

# Looking Through the Kaleidoscope of Cannabis

Presumptions. Policy. Practice.









9:00AM REGISTRATION, NETWORKING + REFRESHMENTS

9:30AM INTRODUCTIONS

Cyril Cromwell, Learning and Development Manager

YouthREX

9:35AM WELCOMING + OPENING REMARKS

Dr. JJ McMurtry

Dean, Faculty of Liberal and Professional Studies

York University

Jamil Jivani

Special Advisor to the Premier

10:00AM KEYNOTE PRESENTATION

Looking Through the Kaleidoscope of Cannabis

Dr. Oyedeji Ayonrinde

Associate Professor, Psychiatry and Psychology

Queen's University

11:20AM CANNABIS AND YOUTH CERTIFICATE LAUNCH

David Willis

Director of Strategy and Systems Management

East Metro Youth Services

11:30AM Q+A with Dr. Ayonrinde

12:00PM LUNCH

1:00PM PLAY TO LEARN: Part One

1:15PM ROUNDTABLE DISCUSSIONS

2:15PM PLAY TO LEARN: Part Two

3:15PM CLOSING REMARKS

Dr. Maurice Poon

Director and Associate Professor School of Social Work, York University

# Roundtable Discussion Questions

**01.** Concerns have been raised that communities that experienced the legal consequences of the stigmatization and criminalization of cannabis are being left out of the economic benefits of this new industry.

How can youth benefit from the economic opportunities that come from the legalization of cannabis? What are the pros and cons?

**02.** Many youth self-medicate with cannabis in the absence of effective mental health supports. Others find cannabis use preferable to more traditional therapeutic options.

How can youth be supported in recognizing when cannabis use becomes more harmful than helpful in their lives?

**03.** The cannabis landscape is constantly shifting. As an industry that is driven by the goals of maximizing profit, there are several presumptions and myths that are sometimes not upheld by facts.

How do we support youth in critically analyzing the information they receive about cannabis and making decisions that are best for their wellbeing?

**04.** What current and emerging challenges do youth face as a result of the legalization of cannabis? What challenges does your sector face in supporting these youth?



DR. OYEDEJI (DEJI) AYONRINDE is an Associate Professor in the departments of Psychiatry and Psychology at Queen's University in Kingston, Ontario. He was the Medical Director of the Early Psychosis Intervention Programme in South East Ontario and currently works with the Providence Care Hospital ACT Team. His research interests include youth mental health, cannabis and psychosis, knowledge translation, and cultural mental health.

Dr. Ayonrinde has specialist qualifications in both psychiatry and addictions, and he has been involved in numerous cannabis knowledge translation initiatives. He has supported several Health Canada initiatives regarding cannabis literacy as well as learning programs in the UK, USA, and Australia. He has received a number of knowledge and innovation awards, including the Canadian Partners in Research, National Biomedical Science Ambassador Award (2019) for cannabis awareness initiatives, and has also worked in conjunction with the Smith's Business School targeting youth populations. Some of the cannabis literacy initiatives have involved the Canadian Armed Forces, health and educational organizations, as well as First Nation populations. Dr. Ayonrinde is involved in the development of cannabis knowledge media, games, and activities for professionals, youth, and families.

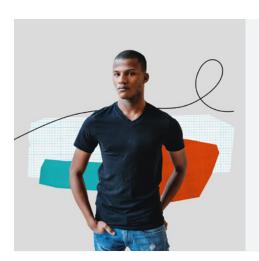
## **LEARN WITH US!**

### FREE CERTIFICATE OPPORTUNITY!

YouthREX is offering a free Cannabis and Youth Certificate for Youth Workers.

This certificate offers 16 lessons organized around five modules that cover the context of cannabis, legalization and how it affects young people, supportive practices when working with young people, and theoretical and practice frameworks to support this work.

### SIGN UP TODAY AT YOUTHREX.COM



### SAVE THE DATE!

Webinar on Thursday, February 27 | 5pm - 6:30pm

# Navigating Quicksand: Supporting Crossover Youth

Join us for this conversation with Dr. Judy Finlay and Justice Brian Scully, Co-founders of the Crossover Youth Project, to learn about the challenges that youth involved with both the welfare and criminal justice systems face, and how you can support their wellbeing.

