

# The Social Connectedness Scale - Revised

## OVERVIEW

- This scale assesses the degree to which youth feel connected to others in their social environment.

## SUBSCALES

- None
- Sample items from the scale:
  - » I feel disconnected from the world around me
  - » Even among my friends, there is not sense of brotherhood/sisterhood

## STEPPING UP THEME(S) & OUTCOME(S)

- **Strong, Supportive Friends & Families**
  - » Youth form and maintain health, close relationships
- **Diversity, Social Inclusion, & Safety**
  - » Youth experience social inclusion and value diversity
  - » Youth feel safe at home, at school, online and in their communities

## TARGET POPULATION

- Youth between 14 and 18 years of age (high school)

## LENGTH & HOW IT IS MEASURED

- 20 items
- Responses to the scale range from 1 (strongly disagree) to 6 (strongly agree)
- Reverse code negatively-worded items
- Items are summed; a higher score indicates more connectedness to others
- Self-report, paper-pencil version
- Available in: English

## DEVELOPER

- Lee, R. M., & Robbins, S. B., 1995

## PSYCHOMETRICS

- **Reliability**  
High reliability (internal consistency  $\alpha > .92$ )
- **Validity**
  - Concurrent validity
  - Construct validity
  - Convergent validity
  - Discriminant validity

## LEARN MORE

- Lee, R. M., & Robbins S. B. (1995). Measuring belongingness: The social connectedness and the social assurance scales. *Journal of Counseling Psychology*, 42, 232-241.
- Sabitelli, R., & Anderson, S. A. (2005). Assessing Outcomes in Child and Youth Programs: A Practical Handbook, Revised Edition (Pages 62-63).

## The Social Connectedness Scale

Circle the answer that shows how much you agree or disagree with each of the following statements.

|  |                     |   |   |   |   |                        |
|--|---------------------|---|---|---|---|------------------------|
| 1. I feel disconnected from the world around me.                   | Strongly Agree<br>1 | 2 | 3 | 4 | 5 | Strongly Disagree<br>6 |
| 2. Even around people I know, I don't feel that I really belong.   | Strongly Agree<br>1 | 2 | 3 | 4 | 5 | Strongly Disagree<br>6 |
| 3. I feel so distant from people.                                  | Strongly Agree<br>1 | 2 | 3 | 4 | 5 | Strongly Disagree<br>6 |
| 4. I have no sense of togetherness with my peers.                  | Strongly Agree<br>1 | 2 | 3 | 4 | 5 | Strongly Disagree<br>6 |
| 5. I don't feel related to anyone.                                 | Strongly Agree<br>1 | 2 | 3 | 4 | 5 | Strongly Disagree<br>6 |
| 6. I catch myself losing all sense of connectedness with society.  | Strongly Agree<br>1 | 2 | 3 | 4 | 5 | Strongly Disagree<br>6 |
| 7. Even among my friends, there is no sense of brother/sisterhood. | Strongly Agree<br>1 | 2 | 3 | 4 | 5 | Strongly Disagree<br>6 |
| 8. I don't feel that I participate with anyone or any group.       | Strongly Agree<br>1 | 2 | 3 | 4 | 5 | Strongly Disagree<br>6 |