff, Board of Directors, volunteers and peer educators are youth; and consultations with youth from the broader community (i.e. focus groups, advisory committees, etc.) happen on a regular basis.
Age Range:	15–29
Language:	English

#### VICTORIA

# Victoria AIDS Resource and Community Services Society (VARCS)

1284F Gladstone Ave., Victoria, BC V8T 1G6

Phone: (250) 388-6220 Fax: (250) 388-7011 E-mail: varcs@shaw.ca Web site: www.varcs.org Contact: Michael Yoder

#### Mobile X (mobile needle exchange)

Description:	Mobile X provides clean rigs and injecting equipment for youth on the
	street. Mobile X also uses volunteers, outreach workers from other
	agencies and nurses from street nursing and a street clinic to assist
	people with medical issues.

Goal:	To reduce the spread of HIV and hepatitis C by providing clean injecting equipment, education and resources for people who use injection drugs, including youth.
Services:	Needle exchange, education, resources.
Age Range:	20–29
Language:	English

# WILLIAMS LAKE

# **Boys and Girls Club of Williams Lake & District** 17 South 4th Ave., P.O. Box 6084, Williams Lake, BC V2G 3W2

Phone: (250) 392-5730 Fax: (250) 392-5743

#### **HIV/AIDS Prevention**

Description:	The Boys and Girls Club of Williams Lake is a non-profit agency which focuses on providing youth with outreach services related to the prevention of HIV/AIDS, STIs and blood borne pathogens.
Goal:	To prevent the transmission of HIV/AIDS, hepatitis C and STIs by providing up-to-date and relevant information.
Services:	Non-judgemental support; updated information and resource library; treatment information; free condoms (male/female); presentations on HIV/AIDS, safe behaviors and harm reduction; outreach; and information and support for PLWHIV/AIDS.
Youth Involvement:	Youth are involved as peer educators and are trained by YouthCO AIDS Society.
Age Range:	13–24
Language:	English

# **MANITOBA**

#### BRANDON

# **Brandon Friendship Centre**

836 Lorne Ave., Brandon, MB R7A 0T8

Phone: (204) 727-1407 Fax: (204) 726-0902 Web site: www.mac.mb.ca Contact: Nadine Erickson

#### **Red Prairie HIV/AIDS Awareness**

Description:	HIV prevention information, and awareness campaigns for Aboriginal and non-Aboriginal people.
Goal:	The goal for 2004–2006 is to provide HIV prevention education to inmates within the provincial correctional institutions, including young offender institutions.
Services:	Free condoms, and a variety of resources including pamphlets.
Youth Involvement:	Youth are part of the program's Advisory Committee, and help to create prevention messages.
Age Range:	All ages
Language:	English
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### WINNIPEG

# Ndinawemaagananag Endaawaad

370 Flora, Winnipeg, MB R2W 2R5

Phone: (204) 586-2588 Fax: (204) 589-4086

Contact: Sonia Prevost-Derbecker

#### **Ndinawe Outreach Program**

Description:	Ndinawe offers outreach services to street-involved youth.
Goal:	To reach out to high risk youth, develop relationships with them and connect them to helpful services.
Services:	Food, free condoms, referrals and counselling.

Youth Involvement: A Youth Board governs all services offered. 11-25 Age Range: Language(s): Cree, English, Sautaux

# **Nine Circles Community Health Centre**

705 Broadway, Winnipeg, Manitoba R3G 0X2

Phone: (204) 940-6000 Fax: (204) 940-6027

E-mail: NineCircles@NineCircles.ca Web site: www.ninecircles.ca Contact: Roger Procyk

#### Speakers' Bureau

Description:	HIV/AIDS education presentations are targeted to local colleges, universities and high schools.
Goal:	HIV/AIDS awareness and education.
Services:	Presentations; information; and referrals to Nine Circles where youth can access resources, counselling, etc.
Youth Involvement:	Youth volunteers and HIV-positive youth deliver some of the presentations.
Age Range:	15–25
Language:	English

# **Sexuality Education Resource Centre (SERC)**

555 Broadway Ave. 2nd Floor, Winnipeg, MB R3C 0W4

Phone: (204) 982-7800 Fax: (204) 982-7819 E-mail: info@serc.mb.ca Web site: www.serc.mb.ca

#### Harsh Reality 2

A resource book created by and for street-involved youth that focuses on STI and HIV prevention, and includes information on suicide, self harm, drugs and legal issues related to street life. Harsh Reality 1, which focuses on HIV prevention and includes information on drugs, piercing, gangs and depression, was completed in 2002.
STI and HIV prevention is the primary goal of the Harsh Reality project.
Youth distribute the resource book to a variety of services and organizations.
From beginning to end, the resource book is created and designed entirely by street-involved youth.
17–24
English

# Teen Talk — Klinic Inc.

545 Broadway Ave., Winnipeg, MB R3C 0W3

Phone: (204) 784-4010 Fax: (204) 784-4204

E-mail: teentalk@klinic.mb.ca

Web site: www.klinic.mb.ca/teentalk.htm

#### Teen Talk

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Description:	Teen Talk is an established Youth Health Education Service of Klinic Community Health Centre that provides services from a youth perspective to youth in school, youth at risk and service providers.
Goal:	To provide youth with accurate, non-judgemental information, so that they can make healthier choices for themselves.
Services:	Youth Health Educators develop and deliver interactive workshops (on sexual health, mental health, decision making and diversity) to youth in high schools, custody, and care or treatment facilities; and youth are trained to educate their peers on healthy relationships, sexuality, body image, etc. and then initiate activities in their schools such as information tables, skits and educational events.
Youth Involvement:	The workshops and peer education program are led entirely by and for youth.
Age Range:	14–19
Language(s):	English and French

# **NEW BRUNSWICK**

#### **FREDERICTON**

# AIDS New Brunswick/SIDA Nouveau-Brunswick

65 Brunswick St., Fredericton, NB E3B 1G5

Phone: (506) 459-7518 Fax: (506) 459-5782 E-mail: yaccj@nb.aibn.com Web site: www.aidsnb.com Contact: Sarah Tsiang

#### Youth Advisory Committee (YAC)

Description:	YAC is a program advisory committee by youth for youth that involves New Brunswick youth from throughout the province. YAC provides input for AIDS New Brunswick's programs and services.
Goal:	To represent the views, opinions and needs of young people in New Brunswick and to provide input on programs and policy development for AIDS New Brunswick in terms of youth programs, education and services; to promote the participation and membership of young people in AIDS New Brunswick; to provide input on the decision making process on programming for youth throughout the province; and to develop mechanisms to promote a community-based response to HIV/AIDS for young people within the province.
Services:	YAC has been involved in the creation of our HIV/AIDS Jeopardy game, information line, pocket cards and stickers, teacher's information sheets, and our most popular brochure, "HIV: reduce the risk!".
Youth Involvement:	Youth are involved in all planning and delivery stages.
Age Range:	12–25
Language(s):	English and French

**New Brunswick** 

# MONCTON

# **SIDA-AIDS Moncton**

165A Gordon St., Moncton, NB E1C 1N1

Phone: (506) 859-9616 Fax: (506) 855-4726

E-mail: sidaidsm@nbnet.nb.ca Web site: www.sida-aidsmoncton.com

Contact: Lisa White

#### Ask. Listen and Plan — Phase II

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Description:	This project, which runs from March 2004—March 2006 aims to: strengthen the capacity of youth in New Brunswick to provide information and support to peers related to healthy sexuality, increase knowledge and comfort level of parents regarding healthy sexuality and youth, and increase community's acceptance of healthy sexuality.
Goal:	To reduce the risk of HIV and other STIs among at-risk youth in southeastern New Brunswick.
Services:	Youth develop interests in activities which will help them get the "healthy sexuality" message to other youth (marketing, graphic design, photography, videography, playwriting, radio broadcasting).
Youth Involvement:	A youth committee of 15 at-risk youth provides direction for the various project components and actively participates in and evaluates these components. Parental committee develops and delivers "Sex 101" to other parents to increase comfort level so parents can be a resource to youth.
Age Range:	15—19 and their parents
Language:	English

#### **Peer Education Project**

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CONTACT: JOHNE LEBIANC		
Description:	Youth from various high schools in the area are trained on HIV/AIDS and related issues such as violence in relationships, drug and alcohol use, homophobia, etc. and then act as educators in the high school setting.	
Goal:	Peer educators organize awareness activities within area schools in order to educate the rest of the students.	
Services:	Peer-driven prevention education workshops for high school students.	
Youth Involvement:	Workshop content is influenced by feedback received from students.	
Age Range:	14–17	
Language:	English	

# SAINT JOHN

# **AIDS Saint John**

115 Hazen St., St. John, NB E2L 3L3

Phone: (506) 652-2437 Fax: (506) 652-2438

E-mail: safespaces@gmail.com

Web site: www.safespacesfundy.ca and www.geocities.com/aidssj

Contact: Michael Brown

#### **Safe Spaces Fundy Region**

Description:	A youth-directed program for GLBTQ youth.
Goal:	To end discrimination around issues of sexual orientation and gender identity; to reduce isolation and promote acceptance; and to provide information, resources and support.
Services:	Information and awareness to the community on homophobia and heterosexism; Web site with local information; youth-organized social events; and in-service/professional development.
Youth Involvement:	Youth develop resources and the Web site, and advise on all aspects of the program.
Age Range:	Under 30
Language:	English

# NEWFOUNDLAND AND LABRADOR

#### CARTWRIGHT

# **Community Youth Network**

P.O. Box 219, Cartwright, NL AOK 1VO

Phone: (709) 938-7566 Fax: (709) 938-7438

E-mail: cyncartwright@nf.aibn.com

Contact: Delphine Dyson

#### **Resource Night**

Description:	The Community Youth Network is mandated to develop an array of services for youth living in, or at risk of, poverty. Resource night is a designated night to expand youth knowledge about various topics, including HIV/AIDS prevention and harm reduction.
Goal:	To provide information in a positive, warm atmosphere where youth can converse freely and get the facts they need on various topics.
Services:	Resources and information on a range of topics in a youth-friendly environment.
Youth Involvement:	Topics covered are based on youth interests.
Age Range:	12–24
Language:	English

# ST. JOHN'S

# AIDS Committee of Newfoundland and Labrador

100-50 Harbour Drive, P.O. Box 626, Station C, St. John's, NL A1C 5K8

Phone: (709) 579-8656 or 1-800-563-1575

Fax: (709) 579-0559 E-mail: tree@acnl.net Web site: www.acnl.net Contact: Tree Walsh

#### **Needle Exchange Program (NEP)**

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Description:	NEP is an HIV and hepatitis C prevention program targeting injection drug users, including youth.
Goal:	To prevent the spread of HIV, hepatitis C and other blood borne pathogens.
Services:	Safe disposal of used needles; provision of free needles, filters, swabs, condoms, etc.; support and education on harm reduction practices; and free testing for HIV, hepatitis C, STIs, and pregnancy.
Youth Involvement:	Through sessions held in conjunction with youth serving agencies, youth input is sought with respect to future expansion and delivery of NEP services.
Age Range:	16 and up
Language:	English

#### Reaching Injection Drug Users in St. John's

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Description:	A Health Canada funded project to conduct a needs assessment with injection drug users in the St. John's area.
Goal:	To determine the barriers to injection drug users receiving services; to build capacity of community groups in St. John's to better serve the injection drug user community; and to prevent the spread of HIV and hepatitis C.
Services:	Education on injection drug use to youth, youth serving agencies, and other community-based organizations.
Youth Involvement:	Youth are involved in advising the work of the project and youth co-facilitate education sessions.
Age Range:	16 and up
Language:	English
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# **NOVA SCOTIA**

# ANTIGONISH

Antigonish Women's Resource Centre 204-219 Main St., Antigonish, NS B2G 2C1

Phone: (902) 863-2501 Fax: (902) 867-1144

E-mail: Pamela.fry@ns.sympatico.ca

Contact: Pamela Fry

Overcoming Resistance: Promoting Healthy Sexuality in Antigonish and Guysborough	
Description:	This program was implemented to address a rural, largely Catholic community's resistance to sexual health education. Sponsored by Health Canada, the project engages youth, among other groups, in the process of identifying their own needs regarding sexual health information, services and resources.
Goal:	The primary goal of the project is to raise awareness of the importance of healthy sexuality through engagement and collaboration with priority communities, including youth, and to increase community knowledge of HIV/AIDS and STIs.
Services:	This project will conduct focus groups, synthesize current research and facilitate access to workshops, services, resources, and the development of sustainable healthy sexuality programming for the community.
Youth Involvement:	Youth are integrated into the project as research partners and peer educators.
Age Range:	14–24
Language:	English

MicMac Native Friendship Centre, 2158 Gottingen St., Halifax, NS B3K 3B4

Phone: (902) 420-1576 Fax: (902) 423-6130

E-mail: donna396@msn.com

Contact: Donna LeBlanc, Project Coordinator

iontact: Donna LeBiand	c, Project Coordinator
Description:	The project (a partnership between Healing Our Nations, NADACA (Native Alcohol and Drug Abuse Program), Direction 180 (Methadone program), Mainline Needle Exchange, Acadia First Nation, and Nations in a Circle) was created to gather information from urban aboriginal (off-reserve) youth and develop an education model containing their ideas on training/learning about HIV/AIDS. The model will reflect the issues and struggles off-reserve youth face when they come to the city.
Goal:	To educate urban aboriginal youth about HIV/AIDS and to train them as peer educators.
Services:	HIV/AIDS information and peer education training. Upon the project's completion, all project partners will hold a copy of the project education model.
Youth Involvement:	Youth drive the education model's development, and are trained as peer educators.
Age Range:	12–19
Language:	English

### **KENTVILLE**

# The Red Door Adolescent Health and Support Centre

28 Webster Ct., Kentville, NS B4N 1H2

Phone/Fax: (902) 679-1411 E-mail: reddoor@glinx.com Web site: www.thereddoor.ca

Description: The Red Door is a non-judgemental, community-based, non-profit

organization, providing confidential health clinic services, health education and health promotion to youth in a cozy, two-story home

environment.

Goal: To provide educational counselling and clinical services to youth to enable

them to make informed, responsible choices.

Services: Accessible clinical services for youth, including confidential HIV/AIDS testing and counselling. Workshops — designed to meet the needs of youth — are offered on topics such as HIV/AIDS, depression and selfesteem. A Youth Advisory Committee is part of the Red Door's Board of Directors. Youth Involvement: 13-30 Age Range: English Language:

# NUNAVUT

#### **ARCTIC BAY**

### **Nunavut Youth Consulting**

P.O. Box 141. Arctic Bay, NU XOA 0A0

Phone: (867) 439-8022 Fax: (867) 439-8393

E-mail: nunavutyouth@hotmail.com Web site: www.nunavutyouth.com Contact: Ron Elliott, Chairperson

#### Arctic Bay HIV/AIDS/hepatitis C Program

Description:	Nunavut Youth Consulting is a non-profit youth organization that works towards improving Nunavut youth services. Work is mainly voluntary and completed by youth. Areas of concentration are education and health.
Goal:	Public awareness and prevention through education, youth educating youth, and youth supporting youth.
Services:	We hold an annual HIV/AIDS/hepatitis C fair at the Inuutaq School and Nunavut Arctic College; coordinate the community Walk for Life in September; and provide youth perspectives for the boards of the Canadian Inuit HIV/AIDS Network and the Canadian Aboriginal AIDS Network.
Youth Involvement:	Youth are involved from the start until the finish of the programs, from assisting with fundraising, planning and organizing the events to running the events and doing any required follow-up.
Age Range:	13–30
Language(s):	Inuktitut and English

# **ONTARIO**

### BARRIE

# **AIDS Committee of Simcoe County**

336-80 Bradfort St., Barrie, ON L4N 6S7

Phone: (705) 722-6778 Fax: (705) 722-6560

E-mail: acscexecutivedirector@rogers.com

Web site: www.acsc.ca/hope.html

Contact: Tiff or Gerry

#### H.O.P.E. Theatre Troupe (Holding on Through Peer Education)

Description:	H.O.P.E. was created, designed and produced by youth for youth to address the need for outreach in the areas of HIV/AIDS and STI prevention, homophobia, transphobia, violence, and many other issues that youth face.
Goal:	To educate youth regarding harm reduction and health promotion strategies, and to provide a safe environment in which youth can learn and grow as members of the community.
Services:	The H.O.P.E. Theatre Troupe performs in high schools, health promotion fairs and community events.
Youth Involvement:	Youth develop skits and perform them to their peers on a variety of topics.
Age Range:	14–24
Language:	English

#### HAMILTON

#### The AIDS Network (Serving Hamilton, Halton, Haldimand, Norfolk and Brant)

135 Rebecca St., 2nd Floor, Hamilton, ON L8R 1B9 Phone: (905) 528-0854 or 1-866-563-0563 For Youth Info: (905) 528-0207 (recorded message)

Fax: (905) 528-6311

E-mail: info@aidsnetwork.ca Web site: www.aidsnetwork.ca

Contact: Deb Stinson

#### **Rainbow Youth**

Description:	Regular monthly drop-in meetings for GLBTQ youth in a central downtown, confidential location. Call for more details. Note: this is a social group, not a therapeutic group.
Goal:	To provide a safe space where GLBTQ youth can meet other GLBTQ youth.
Services:	Access to GLBTQ information and resources; sexual health information; and referrals to social services if needed.
Youth Involvement:	Meeting agendas are set by youth.
Age Range:	16–21
Language:	English

#### LONDON

# **AIDS Committee of London**

120-388 Dundas St., London, ON N6B 1V7

Phone: (519) 434-1601 Fax: (519) 434-1843

E-mail: aidslondon@wwdc.com Web site: www.aidslondon.com

Contact: Janine Luce

#### **Open Closet Youth Group**

Description:	Support group for GLBTQ youth.
Goal:	To provide a safe space for youth to get support, share their concerns, have fun and access a range of information.
Services:	Immediate counselling; needle exchange; condom distribution; speakers and other activities as determined by the group.
Youth Involvement:	Youth determine group guidelines, and provide input into what types of activities and speakers they would like.

Age Range: 14-24 Language: English

## NORTH BAY

## AIDS Committee of North Bay & Area (ACNBA)

201-269 Main St. W., North Bay, ON P1B 2T8

Phone: (705) 497-3560 Fax: (705) 497-7850 E-mail: acnba@efni.com Web site: www.aidsnorthbay.com

Contact: Karyn Browning — HIV Education Coordinator

#### **HIV Education Program**

Description:	The HIV Education Program offers education, presentations and resources to groups or individuals on HIV/AIDS, harm reduction, and related issues. Although the education program provides services for all ages, there is a special focus on youth.
Goal:	To prevent the transmission of HIV/AIDS and to decrease stigma and discrimination in the community.
Services:	Presentations on HIV/AIDS transmission and prevention, testing, safer sex, harm reduction and related issues; free condoms, lube and dental dams; and videos, books, pamphlets and posters.
Youth Involvement:	A youth advisory committee ensures that the education program's services are accessible and relevant to youth.
Age Range:	Under 30
Language(s):	English and French

#### NORTH YORK

#### **Griffin Centre**

24 Silverview Dr., North York, ON M2M 2B3

Phone: (416) 222-1153 Fax: (416) 222-1321

E-mail: contact@griffin-centre.org Web site: www.griffin-centre.org

Contact: Judith Marshall and Lee Shields

#### YAP (Youth Arts Project)

Description:	Weekly drop-in arts based group for GLBTQ youth in North Toronto (but
	open to all GLBTQ youth). No previous arts experience required.

Goal:	To create a queer youth positive space that encourages healthy development and positive sexual choices through self-esteem building, supportive peer relationships, and safer sex messages.
Services:	Drop-in groups (food and TTC tickets provided) and individual counselling as needed.
Youth Involvement:	There are two youth peer educators that are involved in outreach and leadership.
Age Range:	16–21 (but will consider older and younger youth)
Language:	English

## OTTAWA

## Planned Parenthood Ottawa (PPO)

701-331 Cooper St., Ottawa, ON K2P 0G5

Phone: (613) 226-3234 Fax: (613) 226-8955

E-mail: ppottawa@ppottawa.ca Web site: www.ppottawa.ca Contact: Stéphanie Piché

#### **Community Education**

Description:	Insight Theatre is PPO's youth theatre program. This program is by, for and about youth. Every year a group of young people face the challenge of creating, directing and acting in their own show, and presenting it to their peers. PPO also has a peer education program which trains youth to teach about sexual health and HIV/AIDS to their peers in grades 7 and 8.
Goal:	To reach as many youth as possible to inform them about various topics related to sexual and reproductive health including HIV/AIDS.
Services:	Theatre-based peer education program in Ottawa high schools; information and referral services via phone or through PPO's Web site; and free condoms and lube.
Youth Involvement:	Youth plan and deliver the theatre program and peer education program.
Age Range:	14–18
Language(s):	English and French
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## Youth Services Bureau of Ottawa

147 Besserer St., Ottawa, ON K1N 6A7

Phone: (613) 241-7788 Fax: (613) 241-7789 E-mail: hiv@ysb.on.ca Web site: www.ysb.on.ca

Contact: Andrea Poncia, HIV/AIDS Educator

#### HIV/AIDS Provention Education Program

UIAIDO LIEVEIIIIO	n Education Program
Description:	This program takes a holistic approach to educating street-involved youth about HIV/AIDS. By working in the context of a drop-in that provides a host of services to youth (such as education about housing, employment, mental health, HIV/AIDS and much more), the program aims to work within a network of support for youth to empower themselves to engage in safer practices.
Goal:	To provide HIV/AIDS education prevention to high risk youth in Ottawa; to empower youth to engage in safer practices by working with many different services that meet their basic needs; to develop youth-focussed programming; to engage youth in program development and participation in community events; to train and collaborate with a Peer Education Team in organizing activities and information sessions for high risk youth; to maintain partnerships with other HIV/AIDS serving agencies locally, provincially and nationally; and to maintain the needle exchange program within Downtown Services and Drop-In.
Services:	HIV prevention presentations and workshops for youth in schools, community programs, correctional facilities, conferences, etc.; individual and group support; outreach and on-going educational activities; community forums and health fairs; Information Board developed and organized by the Peer Education Team providing up-to-date HIV information; free condoms and lube; referrals; and needle exchange.
Youth Involvement:	The program involves youth in program planning by engaging them to develop and lead activities through the Peer Education Team. Youth are invited to join advisory and planning committees, and participate in youth focus groups and surveys.
Age Range:	12–20
Language(s):	English and French

## **PETERBOROUGH**

## **Rainbow Youth Coalition**

c/o Peterborough AIDS Resource Network (PARN), 159 King St., Peterborough, ON K9J 2R8

Phone: (705) 749-9110 or 1-800-361-2895

Fax: (705) 749-6310 E-mail: ben@parn.ca

Web site: www.rainbowyouth.ca Contact: Benjamin Houghton

#### **Rainbow Youth Coalition**

Description:	The Rainbow Youth Coalition is housed at PARN but is made up of agencies, community groups, and individuals creating safer spaces for queer and trans youth within the Four Counties Region (City of Kawartha Lakes; Peterborough County; Northumberland County; Haliburton County). Twice-monthly facilitated drop-in meetings from September to June open to queer and trans youth and their supporters. Discussion topics focus on life as a queer or trans youth.
Goal:	To provide a safe space for queer and trans youth and their allies; to allow youth a space and time to be themselves and express themselves openly; to build confidence within youth so they may build self-respect and respect for the diversity within the queer and trans community; and to provide youth with the appropriate skills and knowledge to practice safer sex and be safe during the coming out process.
Services:	Referrals to local social services and programs as needed, and guest speakers regularly deliver presentations on safer sex, PFLAG (Parents and Friends of Lesbians and Gays), and other topics of interest to queer and trans youth.
Age Range:	14–25
Language:	English

## SAULT STE-MARIE

## ACCESS AIDS Network (Sault Ste-Marie Office) 167 Gore St., Sault Ste-Marie, ON P6A 1M3

Phone: (705) 256-2437 Fax: (705) 256-1182

Web site: www.accessaidsnetwork.com

Contact: Tammy Leonard

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Description:	Healthy Choices works to increase knowledge of HIV and related health issues among GLBTQ youth, and provides a safe environment for GLBTQ youth to express their concerns about sexual orientation.
Goal:	To increase self-esteem and decrease internalized homophobia among GLBTQ youth and young MSM; to increase the capacity of service providers to better serve GLBTQ youth and young MSM; and to provide education to all youth around issues such as sexual orientation and homophobia/heterosexism.
Services:	Education to youth, service providers, schools, colleges and universities on topics related to lesbian/gay issues, homophobia/heterosexism, "coming out", sexual orientation, gender identity, trans-gendered issues, self-esteem, and internalized homophobia.
Youth Involvement:	Youth feedback after education presentations helps to ensure the presentations are relevant and useful.
Age Range:	14–26
Language:	English

#### **Education Outreach Program**

#### Contact: Tanva Grav

Contact. Tanya diay	
Description:	To provide education and outreach services to everyone in the Algoma District, including youth.
Goal:	To raise awareness of HIV/AIDS within at risk populations accessing services within the Algoma District; and to provide educational and training opportunities for community members on HIV/AIDS and related issues.
Services:	Education; outreach; workshops; and a resource/lending library.
Youth Involvement:	A portion of the Education Outreach program is devoted to youth education and training.
Age Range:	All ages
Language:	English

#### **Support Services**

Contact: Bob Hughes	
Description:	A support program for people living with and affected by HIV/AIDS.
Goal:	To provide support and counselling services to people living with and affected by HIV/AIDS, including youth.
Services:	Counselling and support; resource/lending library; and practical assistance (such as food vouchers).
Youth Involvement:	The Support Services Worker works with a Youth Group.
Age Range:	All ages

## **SCARBOROUGH**

## **Second Base Youth Shelter**

702 Kennedy Rd., Scarborough, ON M1K 2B5

Phone: (416) 261-2733 Fax: (416) 261-2739

Web site: www.secondbaseyouthshelter.org Contact: Diana Malette or Owen Hinds

## **Housing and Information Referral Centre**

English

Description:	Second Base is an emergency youth shelter serving male and female youth. Food, clothing and shelter are provided while giving youth opportunities to be self-reliant in the community. Second Base also operates a housing and information referral centre to provide referrals and facilitate progress towards independent living.
Goal:	To provide food, clothing and shelter in a safe and secure environment; and to provide information and resources that promote healthy choices.
Services:	Informal counselling; information and referrals; workshops; housing services; emergency shelter; food and clothing; free condoms, and more.
Youth Involvement:	Youth assist with design and presentation of workshops, and surveys and discussion forums are used to obtain feedback from youth.
Age Range:	16–21
Language(s):	English, French, Spanish, Italian, Portuguese (other translation services are available).

## SMITHS FALLS

## Smiths Falls & District Club for Youth

41 Main St. W., Smiths Falls, ON K7A 4W7

Phone/Fax: (613) 284-1784 E-mail: sfdcy@hotmail.com Web site: www.typs.com Contact: Carol Ann Courville

#### **After School Program**

Description:	Interactive speakers discuss topics such as HIV/AIDS, needle exchange, substance use, etc. with youth.
Goal:	To provide greater awareness and the opportunity for youth to speak openly about issues that matter to them.
Services:	Resources; referrals; and workshops.
Youth Involvement:	A Youth Board participates in determining topics for speakers.
Age Range:	11–18
Language:	English
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#### **SUDBURY**

## **ACCESS AIDS Network (Sudbury Office)**

203-111 Elm St., Sudbury, ON P3C 1T3

Phone: (705) 688-0500 Fax: (705) 688-0423

E-mail: access@cyberbeach.net Web site: www.cyberbeach.net/~access Contact: Youth Outreach Coordinator

#### **Youth Outreach Program**

Description:	The program includes outreach to street-involved youth, HIV/AIDS education presentations to schools, and community education theatre/art projects to get youth involved.
Goal:	HIV/AIDS prevention and awareness.
Youth Involvement:	Youth provide input into the outreach program through participation on an advisory committee.
Age Range:	14–24
Language(s):	French, English and Ojibwa

## THUNDER BAY

## **AIDS Thunder Bay**

P.O. Box 24025, Thunder Bay, ON P7A 8A9

Phone: (807) 345-1516 Fax: (807) 345-2505

E-mail: info@AIDSThunderbay.org Web site: www.aidsthunderbay.org

Contact: Denise Olson

#### **SCOPE (Smart Choices Outreach Program and Evaluation)**

Description:	SCOPE is a three-year prevention project that expires March 31, 2005. This project targets substance-using youth, primarily heterosexual, with a focus on marginalized populations. This three-year project incorporates peer outreach, a performance art outreach element, as well as social marketing campaigns to get HIV prevention education messages to the target group.
Goal:	To educate youth about safer sex practices as well as safer drug using practices in hopes of reducing the spread of HIV.
Services:	Educate substance users about prevention and harm reduction techniques. Referrals to community partner agencies as appropriate.
Youth Involvement:	Youth are involved as peers, and distribute condoms and other materials to youth.
Age Range:	16–30
Language:	English

#### TORONTO

## **AIDS Committee of Toronto**

399 Church St., 4th Floor, Toronto, ON M5B 2J6

Phone: (416) 340-8484 Fax: (416) 340-8224

E-mail: hcarolo@actoronto.org Web site: www.actoronto.org/youth

Contact: Humberto Carolo, Youth Community Development Coordinator

#### Peer Outreach Project (POP)

Description:	POP is a "by youth for youth" project aimed at reducing the risk for HIV infection among queer youth. Youth peers engage in education and outreach activities targeted at youth at risk.
Goal:	To involve queer youth in reaching their peers with prevention, education and healthy sexuality messages.

Services:	Outreach; workshops; trainings; and presentations.
Youth Involvement:	Youth are involved in all stages of program development, delivery and evaluation.
Age Range:	15–29
Language:	English

## Alliance for South Asian AIDS Prevention (ASAP)

20 Carlton St., Toronto, ON M5B 2H5

Phone: (416) 599-2727 Fax: (416) 599-6011

E-mail: education@asaap.ca

Web site: www.asaap.ca, www.dosti.ca, www.brownkiss.ca

Contact: Vijaya Chikermane

#### Desi's Against HIV/AIDS

Description:	ASAP's Desi's Against HIV/AIDS Project has specific target groups, one of which is youth. The youth program focuses on providing prevention education and sexual health awareness to South Asian youth through informative, engaging and culturally appropriate channels.
Goal:	To educate youth about safer sex options and to prevent the spread of HIV/AIDS and/or STIs; to mobilize youth on issues of sexual health and cultural challenges; and to engage youth in the service and delivery of ASAP's programming as volunteers and/or youth group members so they may actively work towards community development.
Services:	Sexual health and HIV/AIDS awareness building workshops/seminars; youth engagement through outreach at cultural and community events; community events and forums on youth issues and how they intersect with culture and sexuality; an interactive youth based website that aims to inform young people's relationship and sexual choices; safe spaces for youth who self-identify as GLBTQ; free condoms (male and female); lube; referrals; and anonymous HIV testing.
Youth Involvement:	Youth take an active role in the planning and delivery of workshops, youth forums and community events sponsored by ASAP. Youth feedback on the program is encouraged through focus groups and evaluations after workshops.
Age Range:	15–29
Language(s):	English with the option of Hindi, Urdu and Tamil

## Asian Community AIDS Services (ACAS)

107-33 Isabella St., Toronto, ON M4Y 2P7

Phone: (416) 963-4300 Fax: (416) 963-4371 E-mail: youth@acas.org Web site: www.acas.org

Contact: Florence Heung, Youth Education and Outreach Coordinator

#### **Youth Education and Outreach Project**

Description:	The Youth Education and Outreach Project provides peer-led HIV/AIDS prevention education and outreach to East and Southeast Asian youth.
Goal:	To decrease the rate of HIV/AIDS infections among East and Southeast Asian youth in Toronto.
Services:	Recruit, train, and support youth peer educators; provide HIV/AIDS prevention outreach; conduct HIV/AIDS prevention education workshops to schools and community groups; provide HIV/AIDS prevention events, including events for Queer Asian Youth (QAY); produce and distribute HIV/AIDS prevention materials; and provide individual counselling and referrals on HIV testing.
Youth Involvement:	Youth peer educators provide HIV/AIDS prevention outreach and workshops at high schools and community groups. The QAY Social Events Planning Committee is driven by youth volunteers. Youth are involved in the Education and Outreach Committee, which oversees the Youth Education and Outreach Project, and ACAS also has youth on the Board of Directors which oversees the organization as a whole.
Age Range:	14–25
Language(s):	ACAS's services can be obtained in English, and East and Southeast Asian languages including Chinese, Pilipino, Vietnamese, Korean, Japanese, and Thai. ACAS' services are volunteer-driven and the availability of services in Asian languages depends on both staff and volunteer availability.

## **Central Toronto Youth Services**

300-65 Wellesley St. E., Toronto, ON M4Y 2G7

Phone: (416) 924-2100 Fax: (416) 924-2930 E-mail: paoletti@ctys.org Web site: www.ctys.org Contact: Dino Paoletti

#### **Pride and Prejudice**

Description:	A counselling and support program for GLBTQ youth.
Goal:	To provide support for queer and trans youth.

Services: Training and education on issues relevant to GLBTQ youth, inclusive of issues for HIV-positive youth. Youth Involvement: Youth provide input into the program's content. Age Range: 25 and under English Language:

## Centre for Spanish-Speaking Peoples

2141 Jane St., 2nd Floor, Toronto, ON M3M 1A2

Phone: (416) 925-2800 Fax: (416) 925-2263

E-mail: aidscssp@spanishservices.org Web site: http://www.spanishservices.org/

Contact: Consuelo Llanos

#### **HIV/AIDS Prevention and Support Program**

Description:	Provides educational and support activities for people with HIV/AIDS, including youth, and their families, friends and partners.
Goal:	To provide services for Spanish speaking PLWHIV/AIDS, including youth.
Services:	One-on-one counselling for people living with or affected by HIV/AIDS; support group; referrals to community services; Spanish language interpretation; workshops on HIV/AIDS, STIs and healthy sexuality; peer education for Latino gay men and MSM, and Latino women at risk.
Youth Involvement:	Youth provide feedback through focus groups and discussion.
Age Range:	17–24
Language:	Spanish

## **Evergreen Centre for Street Youth**

381 Yonge St., Toronto, ON M5B 1S1

Phone: (416) 977-7259 Fax: (416) 597-1081 Web site: www.ysm.on.ca Contact: Julie Maher

#### Dialogue on Sex and Life

Description:	Evergreen focuses on meeting the complex needs of Toronto's large street youth population. Four dialogue series (six sessions each) run throughout the year on topics such as sexuality, self-esteem, harm reduction, HIV/AIDS and STIs.
Goal:	The series on HIV/AIDS prevention aims to decrease at-risk behavior and increase knowledge of HIV/AIDS, STIs, etc.
Services:	Health centre; employment resource centre; drop-in centre; food; recreation; referrals; advocacy; informal counselling, and more.

Youth Involvement: Four youth are hired as peer mentors and go through six sessions of training. These youth co-facilitate as least one series of workshops. Under 25 Age Range: English Language:

## Lesbian Gay Bi Youth Line

P.O. Box 62, Station F, Toronto, ON M4Y 2L4

Phone: (416) 962-2232 or 1-888-687-9688 (Ontario) Helpline: (416) 962-9688 or 1-800-268-9688 (Ontario)

Fax: (416) 962-7967 E-mail: info@youthline.ca Web site: www.youthline.ca Contact: Philip Wong

#### Peer Support Service (Phone-line and On-line)

Description:	The Lesbian Gay Bi Youth Line provides a toll-free province-wide phone line and on-line forum for gay, bisexual, transgender, transsexual, Two Spirited, queer and questioning young people in Ontario.
Goal:	To affirm the experiences and aspirations of lesbian, gay, bisexual, transsexual, transgender, Two Spirited, queer and questioning youth in Ontario, and to create an empowering community of queer youth across Ontario.
Services:	Toll-free and confidential phone line operated by youth for youth; information and peer support on issues of sexuality, gender identity and HIV/AIDS; and an on-line youth support forum is available at www.youthline.ca
Youth Involvement:	From providing peer support on the phones and on-line to being staff and board members, youth participation and engagement are a hallmark of the Youth Line.
Age Range:	12–26
Language:	English

## **Native Child and Family Service of Toronto**

201-464 Yonge St., Toronto, ON M4Y 1W9

Phone: (416) 969-8510 Fax: (416) 969-9251

Web site: www.nativechild.org

Contact: Meghann Leclair, Youth Outreach Worker

#### **Youth Drop-in Services**

Description:	The Youth Drop-in provides various services to young Native people in
	Toronto. The youth program offers a variety of support groups, circles and
	services.

Services: Teaching and cultural circles; sharing and talking circles; HIV/AIDS and sexual health information and workshops are provided; Teachers and Elders visit the program; recovery support circles; support for young parents and their children; young offenders worker (on and off site);
counselling; evening programs; support with legal issues; referrals to health and medical facilities; and meal programs, and more.
Youth Involvement: Youth are involved in the Youth Council that represents youth drop-in participants in the community and helps to plan socials, events, etc.  There are also forums held that are planned and hosted by youth to tall about drop-in improvements and programming.
Age Range: 16–24
Language: English
Youth Outreach Program
Description: Youth street outreach program provides basic services in partnership with a supporting outreach agency on a weekly basis (partner agencies Street Outreach Services and Youthlink Innercity).
Goal: To provide assistance to Native and non-Native urban youth who are street-involved.
Services: Provide and distribute information on healthy sexual lifestyles (distribution condoms, lube, etc.); make referrals and provide support services rehousing, education, legal and medical matters; and harm reduction supplies are provided by the two partner agencies.
Youth Involvement: Youth work as peer outreach workers who accompany the Outreach Wor during shifts.
Age Range: 16–24
Language: English

## PASAN (Prisoners HIV/AIDS Support Action Network)

500-489 College St., Toronto, ON M6G 1A5

Phone: (416) 920-9567 Fax: (416) 920-4314

E-mail: connor@pasan.org or koshala@pasan.org

Web site: www.pasan.org

Contact: Connor McCollum and Koshala Nallanayagam

#### Youth Outreach and Education Program

Description:	The program provides HIV/AIDS, hepatitis A, B, and C and STI prevention workshops from a prisoner's rights and harm reduction perspective for youth and staff at young offenders' facilities in Toronto.
Goal:	To prevent the spread of HIV among at-risk youth involved in the criminal justice system; and to provide support and advocacy for youth infected and affected by HIV/AIDS and hepatitis C.
Services:	Outreach and education on legal rights for youth; contact information for free legal counsel and information on the new youth criminal justice act; peer-driven workshops, support and advocacy services, clothing bank, and limited financial support to help ex-prisoners pay for ID (provincial health insurance, social insurance, etc.).
Youth Involvement:	Youth feedback/evaluations directly contribute to workshop content.
Age Range:	12–25
Language:	English

#### **Planned Parenthood of Toronto**

36B Prince Arthur Ave., Toronto, ON M5R 1A9

Phone: (416) 961-0113 Fax: (416) 961-2512 E-mail: ppt@ppt.on.ca

Web site: www.spiderbytes.ca and www.ppt.on.ca

Contact: Susan Flynn, Program Manager

#### Teen Sex Information Program (TSIP)

Description:	TSIP provides anonymous and confidential sexual health information services to Toronto-area teens. TSIP peer volunteers are available to respond to questions in a non-judgemental, youth-positive, sex-positive, inclusive and pro-choice manner.
Goal:	To provide high quality innovative programs that enhance the individual's ability to meet their own sexual health needs.
Services:	Teen Sex InfoLine (peer to peer phone line service); peer to peer MSN Internet Chat service (spiderbytes@hotmail.com); peer to peer e-mail response service (askus@spiderbytes.ca); and a sexual health information and education Web site for teens (www.spiderbytes.ca).

Youth Involvement: Teens are recruited from Toronto's diverse communities and provided

with 32 hours of training in effective communication, sexual health information and anti-oppression analysis. These teen volunteers provide all of the services listed above responding to sexual health questions from their peers. Teen volunteers also act as an advisory committee for the program providing input on every aspect of program planning,

training and promotion.

13-19 Age Range:

English Language:

#### Positive Youth Outreach

Contact: Alex McClelland

399 Church St., 4th Floor, Toronto, ON M5B 2J6

Phone: (416) 340-8484 ext. 281

Fax: (416) 340-8224 E-mail: pyo@actoronto.org Web site: www.positiveyouth.com

> Description: Positive Youth Outreach (PYO) is a Toronto based, peer-driven program

> > with the AIDS Committee of Toronto. PYO's 'No Drama' Social Support Drop-in is a program for HIV-positive youth 29 and under. We share experiences, information and support each other's choices. There is always a meal and we have weekly activities such as going to movies, art, workshops, etc. PYO also has a joint program for young HIV-positive

women — see "Voices of Positive Women" for more information.

PYO's mission is to empower, support, and affirm our lives as young Goal:

people infected and affected by HIV/AIDS. We advocate for ourselves to ensure that as young people living with HIV/AIDS we can live happier,

healthier and productive lives.

Services: Drop-in; weekly activities; workshops; and a childcare subsidy and public

transportation tokens are available.

Youth Involvement: Youth are involved in all aspects of the program, from planning to

delivery.

12-29 years old Age Range:

Language: English

## **Positive Youth Project**

(Office location in transition at time of printing)

E-mail: Sarah.Flicker@utoronto.ca

Contact: Sarah Flicker

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Description:	The Positive Youth Project is a collaborative venture of the Hospital for Sick Children, TeenNet at the University of Toronto, the Canadian AIDS Treatment Information Exchange, and Positive Youth Outreach, a program of the AIDS Committee of Toronto, as well as several other AIDS Service Organizations that work with youth across Canada.
Goal:	To improve the health of youth living with HIV through research and action; to use a community-based approach to build the capacities of HIV-positive youth and the organizations that serve them to ask and answer their own research questions; to map out individual and community needs and services among HIV-positive youth in Ontario; to develop responsive programs and materials in the areas of treatment and self-care.
Services:	Provide training to youth and service providers to become co-researchers.
Youth Involvement:	Youth are involved in all stages of the research process — as coresearchers, advisors and team members.
Age Range:	12–24
Language(s):	English and French
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## **Shout Clinic**

467 Jarvis St., Toronto, ON M4Y 2G8

Phone: (416) 927-8553 Fax: (416) 927-9365 Contact: Carloes Francis

Description:	A clinic for street-involved and homeless youth, including those living with HIV/AIDS.
Goal:	To provide a variety of health care services to street-involved and homeless youth.
Services:	Anonymous HIV testing; needle exchange; STI testing and treatments; counselling; referral services; and general health information on STI and HIV prevention and transmission issues. No Ontario Health Insurance card is necessary.
Youth Involvement:	A Youth Advisory Committee works with the staff to create a youth-friendly environment.
Age Range:	25 and under
Language:	English

## **Voices of Positive Women**

105-66 Isabella St., Toronto, ON M4Y 1N3

Phone: (416) 324-8703 or 1-800-263-0961 Fax: (416) 324-9701

E-mail: voices@vopw.org Web site: www.vopw.org Contact: Support Worker

#### **Social Support Group for Young HIV-Positive Women**

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Description:	A monthly support group for young HIV-positive women, where young women can get together to talk, eat and do fun stuff together.
Goal:	To provide peer-based social support, referrals and information for young HIV-positive women in the Toronto area.
Services:	Tokens; food; clothing exchange; resources; peer support; and activities.
Youth Involvement:	The program is facilitated by young women for young women, and is in partnership with Positive Youth Outreach, an organization run by and for HIV-positive youth.
Age Range:	15–29
Language:	English

## Youthlink Inner City

7 Vanauley St., Toronto, ON M5T 2V9

Phone: (416) 703-3361 Fax: (416) 703-3359

E-mail: karenp@youthlink.ca

Web site: http://www.youthlink.ca/innercity.htm

Contact: Diana Walker

#### **HIV Support Care Program**

Description:	This program provides support and care for HIV-positive and AIDS symptomatic street-involved youth.
Goal:	To provide HIV/AIDS education; to encourage youth to be tested; to provide support through the testing process; and to offer counselling and referrals.
Services:	The staff accompanies youth to their doctor's appointments; visits youth in hospital; assists youth in securing housing, and will help with any issue that would contribute to stabilizing their lives. HIV, hepatitis C and STI prevention and education workshops are offered to at risk youth.
Youth Involvement:	To ensure that our programs are comprehensive, relevant and effective, former street-involved youth are actively involved in the development, delivery and evaluation of our programs and services.
Age Range:	16–25
Language:	English

#### WATERLOO

## **Planned Parenthood Waterloo Region**

500-151 Frederick St., Kitchener, ON N2H 2M2

Phone: (519) 743-9360 Fax: (519) 743-6710

E-mail: educator@ppwr.on.ca Web site: www.ppwr.on.ca

Contact: Sarah Wolf, Education Coordinator

#### **Peer Education Theatre Program**

Description:	Performed by and for youth, this program educates youth in high school settings about a range of issues related to healthy sexuality.
Goal:	To educate youth about healthy sexuality and to give youth the tools to make informed decisions regarding their sexuality.
Services:	Educational workshops are also offered on a range of issues related to healthy sexuality including STIs and healthy relationships.
Youth Involvement:	Youth create and perform the theatre production.
Age Range:	12–16
Language:	English

## WINDSOR

## **AIDS Committee of Windsor**

1168 Drouillard Road, Suite B, Windsor, ON N8Y 2R1

Phone: (519) 973-0222 Fax: (519) 973-7389

E-mail: salexander@aidswindsor.com Web site: www.aidswindsor.com

Contact: Sandra Alexander, Health Promotion/Community Education

#### **Young and Proud**

Description:	A drop-in program for GLBTQ youth that involves discussion on various topics including relationships, coming out, safer sex and HIV/AIDS. Social events include GLBTQ-positive friends and family.
Goal:	To provide information and opportunities for both group and one-on-one discussion on a range of issues relevant to GLBTQ youth.
Services:	Individual counselling, and referrals as needed.
Youth Involvement:	Youth input directs discussion and education topics.
Age Range:	14–26
Language:	English

# P.E.I.

## CHARLOTTETOWN

## AIDS P.E.I.

10 St. Peters Rd., Charlottetown, PE C1A 5N3

Phone: (902) 566-2437 Fax: (902) 626-3400 E-mail: arcyouth@isn.net

Web site: www.arcpei.isn.net/youth.html

Contact: Angela MacKinnon

#### **GLBTQ** Advisory Youth Group

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Description:	A youth-led support group for GLBTQ youth across P.E.I.
Goal:	To create a supportive and healthy environment for GLBTQ youth and their friends and family; and to increase youth and community knowledge and understanding about the issues that GLBTQ youth face in P.E.I.
Services:	Drop-ins; resource library; education sessions and workshops on coming out, GLBTQ issues, and addressing homophobia; and referrals.
Youth Involvement:	A Youth Committee provides input and feedback on activities, and attends monthly meetings and training sessions.
Age Range:	14–19
Language(s):	English and French
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# QUEBEC

#### MONTREAL

## **Action Séro Zéro**

C.P. 246, succ. C, Montreal, QC H2L 4K1

Phone: (514) 521-7778 Fax: (514) 521-7665

E-mail: prostitution@sero-zero.qc.ca Web site: www.sero-zero.qc.ca Contact: Christian Joubert

#### **Male Sex Trade Workers Program**

Description:	This program is aimed at three categories of sex trade workers: dancers, escorts and street prostitutes.
Goal:	The program aims to empower sex trade workers with regards to their physical and psychological health, with a focus on the prevention of HIV/AIDS and STIs. We also aim to demystify the sex trade for health care professionals and our partners in community organizations.
Services:	Evening drop-in; needle exchange; distribution of condoms and lube; support; street outreach; referrals; information; food; STI screening; accompaniment for HIV/AIDS and STI screening tests; and more.
Youth Involvement:	The program aims to be responsive to the needs of youth, so we use their feedback when planning our services and activities. Youth are invited to get involved in "The Urban Cowboy", a newspaper for sex trade workers that we created in collaboration with Anonymous, which includes a list of bad clients.
Age Range:	17 and up
Language(s):	French above all, and English

#### **Re-Pairs**

E-mail: repairs@sero-zero.gc.ca Contact: Jean-Félix Perron

Description: Re-Pairs is a group made up of male gay youth who are interested in and

reflect on the realities of HIV/AIDS and gay life through artistic creation

(dance, video, painting, writing, sculpture, etc.).

To increase awareness of HIV/AIDS; to demystify homosexuality; and to Goal:

prevent homophobia through artistic creation.

Services: Individual psychosocial support; accompaniment for HIV/AIDS and STI testing; artistic presentations to the community. Youth Involvement: Two groups of ten youth are formed every year to create a common artistic project which is then presented in the community. Age Range: 18-30 Language: French

## AIDS Community Care Montreal (ACCM)

2075 Plessis, Basement Level, Montreal, QC H2L 2Y4

Phone: (514) 527-0928 Fax: (514) 527-0701

E-mail: info@accmontreal.org Web site: www.accmontreal.org

Contact: Odette Pretty, Education and Prevention Director

#### **HIV/AIDS Prevention Workshop Series**

Description:	This series of five interactive workshops is designed to provide accurate information and encourage people to make and maintain choices they're comfortable with regarding sex, pleasure and their health. Issues behind prevention are also addressed such as creating healthy relationships, sexuality, and stigma/discrimination.
Goal:	To improve HIV awareness and build skills for sexual health by providing accurate information as well as addressing some of the reasons people engage in risky behaviour.
Services:	We offer workshops ("The ABC's of HIV", "Safer Sexuality" and "Smart Body Art"); answer anonymous questions over the phone and through e-mail; and refer people to our Web site for information on HIV, sex, condom comebacks, drug use, and safer body art.
Youth Involvement:	We train and support youth volunteers to deliver all of the workshops, and this team meets several times a year for ongoing training and to plan future activities. They suggest new workshop topics, evaluate and adapt the activities and materials, and evaluate their own workshops.
Age Range:	14–25
Language:	English
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#### Youth Leadership Program

Description:	Youth volunteers are trained and supported to create, adapt, deliver and
	evaluate prevention programs.
Goal:	To develop presentation and leadership skills in the youth that participate.
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Services: We offer basic presentation training once a year and follow-up training or feedback opportunities four times a year. We produce a resource manual that includes all of our workshops, personal accounts by people living with HIV, theories about behaviour change, and ways to talk about emotionally charged subjects. Youth Involvement: Youth volunteers suggest topics for upcoming trainings and do outreach to publicize and book new workshops. 18-25 Age Range: Language: English

#### Centre for AIDS Services of Montreal (Women)/Centre d'action sida Montréal (femmes)

1750 St-André, Montreal, QC H2L 3T8

Phone: (514) 495-0990 Fax: (514) 495-8087

E-mail: casm@netrover.net Web site: www.netrover.com/~casm

Contact: Kathleen Myers

#### **HIV Prevention in Schools**

Description:	Testimonials given by individuals living with HIV/AIDS, including youth, to high schools and community organizations, plus quizzes and games designed to test their knowledge.
Goal:	To create awareness, and prevent HIV/AIDS.
Services:	Testimonials are offered as a method of HIV/AIDS prevention education, followed by a question period. Individual counselling is available upon request.
Youth Involvement:	Youth offer personal testimonials about living with HIV/AIDS.
Age Range:	13–25
Language(s):	French and English

## Coalition sida des sourds du Québec (CSSQ)

320-2075, rue Plessis, Montreal, QC H2L 2Y4

Phone: (514) 521-1780 (ATS) S.R.B. 1-800-855-0511

Fax: (514) 521-1137 E-mail: cssq@qc.aira.com Contact: Michel Turgeon

#### A Program for Deaf and Hard of Hearing Youth

Description:	CSSQ works to educate Quebec's deaf community about the risks of contracting HIV and STIs. Many youth use the services offered by CSSQ.
Goal:	To offer support and HIV/AIDS prevention-education to deaf and hard of
	hearing youth.

Services: Support (discussion groups, support groups, interpretation and more) and

prevention-education (safer-sex workshops, awareness activities, condom

distribution, HIV/AIDS and STI information and more).

Youth have created an illustrated handbook about HIV/AIDS prevention Youth Involvement:

aimed at educating deaf and hard of hearing youth in a school setting.

12 - 25Age Range:

French Language:

## Comité des personnes atteintes du VIH du Québec (CPAVIH)

310-2075, rue Plessis, Montreal, QC H2L 2Y4

Phone: (514) 521-8720 Fax: (514) 521-9633

E-mail: direction@cpavih.gc.ca Web site: www.cpavih.qc.ca

(see J.A.S.E. below)

#### Les Enfants de Béthanie

8454, rue Saint-Denis, Montreal, QC H2P 2G8

Phone: (514) 384-8160 Fax: (514) 384-3092 F-mail: ledb@videotron.ca

Web site: www.familis.org/enfantsdebéthanie

(see J.A.S.E. below)

#### Maison Plein-Cœur

1611, rue Dorion, Montreal, QC H2K 4A5

Phone: (514) 597-0554 Fax: (514) 597-2788

E-mail: mplcoeur@videotron.ca Web site: www.maisonpleincoeur.org

#### Jeunes Adultes Séropositifs(tives) Ensemble (J.A.S.E.)

English Translation: HIV-positive Young Adults Together

(CPAVIH, Les Enfants de Béthanie and Maison Plein Cœur work together to create J.A.S.E.)

Contact: Pascal (CPAVIH), Jean-Benoit (Maison Plein Cœur), Sylvain (Les Enfants de

Béthanie)

E-mail: iase1629@hotmail.com

Web site: http://cpavih.gc.ca/vih\_nouv/jase/

Description: J.A.S.E. aims to break the isolation often experienced by HIV-positive youth

> through discussion and support; actively involving HIV-positive youth in the coordination of J.A.S.E. and related activities; and making information

accessible.

Goal: To offer HIV-positive youth the resources and support they need so that they can maximize their quality of life, including their physical and psychological health, while allowing them space to express themselves. "Drop-in" centre; social activities; support; and referrals. Services: Youth Involvement: Youth are involved through the creation of a J.A.S.E. Web site; youth organize social activities and workshops; and youth also participate in regional and national HIV/AIDS-related committees and projects. 16-29 Age Range: Language(s): French and English

## ROUYN-NORANDA

#### Centre des R.O.S.E.S.

380, rue Richard, bureau 220, Rouyn-Noranda, QC J9X 4L3

Phone: (819) 764-9111 Fax: (819) 762-9697

E-mail: centre-r.o.s.e.s@cablevision.gc.ca Web site: www.cablevision.gc.ca/centredesroses

Contact: Samir Baccouche

#### Youth HIV/AIDS Awareness Program

Description:	Workshops and meetings organized by youth on HIV/AIDS and related issues.
Goal:	To educate and raise awareness among youth about HIV/AIDS and sexual health.
Services:	Help line; educational workshops; individual and group meetings, and more.
Youth Involvement:	All activities and meetings are organized by youth.
Age Range:	12–17
Language:	French

## TROIS-RIVIÈRES

## Sidaction (Trois-Rivières) Inc.

5366 Boul, Jean XXIII, Trois-Rivières, QC G8Z 4A7

Phone: (819) 374-5740 Fax: (819) 374-5932

E-mail: sidaction.tr@tr.cgocable.ca

#### **Prevention Continuum**

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Description:	Three prevention workshops for youth on HIV/AIDS, STIs, and how to effectively use condoms.
Goal:	To reduce the transmission of HIV/AIDS and other STIs by increasing knowledge of risky and safe behaviours, and increasing effective condom use.
Services:	Educational workshops; and assistance for PLWHIV/AIDS and those close to them.
Youth Involvement:	Youth participate in the evaluation of the workshops.
Age Range:	12–18
Language:	French

# SASKATCHEWAN

## REGINA

## **All Nations Hope AIDS Network**

Scotiabank Building, 1504 B Albert Street, Regina, SK S4P 2S4

Phone: (306) 924-8427 Fax: (306)525-0904

E-mail: allnationshope@sasktel.net Web site: www.allnationshope.ca

Contact: Margaret Akan

#### **Dream Catchers**

Description:	A softball league coached by a group of First Nations coaches that engages female youth from inner city Regina to play softball and compete
	in a competitive league.

Goal:	To involve female youth in sports so as to reduce their likelihood of becoming involved with street life, drugs and alcohol, dropping out of school, and/or becoming pregnant.
Services:	Teach youth how to play softball, good sportsmanship, leadership and respect for others and themselves.
Youth Involvement:	Older players are peer mentors to younger players—they provide leadership and act as role models to the younger players. Youth are also involved in the local Walk for Life, and as volunteers with All Nations Hope AIDS Network.
Age Range:	9 and up
Language:	English

## **Planned Parenthood Regina**

1431 Victoria Ave., Regina, SK S4P 0P4

Phone: (306) 522-0902 Fax: (306) 522-8860

E-mail: yeah\_sk@hotmail.com Web site: http://www.regina.ppfc.info/

Contact: Christine Bilinski

#### Y.E.A.H. (Youth Educating About Health)

Description:	Y.E.A.H. is a youth driven program that educates about risky behavior through peer education. Y.E.A.H. currently reaches many high-risk groups (i.e. youth in custody, street youth, Aboriginal youth), educating about hepatitis C, contraception, decision making, the effects of alcohol and drugs, STIs including HIV/AIDS and many other sexual health topics.	
Goal:	To provide interactive peer education with a focus on sexual health.	
Services:	Sexual health, HIV/AIDS and hepatitis C education.	
Youth Involvement:	Youth are involved in the design, delivery and evaluation of the program.	
Age Range:	14–25	
Language:	English	

## SASKATOON

## **AIDS Saskatoon**

P.O. Box 4062, Saskatoon, SK S7K 4E3

Phone: (306) 242-5005 Fax: (306) 665-9976

E-mail: y4y@aidssaskatoon.ca Web site: www.aidssaskatoon.ca

Contact: Gina McKay, Youth Project Coordinator

#### Youth for Youth

Touth for Touth	
Description:	A group of youth volunteers who have come together to increase awareness about STIs and HIV/AIDS and how to prevent them.
Goal:	To make sexual health information and resources more accessible and youth-friendly.
Services:	Support; resources; advocacy; free condoms; drink safe drug testing cards; safe rave kits; a sexual health information video, "Freshly Squeezed: Safer Sex in a Can" which can be ordered; interactive workshops and education; and a safe space for youth.
Youth Involvement:	All of the events, activities, and workshops are youth driven and designed.
Age Range:	14–26
Language:	English

## **Gay and Lesbian Health Services (GLHS)**

203-220-3rd Ave. S., Saskatoon, SK S7K 1M1 Phone: (306) 665-1224 or 1-800-358-1833

Fax: (306) 665-1280 E-mail: opy@glhs.ca Web site: www.glhs.ca

Contact: Julie Richards, Youth Coordinator

#### Out and Proud Youth (OPY)

Description:	OPY is a group that offers support and friendship for gay, lesbian, bisexual and transgender youth and their allies in a safe environment.
Goal:	To connect youth so as to decrease the isolation that many GLBTQ youth experience.
Services:	Potlucks, movie nights, games, other activities; discussion nights on topics such as safer sex, HIV/AIDS and drug use; all ages dances; and Pride events.
Youth Involvement:	Youth are involved in the planning of group activities, outings, events and learning sessions.

Age Range:	12–22
Language:	English

# YUKON

## WHITEHORSE

## **Blood Ties Four Directions Centre**

4230F-4th Ave., Whitehorse, YT Y1A 1K1

Phone: (867) 633-2437 Fax: (867) 633-2447

E-mail: healthpromotion@klondiker.com

Web site: www.linkup-connexion.ca/Members/YT/blood tfd.htm

Contact: Alana Kronstal

#### Supper Club

Description:	In coordination with a local youth centre or youth service agency, workshops are offered on HIV/AIDS, hepatitis C, harm reduction, and risky behaviour. Blood Ties provides pizza and soft drinks.
Goal:	To enhance youth awareness about HIV/AIDS and hepatitis C; to support implementation of effective harm reduction strategies; and to build relationships with youth and local youth service agencies.
Services:	Workshops geared to youth.
Youth Involvement:	Youth direct the focus of discussion, and suggest workshop topics.
Age Range:	13–19
Language:	English

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