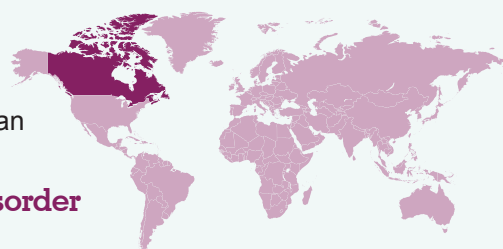


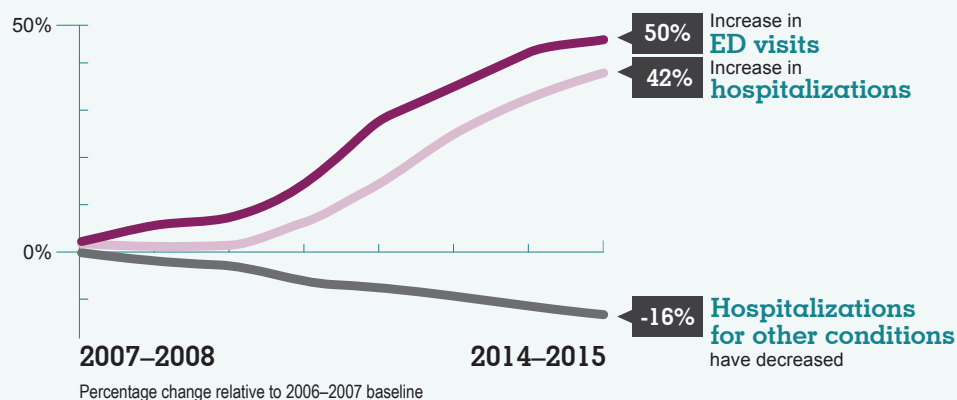
Child and youth mental health in Canada

10% to 20% of Canadian children and youth **may** develop a mental disorder



Mental disorders accounted for **13% of the global burden of disease**

Has hospital use for mental disorders changed?



Studies show that the prevalence of mental disorders is unchanged over time

How many youth received medication for mental disorders?

1 in 12 youth*



were dispensed a mood/anxiety or antipsychotic medication



The most commonly prescribed antipsychotic medication was **dispensed to youth almost exclusively at dosages below the recommended range** for treating schizophrenia and bipolar disorders.

* 7.0% (65,008) of youth living in B.C., Saskatchewan and Manitoba were dispensed at least 1 medication to treat a mood or anxiety disorder, and 1.6% (15,184) were dispensed at least 1 antipsychotic medication. This equates to about 1 in 12 adolescents in 2014–2015.

Visit www.cihi.ca for more detailed information about youth and mental health in Canada.