

Youth Asset Survey

OVERVIEW

- This scale is used to assess whether youth are able to acquire or strength specific assets targeted in a given program.

SCALES AND/OR SUBSCALES

- **Family Communication (3)**
 - How often does your mother, father or legal guardian try to understand your point of view?
- **Adult Role Models (7)**
 - Most of the adults you know are good role models for you.
- **Peer Role Models (6)**
 - Do most of your friends follow the rules their parents make for them?
- **Future Aspirations (2)**
 - As you look to your future, how important is it to you to stay in school?
- **Responsible Choices (6)**
 - You make decisions that help you achieve your goals.
- **Community Involvement (6)**
 - You work to make your community a better place.
- **Good Health Practices (1)**
 - You take good care of your body by eating well and exercising.
- **Use of Time (6)**
 - You know how to organize your time to get all your work done.

STEPPING UP THEME(S) & OUTCOME(S)

- **Health & Wellness**
 - Youth make choices that support healthy development
- **Strong, Supportive Friends & Families**
 - Youth have families equipped to help them thrive
- **Education, Training & Apprenticeships**
 - Youth have educational experiences that respond to their needs and prepare them to lead
- **Employment & Entrepreneurship**
 - Youth have opportunities for meaningful employment experiences
- **Civic Engagement & Youth Leaderships**
 - Youth are engaged in their communities

TARGET POPULATION

- Youth 13 years of age or older

LENGTH & HOW IT IS MEASURED

- 37 items
- Scale varies from a 3-point to a 4-point scale with different stems based on certain questions
- Can be used as a pre-post measure
- Self-report, paper-pencil version or electronic
- Available in: English

DEVELOPER

- Oman et al., 2002.



PSYCHOMETRICS

- **Reliability**
 - Reliability coefficients for subscales ($\alpha > .60$)
 - Test-retest reliability ($r = .59 - .94$)
- **Validity**
 - Content validity
 - Construct validity
 - Convergent validity
 - Concurrent validity



GOOD TO KNOW

- There are certain items that are optional to include within the measure and this is outlined in the supplemental information.
- Individual subscales have shown good reliability and can be used with caution.



LEARN MORE

- Dean, G. A. (2008). Building developmental assets in at-risk youth: A quasi-experimental study. Proquest.
- Oman, R. F., Vesely, S., McLeroy, K., Harris-Wyatt, V., Aspy, C., Rodine, S., & Marshall, L. (2002). Reliability and validity of the Youth Asset Survey (YAS). *Journal of Adolescent Health, 31*, 247-255.

Youth Asset Survey

This is not a test with right and wrong answers. It is simply a survey of attitudes, beliefs, and behaviors of teenagers like you. Please check the answer you most agree with. Would you please answer the way you really feel? Please do not put your name on the survey. We want you to feel completely safe to answer each of the questions and know that no one will be able to identify the survey that you filled out. Thank you for your contribution.

Please check the circle that best describes how you and your family feel about school.

	Not important at all	Somewhat important	Very important	Extremely important
1. How important is it to your family that you continue your education after high school?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2. As you look to your future, how important is it to you to stay in school?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Please check the circle that best describes how much you talk to your parents or legal guardian.

	Almost never	Some of the time	Usually	Almost always
3. How often do you talk to your mother, father, or legal guardian about your problems?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4. How often does your mother, father, or legal guardian try to understand your point of view?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5. How often does your mother, father, or legal guardian tell you he or she loves you and wants good things for you?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

These questions are about adults OTHER than your parents. Please check the circle that best describes how much you agree or disagree with each one.

	Strongly agree	Agree	Disagree	Strongly disagree
6. Most of the adults you know are good role models for you.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
7. You know adults who encourage you often.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
8. You know at least one adult you can talk with about personal problems.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
9. At least one of your teachers would help you if you had a problem or were upset.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
10. There is a clear set of rules for students to follow.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
11. There is an adult at your school who cares about you.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
12. You want to do well in school.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

These questions are about your closest friends. Please check the circle that best describes how much each happens.

	Almost never	Some of the time	Usually	Almost always
13. Do most of your friends follow the rules their parents make for them?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
14. Do most of your friends stay out of trouble?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
15. Do most of your friends do well in school?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
16. Do most of your friends choose healthy behaviors or activities?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
17. Are most of your friends responsible?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
18. You have learned to stay away from people who might get you into trouble.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

These questions are about things you do. Please check the circle that best describes how much you do each of them.

	Almost never	Some of the time	Usually	Almost always
19. You participate in an organized school activity outside of class.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

	Not at all	Somewhat involved	Very involved
20. You participate in school sports teams or groups such as swim team, cheerleading, or soccer.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

21. You participate in church, religious activities.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
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22. You participate in out-of-school clubs or groups such as Boy or Girl Scouts, volunteer or community service groups.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
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23. You participate in out-of-school sports team or groups.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
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	None	Once	Twice	Three or more
24. About how many TIMES each week do you participate in organized activities after school hours? These can be related to your school, church or synagogue, youth groups, sports, lessons or other activities.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

	Once a week	About once a month	One or two times a year	Never
25. On average, how often did you attend religious services during the past 12 months?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Please check the circle that best describes you.

	Very much like you	Mostly like you	A little like you	Not at all like you
26. You volunteer on a regular basis to help others in your community.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
27. You work to make your community a better place.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
28. You know where to volunteer in your community.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
29. You are a person who is proud to be part of your community.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
30. You are a person who tells others about your community.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
31. You think you should work to get something, if you really want it.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
32. You know how to organize your time to get all your work done.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
33. You make decisions that help you achieve your goals.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
34. You take good care of your body by eating well and exercising.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
35. You can say no to activities that you think are wrong.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
36. You can identify the positive and negative consequences of behavior, and choose appropriately.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
37. You try to make sure that everyone in a group is treated fairly.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>