

## Adults



## will benefit from youth engagement because it:

| Boosts energy  SOURCE: Zeldin, 2000 and Zeldin, 2004                 | Increases the adults' sense of belonging  SOURCE: Zeldin et al., 2000 and Zeldin, 2004 |
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| Increases connectedness  source: Zeldin et al., 2000                 | Promotes new strategies for interacting with youth                                     |
| Brings new perspectives to decision-making                           | Strengthens client-service provider relationship                                       |
| Builds confidence in working with youth  SOURCE: Zeldin et al., 2000 | Deconstructs stereotypes about young people  |

The Centre strives to be evidence-informed in all aspects of its work. To read more about the resources used above, please visit www.yetoolkit.ca.

