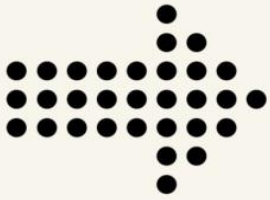


Voices: A Study of Youth in Peel



Key differences in after school and recreational activities for youth in Peel

Our research shows that for parents of young children in Peel, ethnicity and years in Canada are two of the most important predictive characteristics...



...This is NOT the case for Peel's young people who say culture is not a barrier to participation in activities.

Youth in Peel Differ



Gender

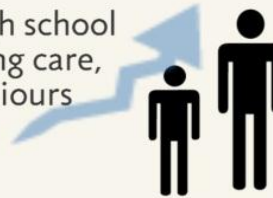
In almost every area, there are marked differences between males and females. Girls are more likely to work, do homework, look after siblings and volunteer. They are also less likely to be engaged in risky behaviours. However, boys are more likely to engage in physical activity.

In fact, it's boys who may need more support.

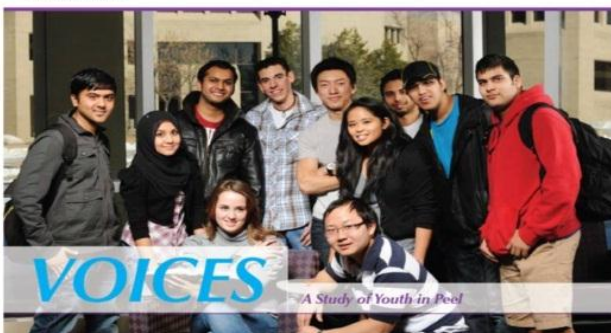
The notion that girls from immigrant families face unique cultural or religious barriers to participation is not supported by the data.

Age

Engagement and participation levels increase as youth in high school get older, at the same time as their obligations to work, sibling care, volunteering and studying grow. Participation in risky behaviours and socializing with friends also increases steadily with age.



Text

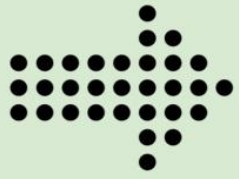


The *Voices: A Study of Youth in Peel* report was released in 2013 as a mixed methods study aiming to better understand the experiences, interests and attitudes of Peel's youth about recreational and after school activities. 2,187 of Peel's high school students were surveyed and focus groups were conducted with 149 of Peel's young people.

This infographic is one in a series of four and is for illustrative purposes only. To get the full picture, view the report online at www.pcyi.org.



Voices: A Study of Youth in Peel



Key Barriers to Participation in Activities



Females are more likely than males to find amount of school work, responsibilities at home and a part time job to be barriers.



Some things are not significant barriers to youth engagement

However, language as a barrier is higher for young people from East Asian (11%) and West Asian (11%) backgrounds



The research also shows that the way we let young people know about opportunities available to them needs revisiting. Schools are an important source of info.

Overall, we can do a better job of aligning programs to youth interests, and finding better transportation solutions.



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Voices: A Study of Youth in Peel

How are youth in Peel using their time on a typical school day?



Youth in Peel are busy, and are not always looking for more to do after school.



So, how do we get young people engaged in healthy and developmental activities?

While it is clear that young people are socializing between 3 p.m. and 6 p.m., they also have a lot of other commitments after school, such as part time work (31%), school work (43%) and volunteering (22%).

This is particularly true for females, and older students.

Out of school time

Evenings, weekends and holidays are an opportune time to offer increased access to facilities.

Drop-in

Additional drop-in and informal opportunities can offer youth flexibility to participate in healthy recreational activities.

Text



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Voices: A Study of Youth in Peel

What are Peel youth doing regularly when they're not in school?

Physical activity rates are fairly low, with only 32% engaging in moderate physical activity.



What youth are doing during out of school time is not necessarily what they'd like to be doing.

What would youth like to be doing?



Cooking

60%



Music

48%



New sport

46%



Internship or learn about career

43%



Learning about postsecondary

43%



Fine arts

39%



Young women were more interested than young men in almost all after school activities.

We need to find better alignment between what young people want to do and what is available for them.

Text



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