

Positive Youth Development Inventory

OVERVIEW

- This 55-item scale is used to assess aspects of youth development before and after participating in an educational or youth development program.

DOMAINS

- **Competence**
 - I feel I am a good athlete.
- **Confidence**
 - I am satisfied with how I look.
- **Character**
 - I make good decisions.
- **Connection**
 - I feel connected to my parents.
- **Caring**
 - I can be counted on to help if someone needs me.
- **Contribution**
 - I take an active role in my community

THEME(S)

- Health & Wellness
- Strong, Supportive Friends & Families
- Civic Engagement & Youth Leadership

- Education
- Diversity
- Coordinated & Youth-friendly Communities
- Employment

Note. There is also a section that assesses program quality

TARGET POPULATION

- Youth ages 10 and older

LENGTH & HOW IT IS MEASURED

- 55 items
- Items are measured on a 4-point scale from 1 (strongly disagree) o 4 (strongly agree)
- Self-report, paper-pencil version or electronic
- Can be used as a pre-post measure
- Available in: English

DEVELOPER

- Arnold, Nott & Meinhold, 2012

GOOD TO KNOW

- Use the survey in its entirety to maintain scale validity and reliability.
- Measuring all of the 5 C's will allow you to have an assessment of positive youth development.
- There is a retrospective pre-post format that can be found below in the learn more section
- It is intended to be used broadly and freely by practitioners, program evaluators, and researchers

PSYCHOMETRICS

RELIABILITY

-Reliability coefficients for total measure ($\alpha = .92$)

VALIDITY

- Content validity
- Criterion validity

Learn more:

- Arnold, M. E., Nott, B. D., & Meinhold, J. L. (2012). The Positive Youth Development Inventory Full Version. © Oregon State University. All Rights Reserved.
- Arnold, M.E., Nott, B. D., & Meinhold, J. L. (2012). The Positive Youth Development Inventory Full Version Retrospective Pre-Test Format. © Oregon State University. All Rights Reserved.

The Positive Youth Development Inventory Full Version (2012)

We would like to gather some information about the things you learned while participating in this program. Your responses are completely anonymous (meaning no one will know it is you who completed this form) and voluntary (meaning you don't have to complete this form if you do not want to). You can leave any question blank, and you can also choose not to complete the questions once you begin. Nor will any answers you provide be singled out; we will look at everyone's answers together.

Please rate your agreement using: 1) Strongly Disagree; 2) Disagree; 3) Agree; 4) Strongly Agree

As a result of participating in this program:

	Strongly disagree	Disagree	Agree	Strongly agree
1. I am a good student	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2. I take part in activities at my school	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3. I like to learn about new things	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4. I am a creative person	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5. I make good decisions	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
6. I make friends easily	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
7. I feel comfortable in social situations	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
8. I can handle problems that come up in my life	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
9. I can manage my emotions	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
10. I can handle being disappointed	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
11. I am aware of other people's needs in social situations	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
12. I have goals for my life	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
13. I know what I want to do for a career	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
14. I am interested in learning about careers I could have	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
15. It is important for me to do the right thing	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
16. I try to do the right thing, even when I know that no one will know if I do or not.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
17. I think it is important for me to be a role model for others.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
18. It is important for me to do my best.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
19. It is important that others can count on me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

	Strongly disagree	Disagree	Agree	Strongly agree
20. If I promise to do something I can be counted on to do it.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
21. I am able to behave appropriately in most settings.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
22. I am able to stand up to peer pressure when I feel something is not right to do	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
23. I have people in my life whom I look up to and admire	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
24. I have a wide circle of friends.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
25. I think it is important to be involved with other people.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
26. My friends care about me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
27. I feel connected to my teachers.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
28. Having friends is important to me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
29. I feel connected to others in my community.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
30. I have adults in my life who are interested in me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
31. I feel connected to my parents	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
32. When there is a need I offer assistance whenever I can.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
33. It is easy for me to consider the feelings of others.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
34. I care about how my decisions affect other people.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
35. I try to encourage others when they are not as good at something as me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
36. Other people's feelings matter to me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
37. I can be counted on to help if someone needs me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
38. I care about the feelings of my friends.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
39. When one of my friends is hurting, I hurt too.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
40. I feel good about my scholastic ability	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
41. I feel I am a good athlete	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
42. I am satisfied with how I look	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
43. I feel accepted by my friends	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
44. In general, I think I am a worthy person	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
45. I know how to behave well in different settings	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

	Strongly disagree	Disagree	Agree	Strongly agree
46. I can figure out right from wrong	○	○	○	○
47. I have close friendships	○	○	○	○
48. I can do things that make a difference	○	○	○	○
49. I take an active role in my community.	○	○	○	○
50. I am someone who gives to benefit others.	○	○	○	○
51. I like to work with others to solve problems.	○	○	○	○
52. I have things I can offer to others.	○	○	○	○
53. I believe I can make a difference in the world.	○	○	○	○
54. I care about contributing to make the world a better place for everyone.	○	○	○	○
55. It is important for me to try and make a difference in the world.	○	○	○	○

Arnold, M.E., Nott, B. D., & Meinhold, J. L. (2012). *The Positive Youth Development Inventory Full Version*.
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	BEFORE THE PROGRAM					AFTER THE PROGRAM			
	Strongly disagree	Disagree	Agree	Strongly agree		Strongly disagree	Disagree	Agree	Strongly agree
10. I can handle being disappointed	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
11. I am aware of other people's needs in social situations	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
12. I have goals for my life	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
13. I know what I want to do for a career	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
14. I am interested in learning about careers I could have	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
15. It is important for me to do the right thing	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
16. I try to do the right thing, even when I know that no one will know if I do or not.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
17. I think it is important for me to be a role model for others.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
18. If I do the wrong thing, it doesn't matter unless someone finds out.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
19. I don't always tell the truth if I can avoid getting in trouble.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
20. It is important for me to do my best.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
21. It is important that others can count on me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
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34. My family eats dinner together most days of the week	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
35. When there is a need I offer assistance whenever I can.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
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	BEFORE THE PROGRAM				AFTER THE PROGRAM			
	Strongly disagree	Disagree	Agree	Strongly agree	Strongly disagree	Disagree	Agree	Strongly agree
45. I am satisfied with how I look	0	0	0	0	0	0	0	0
46. I feel accepted by my friends	0	0	0	0	0	0	0	0
47. In general, I think I am a worthy person	0	0	0	0	0	0	0	0
48. I know how to behave well in different settings	0	0	0	0	0	0	0	0
49. I can figure out right from wrong	0	0	0	0	0	0	0	0
50. I have close friendships	0	0	0	0	0	0	0	0
51. I can do things that make a difference	0	0	0	0	0	0	0	0
52. I take an active role in my community	0	0	0	0	0	0	0	0
53. I am someone who gives to benefit others	0	0	0	0	0	0	0	0
54. I like to work with others to solve problems	0	0	0	0	0	0	0	0
55. I have things I can offer to others	0	0	0	0	0	0	0	0
56. I believe I can make a difference in the world	0	0	0	0	0	0	0	0
57. I care about contributing to make the world a better place for everyone	0	0	0	0	0	0	0	0
58. It is important for me to try and make a difference in the world	0	0	0	0	0	0	0	0