

Parental Monitoring Scale

OVERVIEW

- This scale is designed to assess a child's perception of parental rule-setting, supervision, consequences and monitoring.

SCALES AND/OR SUBSCALES

- None
- Sample items include:
 - How much do you know about where your child goes throughout the day on the weekend?
 - How much do you know about problems your child is having at school?
 - If your child didn't come home by the set time, would you know?

STEPPING UP THEME(S) & OUTCOME(S)

- **Strong, Supportive Friends & Families**
 - Youth form and maintain healthy, close relationships

PSYCHOMETRICS

Reliability

- Internal consistency ($\alpha > .70$)
- Test-retest inter-class correlation coefficients for the four subscales ($r = .74 - .85$)

Validity

- Content validity
- Construct validity

TARGET POPULATION

- Youth between 10 and 17 years of age
 - How much do you know about where your child goes throughout the day on the weekend?

LENGTH & HOW IT IS MEASURED

- 11 items
- Measured on a scale from 1 to 4
 - Questions 1-6: 1 (don't know at all) to 4 (know everything)
 - Questions 7-11: 1 (never) to 4 (always)
- Higher scores signify a higher recorded level of parental monitoring
- Self-report, paper-pencil version
- Languages: English

DEVELOPER

- Capaldi & Patterson, 1989

LEARN MORE

- Arria, A.M., Kuhn, V., Caldeira, K.M., O'Grady, K.E., Vincent, K.B., & Wish, E.D. (2008c). High school drinking mediates the relationship between parental monitoring and college drinking: A longitudinal analysis. *Substance Abuse Treatment, Prevention, and Policy*, 3(6), 1-30.

Parental Monitoring Scale

How much do you know about:

1. Who your child spends time with?
2. How your child spends his/her free time?
3. How your child spends his/her money?
4. Where your child goes right after school?
5. Where your child goes throughout the day on the weekend?
6. Problems your child is having at school
7. Do you tell your child what time he/she has to be home on school nights?
8. Do you tell your child what time he/she has to be home on weekend nights?
9. If your child didn't come home by the set time, would you know?
10. If you aren't home and your child leaves the house, does your child leave a note or call to say where he/she is going?
11. When you aren't at home, does your child know how to get in touch with you?

Questions 1 to 6 are measured using the following scale:

- Don't know at all, Know a little bit, Know a lot, Know everything

Questions 7 to 11 are measured using the following scale:

- Never, Sometimes, Often, Always

Supplementary Material for Davis RN, Ashba J, Appugliese DP, Kaciroti N, Corwyn RF, Bradley RH, Lumeng JC. Adolescent obesity and maternal and paternal sensitivity and monitoring. *Int J Pediatr Obes*, 2011; 6: e457–e463.