

# 2019/2020 ANNUAL REPORT

## DASHBOARDS

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[www.youthrex.com](http://www.youthrex.com)  
@REXforYouth

**YouthREX's vision** is an Ontario where shared knowledge is transformed into positive impact for all youth.

**Our mission** is to make research evidence and evaluation practices accessible and relevant to Ontario's youth sector through knowledge exchange, capacity building, and evaluation leadership.

## AREAS OF WORK



### OBJECTIVE ONE

## Knowledge Exchange

### FACILITATING SHARED KNOWLEDGE

Knowledge Exchange deliverables facilitate the exchange of knowledge between diverse youth sector stakeholders (including youth, youth workers, policy makers and academics) in formats such as webinars, factsheets, and evidence briefs that are accessible, timely and relevant through our Knowledge Hub. Knowledge Exchange supports youth work practice and amplifies the voices and experiences youth and youth workers.

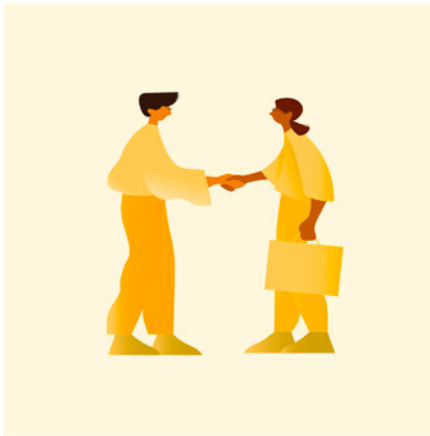


### OBJECTIVE TWO

## YouthREX ED

### FACILITATING SHARED LEARNING

YouthREX ED offers free professional development opportunities for youth workers to learn, connect and share through certificates, workshops, and opportunities for dialogue, online and offline. We also partner with organizations to provide custom workshops on topics related to youth wellbeing, program development and evaluation.

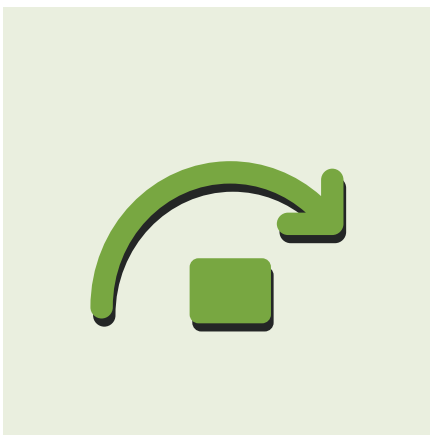


### OBJECTIVE THREE

## Youth Program Supports

### FACILITATING EVIDENCE-INFORMED YOUTH WORK

YouthREX works with youth programs to support the design, development and evaluation of their work with young people. A continuum of services to support evidence-informed youth programs across Ontario allow us to meet organizations where they are.



### STRATEGIC PARTNERSHIPS

## Beyond the Deliverables

In 2019/2020, YouthREX undertook several initiatives that go beyond our contractual deliverables with the ministry. These initiatives allowed us to be fully responsive to new opportunities in Ontario's youth sector. We continued our partnership with Strides (formerly known as EMYS) to support the professional development of Youth Outreach Workers (YOWs) across Ontario through the YOW Learning Hub. We developed two new initiatives with Strides: an Anti-Black Racism Training for Child and Youth Mental Health Core Service Provider Staff and a Cannabis Education Project.

**OBJECTIVE ONE**  
**KNOWLEDGE**  
**EXCHANGE**

## Objective One: Knowledge Exchange

DELIVERABLES	2019/2020 FISCAL YEAR ACCOMPLISHMENTS
Maintain/upgrade the eXchange for Youth Work	Redesigned and integrated website launched on <b>November 18, 2019</b> , featuring new Knowledge Hub.
Develop and launch Community Board	Community Board <b>launched as feature of redesigned and integrated website, released on November 18, 2019.</b>
Curate and create <b>100</b> NEW resources	<b>182</b> NEW resources created and curated for the Library for Youth Work / Knowledge Hub.
<b>20</b> Research Summaries	<b>20</b> developed and shared on the Knowledge Hub.
<b>10</b> Factsheets	<b>10</b> developed and shared on the Knowledge Hub.
<b>10</b> Blog Posts	<b>2</b> written and posted on the eXchange, and <b>2</b> <i>reposted</i> blog posts published. Newly-designed blog launched as part of the new website on <b>April 28, 2020</b> ; between April 1 and June 30, <b>8</b> written and posted, and <b>3</b> <i>reposted</i> blog posts published.
<b>10</b> Multimedia Resources	<b>19</b> created and curated for the Knowledge Hub.
<b>5</b> Research to Practice (RtP) Reports	<b>15 Evidence Briefs</b> developed and shared on the Knowledge Hub, as part of the collection of briefs featured in the new <b>Good Youth Work Practices</b> section of the website; <b>1</b> Research to Practice Toolkit released; <b>2</b> RtP Reports in development.
<b>6</b> webinars	<b>6</b> webinars hosted and archived on the Knowledge Hub.
Develop and launch virtual <b>Communities of Practice (CoPs)</b> to be moderated on the eXchange for Youth Work	<b>REX Virtual Café</b> , featuring five online Communities of Practice (CoPs), is in the pilot stage of development, to be launched in the summer of 2020 at <b>Cafe.YouthREX.com</b> .
Host <b>2</b> face-to-face CoPs	<b>4</b> face-to-face CoPs hosted for <b>84</b> participants - <b>1</b> in <b>Sudbury</b> , <b>3</b> in <b>Toronto</b> .
<b>Knowledge to Action (KtA) Exchange</b> biennial event hosted in Fall 2018	N/A
Host <b>6</b> Partnership Events across Ontario, in partnership with aligned organizations	<b>7</b> events held in <b>Toronto, Ottawa, Peterborough, Sudbury &amp; London</b> ; <b>1</b> event in Toronto cancelled due to COVID-19.
Share lessons learned and contribute to the youth sector evidence base: Publish <b>2</b> refereed publications and give <b>2</b> refereed presentations	<b>2</b> publications, <b>1</b> publication under review, and <b>7</b> presentations.

## A1 | Research Summaries (n=20)

	CTIATION (APA)
01	Ferrer, A. M., & Menendez, A. (2014). The puzzling effects of delaying schooling on Canadian wages. <i>Canadian Public Policy</i> , 40(3), 197–208.
02	Jenkins, E. K., Slemon, A., & Haines-Saah, R. J. (2017). Developing harm reduction in the context of youth substance use: Insights from a multi-site qualitative analysis of young people’s harm minimization strategies. <i>Harm Reduction Journal</i> , 14(1).
03	Haines-Saah, R. J., Mitchell, S., Slemon, A., & Jenkins, E. K. (2018). ‘Parents are the best prevention’? Troubling assumptions in cannabis policy and prevention discourses in the context of legalization in Canada. <i>International Journal of Drug Policy</i> .
04	Shier, M. L., Gouthro, S., & de Goias, R. (2018). The pursuit of social capital among adolescent high school aged girls: The role of formal mentor-mentee relationships. <i>Children and Youth Services Review</i> , 93, 276-282.
05	Williamson, D. (2017). Collecting and using youth development outcomes data to improve youth work practice. <i>Queensland Review</i> , 24(1), 123-128.
06	Ortiz, R., & Sibinga, M. (2017). The role of mindfulness in reducing the adverse effects of childhood stress and trauma. <i>Children</i> , 4(16), 1-19.
07	Meltzer, A., Muir, K., & Craig, L. (2018). The role of trusted adults in young people’s social and economic lives. <i>Youth &amp; Society</i> , 50(5), 575-592.
08	Kuperminc, G. P., Seitz, S., Joseph, H., Khatib, N., Wilson, C., Collins, K., & Guessous, O. (2019). Enhancing program quality in a national sample of after-school settings: The role of youth-staff interactions and staff/organizational functioning. <i>American Journal of Community Psychology</i> , 63(3-4), 391-404.
09	Chechak, D. J., Dunlop, J. M., & Holosko, M. J. (2019). Evaluating youth drop-in programs: The utility of process evaluation methods. <i>Canadian Journal of Program Evaluation</i> , 34(1), 152-164.
10	Rose, T., Sharpe, T., Shdaimah, C., & de Tablan, D. (2018). Exploring coping among urban youth through photovoice. <i>Qualitative Social Work</i> , 17(6), 795-813.
11	Stark, M. D., Quinn, B. P., Hennessey, K. A., Rutledge, A. A., Hunter, A. K., & Gordillo, P. K. (2019). Examining resiliency in adolescent refugees through the Tree of Life activity. <i>Journal of Youth Development</i> , 14(2), 130-152.
12	Collins, S. B., Schormans, A. F., Watt, L., Idems, B., & Wilson, T. (2018). The invisibility of disability for homeless youth. <i>Journal of Social Distress and the Homeless</i> , 27(2), 99-109.
13	Rumping, S., Boendermaker, L., & Ruyter, D. (2019). Stimulating interdisciplinary collaboration among youth social workers: A scoping review. <i>Health and Social Care in the Community</i> , 27(2), 293-305.

14	Lindsay, S., Duncanson, M., Niles-Campbell, N., McDougall, C., Diederichs, S., & Menna-Dack, D. (2018). Applying an ecological framework to understand transition pathways to post-secondary education for youth with physical disabilities. <i>Disability and Rehabilitation</i> , 40(3), 277-286.
15	Finlay, J., Scully, B., Eaton-Kent, M., Farrell, T-R., Dicks, P., & Salerno, J. (2019). Cross-over youth project: Navigating quicksand. Toronto, ON: Cross-Over Youth Project.
16	Hess, J. (2018). Detroit youth speak back: Rewriting deficit perspectives through songwriting. <i>Bulletin of the Council for Research in Music Education</i> , 216, 7-30.
17	Griffith, A., & Johnson, H. (2019). Building trust: Reflections of adults working with high-school-age youth in project-based programs. <i>Children and Youth Services Review</i> , 96, 439-450.
18	Free, J. L. (2020). "We're brokers": How youth violence prevention workers intervene in the lives of at-risk youth to reduce violence. <i>Criminal Justice Review</i> , 1-22.
19	Baird, K., McDonald, K. P., & Connolly, J. (2019). Sex trafficking of women and girls in a southern Ontario region: Police file review exploring victim characteristics, trafficking experiences, and the intersection with child welfare. <i>Canadian Journal of Behavioural Science</i> , 52(1), 8-17.
20	Anucha, U., Srikanthan, S., & Houwer, R. (2020). Engaging youth in research: Lessons from community-engaged research with urban youth. In S. Todd, & J. Drolet (Eds.), <i>Community Practice and Social Development in Social Work</i> (pp. 1-21).

## A2 | Factsheets (n=10)

	TITLE	SOURCE(S)
01	8 Things to Know About Cannabis Legalization and Youth in Ontario	Environmental Scan
02	How You Can Be an Ally in Working Against Anti-Black Racism	Literature Review
03	Understanding Youth Cannabis Use in Ontario	Literature Review
04	5 Questions About Weed Answered	Literature Review
05	Understanding the Complexities: Providing Support to Trans Youth	YouthREX
06	10 Tips for Engaging Boys and Young Men in Gender Equity	NextGen Men
07	Four Promising Practices to Support Indigenous Youth Experiencing Homelessness	Literature Review
08	Enacting Hope in Working With Young People	Literature Review
09	Mindfulness 101	YouthREX Toolkit
10	How to Practice Mindfulness	YouthREX Toolkit

## A3 | Blog Posts (n=10-6)

\* Our Blog was relaunched on April 28, 2020. An additional 8 blogposts were posted between April 01, 2020 and June 30, 2020

	TITLE	AUTHOR	DATE
01	Is Ecotherapy Beneficial When Working With Youth? (Youth Work)	Danielle Musselman, YouthREX Research Assistant	April 24, 2019
02	A Process of Discovery: Tips for Evaluating Your Work with Youth (Evaluation)	Laura Sygrove, Co-Founder & Executive Director, New Leaf Foundation	July 22, 2019
03	<b>REPOST</b> Community of Practice Reflects on a Culture of Collaboration (Events, Youth Work)	Office of Public Affairs for the Bahá'í Community of Canada; reposted from Canadian Bahá'í News Service (December 3, 2019)	December 5, 2019
04	<b>REPOST</b> 'Let's keep up the momentum' – The Need to Expand Policies for Black Youth (News, Research)	Kofi Hope, Senior Policy Advisor, Wellesley Institute; reposted from the Broadbent Institute (February 10, 2020)	February 12, 2020



## A4 | Multimedia (n=10+9)

	TITLE (CREATOR/SOURCE)	CONTENT TYPE
01	Webinar - Part Two: Using the Stages of Change to Support Young People (YouthREX)	Video
02	Addressing Barriers to Youth Work & Employment - Thinking About Mentorship (Baha'i Community of Canada Office; partnership with YouthREX)	Video
03	Webinar: Dr. Carl James - Interrupting Common Misconceptions About Parent Engagement (YouthREX; partnership with Social Planning Network of Ontario)	Video
04	The Power of Mentorship in Youth Employment (Baha'i Community of Canada Office; partnership with YouthREX)	Video
05	Webinar: Widening & Increasing The Participation of Youth in STEM (YouthREX)	Video
06	The Art of Recovery – Through Another Lens (Canadian Mental Health Association / CMHA)	Video
07	This Is Not A Resilience Story   Documentary on Child & Youth Voice (Réseau de Savoir sur l'Équité / Equity Knowledge Network / RSEKN)	Video
08	Webinar - Striking A Chord: The Power of Music Programs for Young People (YouthREX)	Video
09	A Guided Tour Through: Program Logic Models (Australian Institute of Family Studies / AIFS)	Video
10	Teens Talk About Grief: Talking About It (Canadian Virtual Hospice)	Video
11	Cross-Over Youth Project Overview (Cross-Over Youth Project)	Video
12	Teaching Social Emotional Competencies in Mentoring Programs (MENTOR: The National Mentoring Partnership)	Video
13	Hidden: The Voices of Young Carers (The Change Foundation)	Podcast
14	Anti-Oppressive Practice with Cross-Over Youth (Cross-Over Youth Project)	Video
15	Trauma-Informed Practice with Cross-Over Youth (Cross-Over Youth Project)	Video
16	Looking Through the Kaleidoscope of Cannabis (YouthREX)	Video
17	Why Mentors Matter: Diverse Approaches to Mentorship that Lead to Success (Obama Foundation)	Video
18	Webinar: Navigating Quicksand: Supporting Cross-Over Youth (YouthREX)	Video
19	Webinar: Challenging Islamophobia in the Ontario Youth Sector (YouthREX)	Video

## A5 | Research To Practice Reports (n=5-2)

\*Decision was made in the 2019 program plan to prioritize Evidence Briefs over RtPs as our stakeholders find Evidence Briefs more accessible. 15 Evidence Briefs in total were completed and released.

<b>01</b>	Mindfulness-Based Programs for Youth: A Toolkit for Youth Workers
<b>02</b>	Building Community Capacity to Support Newcomer Youth ( <i>in development</i> )
<b>03</b>	Building the Capacity of Youth Workers to Support Mental Health Literacy for Youth and Families ( <i>in development</i> )

## A6 | Webinars (n=6)

	TITLE	# of ATTENDEES	FEATURED PRESENTERS
<b>01</b>	Part Two: Using The Stages of Change to Support Young People	80 (227 registered)	Facilitated by Vivian Oystriick (YouthREX); with Likwa Nkala (East Metro Youth Services) & Myles Soulliere (New Beginnings)
<b>02</b>	Dr. Carl James - Interrupting Common Misconceptions About Parent Engagement (in partnership with the Social Planning Network of Ontario)	approx. 200 (250+ registrants)	Partnership with Social Planning Network of Ontario; featuring Dr. Carl James & Yvonne Kelly
<b>03</b>	Widening & Increasing the Participation of Youth in STEM	38 (78 registered)	Facilitated by Kathe Rogers (YouthREX); with Dr. Eugenia Duodu (Visions of Science Network for Learning); Sheri Lynn Koscielski (Windsor Essex FIRST Robotics); Doina Oncel (hEr VOLUTION) & Sanaa Syed (STEMing UP Participant)
<b>04</b>	Striking A Chord: The Power of Music Programs for Young People	33 (58 registered)	Facilitated by Kathe Rogers (YouthREX); with Karen Burke (Carswell Chair in Community Engaged Research in the Arts, York University), Corey Butler (Zamar Music Productions Inc.), Alison Curcio & Vanessa Chase (Regent Park School of Music), Andrew Gesing (OrKidstra), Thomass Muir (Graduate, Regent Park School of Music) & Yuki Numata Resnick (Buffalo String Works)
<b>05</b>	Navigating Quicksand: Supporting Cross-Over Youth	42 (121 registered)	Facilitated by Kathe Rogers (YouthREX); with Dr. Judy Finlay, Justice Brian Scully, Matthew Eaton-Kent & Jessica Salerno (Cross-Over Youth Project) and Child & Youth Worker Shantel Hyndman
<b>06</b>	Challenging Islamophobia in the Ontario Youth Sector	57 (101 registered)	Facilitated by Aasiyah Khan (National Council of Canadian Muslims); with Habon Ali (Youth Community Advocate & Organizer), Ayesha Syed (Teacher, Facilitator & Organizer) & Gilary Massa (Toronto District School Board)

## A7 | Face-To-Face Community of Practice Gatherings (n=2+2)

	TITLE	LOCATION	DATE	# OF ATTENDEES
01	Mindfulness Arts-Based Methods with Children & Youth in the Classroom (with a social worker and MSW placement student from the Rainbow District School Board)	Sudbury	June 4, 2019	12
02	The Power of Mentorship in Youth Employment Outcomes (with the Baha'i Community of Canada)	Toronto	June 13, 2019	24
03	Pathways to Youth Employment (with the Baha'i Community of Canada; final CoP in a three-part series)	Toronto	November 19, 2019	20
04	Myriagone and YouthREX (with Myriagone - Chaire McConnell-Université de Montréal en mobilisation des connaissances jeunesse)	Toronto	February 4, 2020	28

## A8 | Partnership Events (n=6+2)

	TITLE	PARTNER(S)
01	Design Your Future: Black Youth Legacy Conference April 18, 2019. Toronto, ON	Markham African Caribbean Canadian Association
02	2019 Ontario Association of Child & Youth Care Conference (Platinum Sponsor) June 5-7, 2019. Peterborough, ON	Ontario Association of Child & Youth Care (OACYC)
	Oshkimaadizijik inéwin: Youth Voices on Reconciliation // 4 Youth Gatherings	Dr. Joey-Lynn Wabie, YouthREX's Academic Director of Indigenous Initiatives
03	July 20 & 21, 2019. Toronto, ON	
04	July 25 & 26, 2019. Ottawa, ON	
05	August 6 & 7, 2019. Sudbury, ON	
06	August 14 & 15, 2019. London, ON	
07	Looking through the Kaleidoscope of Cannabis: Presumptions. Policy. Practice. February 10, 2019. Toronto, ON & Livestream	Strides Toronto; York Research Chair in Youth and Contexts of Inequity (York University) 40 attended in-person // 130 on the livestream
08	Trauma and Resiliency Forum March 2020. Toronto, ON <i>Cancelled due to COVID-19.</i>	Nene Kwasi Kafele, YouthREX's Community Scholar in Residence

## A9 | Refereed Publications (n=2+1)

	TITLE	PUBLICATION DATE
01	Shapiro, S. J., & Oystriick, V. (2018). Three steps toward sustainability: Spreadsheets as a data-analysis system for non-profit organizations. <i>Canadian Journal of Program Evaluation</i> , 33(2), 247-257. <a href="https://doi.org/10.3138/cjpe.31157">https://doi.org/10.3138/cjpe.31157</a>	Fall 2018 (not previously reported)
02	Dlamini, S. N., & Anucha, U. (2019). Young women in leadership and community participation: gender, race and urban life. <i>Youth Voice Journal</i> , X(1), 100-118. <a href="https://bit.ly/38nkkUJ">https://bit.ly/38nkkUJ</a>	December 2019
03	Bean, C., Rahmani, A., & Anucha, U. (2020). Mixed methods process evaluation of an online program evaluation certificate for youth sector stakeholders. <i>Canadian Journal of Program Evaluation</i> .	under review

## A10 | Presentations (n=2+5)

	TITLE / LOCATION / DATE	PRESENTERS
01	Building Capacities for Evaluation through Partnerships Between Universities and Community Non-Profits: A Story of Research and Relationships Canadian Evaluation Society 2019 Conference, Halifax   May 28, 2019	Sidney Shapiro, Vivian Oystriick
02	Three Steps Towards Sustainability: Spreadsheets as a Data-Analysis System for Non-Profit Organizations Canadian Evaluation Society 2019 Conference, Halifax   May 28, 2019	Sidney Shapiro, Vivian Oystriick
03	The Politics of Evidence: The YouthREX Model for Supporting Youth Sector Organizations with Program Evaluation 2019 Ontario Association of Child & Youth Workers Conference, Peterborough   June 5, 2019	Uzo Anucha
04	Re-Imagining Evaluation as a Storytelling Tool 2019 Ontario Association of Child & Youth Workers Conference, Peterborough   June 7, 2019	Travonne Edwards
05	Transforming Shared Knowledge for Youth Wellbeing in Ontario: The YouthREX Story Myriagone Chaire McConnell- UdM en Mobilisation des Connaissance Jeunesse, Université de Montréal, Montreal   November 15, 2019	Uzo Anucha
06	Examining the Reach and Effectiveness of an Online Program Evaluation Certificate for Youth Work Stakeholders 18th Annual Hawaii International Conference on Education, Honolulu   January 6, 2020	Corliss Bean, Ashkan Rahmani, Uzo Anucha
07	Mixed Methods Process Evaluation of an Online Program Evaluation Certificate for Youth Sector Stakeholders 18th Annual Hawaii International Conference on Education, Honolulu   January 7, 2020	Corliss Bean, Ashkan Rahmani, Uzo Anucha

## A11 | Evidence Briefs (n=15)

01	10 Good Practices for School-Based Mentoring Programs
02	Youth Weapon Carrying
03	Mentorship and Employment: Six Key Questions
04	Delivering Group Programming for LGBTQ+ Youth
05	Six Good Practice Principles for Positive Youth Development
06	Seven Good Practices for Encouraging Youth to Attend Post-Secondary School
07	Approaches & Strategies for Effective Community Asset Mapping
08	Nine Good Practices for Engaging Youth in Substance Use Prevention Programs
09	Seven Considerations & Recommendations for Mentoring Programs Serving Black Youth
10	Project-Based Learning: Six Promising Practices for Real-World Problem Solving with Students
11	Five Promising Practices for Music Education Programs to Impact Social & Emotional Learning
12	Seven Best Practices for Agency-Based Violence Prevention Programs in Urban Settings
13	Seven Promising Practices to Support Youth with Social-Emotional Challenges
14	Six Best Practices for Effective Teen Dating Violence Intervention Programs
15	Four Promising Practices to Inform Mentorship Programs Supporting Challenged Academically-Driven Youth

## A12 | Communications

01	YouthREX Newsletters (as of June 30, 2020) <a href="https://youthrex.com/newsletter">https://youthrex.com/newsletter</a>	17 newsletters to 5,030 subscribers
02	Twitter Followers (as of June 30, 2020)	2,925
03	Instagram Followers (as of June 30, 2020)	1,214
04	Facebook Page Likes (as of June 30, 2020)	548

**OBJECTIVE TWO**  
**YOUTHREX ED**

## Objective Two: YouthREX ED

DELIVERABLES	2019/2020 FISCAL YEAR ACCOMPLISHMENTS
Critical Youth Work Certificate <b>3 offerings for 60 learners</b>	<b>3 offerings</b> (1 in London and 2 in Toronto) for <b>70 learners</b> .
Online Program Evaluation Certificate <b>2 offerings for 200 learners</b>	<b>2 offerings</b> (Fall 2019 & Winter 2020) for <b>326 learners</b> .
Advanced Online Program Evaluation Certificate <b>2 offerings for 100 learners</b>	<b>2 offerings</b> (Spring 2019 & Winter 2020) for <b>120 learners</b> .
<b>6 workshops for 120 learners</b>	<b>7 workshops for 170 learners</b>

### B1 | Critical Youth Work Certificate (n=3)

REGION (CITY)	COHORT & DATE	# OF APPLICANTS	# OF LEARNERS
Central (Durham)	Summer 2019	41	19
Southwest (London)	Fall 2019	74	26
Central (Toronto)	Winter 2020	81	25

### B2 | Online Certificate: Program Evaluation for Youth Wellbeing (n=2)

DATE	# OF APPLICANTS	# OF LEARNERS
Fall 2019	396	216
Winter 2020	125	110

### B3 | Online Certificate: Advanced Online Program Evaluation Certificate (n=2)

DATE	# OF APPLICANTS	# OF LEARNERS
Spring 2019	168	109
Winter 2020	127	111

### B4 | Beyond the Deliverables: Online Certificate Cannabis and Youth: A Certificate for Youth Workers

Launched February 10, 2020	# OF APPLICANTS	# OF LEARNERS
As of March 31, 2020	1,494	677
As of June 30, 2020	2,272	1,050

### B5 | YouthREX Workshops (n=6+2)

	TITLE	DATE	CITY	# of LEARNERS
01	Transtheoretical Model: Processes of Change	April 3, 2019	Sudbury	15
02	Intentional Program Development: A Workshop for Youth Programs	May 15, 2019	Windsor	24
03	Youth Engagement in Action! From Programs FOR Youth to Programs WITH Youth	June 11, 2019	Owen Sound	36
04	Anti-Oppressive Practice in Youth Work: Towards Transformative Leadership	September 26, 2019	London	22
05	Critical Positive Youth Development (customized for the Regent Park School of Music in Toronto)	September 15, 2019	Toronto	15
06	Evaluation 101: Data Collection	November 8, 2019	Toronto	30
07	Intentional Program Development: A Logic Model Workshop for Youth Programs	January 31, 2020	London	38
08	Supporting Healthy Youth Through Relationships: Evidence-Based Strategies to Improve How We Work, Play & Grow with Youth (partnership with the Healthy Youth Network) <i>Cancelled due to COVID-19.</i>	March 30, 2020	Flamborough	n/a



## B6 | Beyond the Deliverables: Youth Outreach Worker Anti-Black Racism Workshops with East Metro Youth Services

	<b>TITLE</b>	<b>DATE</b>
01	Leading and Managing Effective Mental Health Services for Black Youth: Training for Managers // 23 registrants	September 11 – 12, 2019
02	Anti-Black Racism Training for Child and Youth Mental Health Staff: Training for Clinicians // 34 registrants	September 18 – 19, 2019
03	Anti-Black Racism Training for Child and Youth Mental Health Staff: Training for Clinicians // 34 registrants	October 2 – 3, 2019
04	Anti-Black Racism Training for Child and Youth Mental Health Staff: Training for Clinicians // 37 registrants	October 9 – 10, 2019
05	Anti-Black Racism Training for Child and Youth Mental Health Staff: Training for Clinicians // 36 registrants	November 20 – 21, 2019
06	Leading and Managing Effective Mental Health Services for Black Youth: Training for Managers // 36 registrants	November 27 – 28, 2019

**OBJECTIVE THREE**  
**YOUTH PROGRAM**  
**SUPPORTS**

## Objective Three: Youth Program Supports

DELIVERABLES	2019/2020 FISCAL YEAR ACCOMPLISHMENTS
15 Data Requests	5 Data Requests from organizations were completed.
15 Evidence Requests	13 Evidence Requests from organizations were completed.
30 Customized Intentional Program Design	11 Program Design consultations were conducted.
20 Customized Intentional Program Development	33 Program Development supports were provided.
20 Customized Evaluation Consultations	33 Evaluation Consultations were conducted.
10 Customized Evaluation Supports	25 organizations received Customized Evaluation Supports.
<b>Total</b>	<b>120 Youth Program Supports Provided</b>

## C1 | Case Breakdown by Hub/Region & Service

YOUTHREX HUB/ REGION	KNOWLEDGE EXCHANGE		INTENTIONAL PROGRAM DESIGN		PROGRAM EVALUATION		TOTAL
	Data Request	Evidence Request	Program Design	Program Development	Evaluation Consultations	CES	
Central	1	9	3	13	19	9	54
Southwestern	3	2	7	11	10	13	46
Eastern	1	1	1	7	4	3	17
Northern	0	1	0	2	0	0	3
<b>TOTAL CASES</b>	<b>5</b>	<b>13</b>	<b>11</b>	<b>33</b>	<b>33</b>	<b>25</b>	<b>120</b>

## C2 | List of Organizations Supported By Region

**NOTE: Some organizations received more than one support, and some organizations received support for more than one of their youth programs; organizations may also have received more than one Data Request and/or Evidence Request.**

\* Denotes OBYAP-funded programs

### CENTRAL HUB

#### Data Requests

Canadian Gap Year Association

#### Evidence Requests

360°kids

Big Brothers Big Sisters Peel

Camp Kirk

I-THINK

IB Mentorship Program, St. John Paul II Catholic Secondary School

REVIVE

Radius Child & Youth Services

Toronto Strong Neighbourhood Strategy 2020 (City of Toronto)

Youth Voice Collective Caledon

#### Program Design

Boys and Girls Clubs of Hamilton

Canadian Gap Year Association

Canadian Gap Year – Gap Year Certification Program

#### Program Development

City of Toronto Parks, Forestry and Recreation/Enhanced Youth Spaces

Common Compass

Friends of Ruby

Gashanti

IB Mentorship Program, St. John Paul II Catholic Secondary School

Jessies Centre – Counselling Program

LetsStopAIDS –LiveLifeLoving

REVIVE – The Black Youth Resilience Project

Rise in STEM

Scarborough Centre for Healthy Communities – Child Youth Health Promotion

Skylark Children, Youth & Families – Harm Reduction Program

Tropicana Community Services – Defy Your Label

Youth Assisting Youth – The Empowerment Project

#### Evaluation Consultations

Empowerment Squared – Youth Mentorship\*

Halton Women’s Place – Healthy Relationships = Healthy Communities

Hockey 4 Youth – Let Kids Play Foundation

I-THINK

Jane Finch Community Tennis Association

Jessie’s Centre

Jessies Centre – Counselling Program

John Howard Society of York Region – HYPE

LetsStopAIDS – LiveLifeLoving

Lifted by Purpose

Network for the Advancement of Black Communities (NABC)\*

New Age Ministry – Cultural Mentoring Program\*

Peel Region Black Youth

Skylark Children, Youth & Families – Harm Reduction Program

Tropicana Community Services – Defy Your Label

Tropicana Community Services – Together We Can

Mentorship Program

Turning Tables Media – Turning Tables Tour

Voice of Purpose

#### Customized Evaluation Supports (CES)

Canadian Roots Exchange –Toronto Youth Reconciliation Initiative

CEE Centre for Young Black Professionals

Halton Women’s Place – Healthy Relationships = Healthy Communities

New Leaf – Yoga& Mindfulness-based Program

Reading Partnership for Black Parents

Regent Park School of Music

BITES

ROOTS Community Services Inc. – OBYAP Mentorship\*

We Matter

York Region District School Board Connex Youth Mentorship Program

## SOUTHWESTERN HUB

### Data Requests

CommUnity Partnership

EYOW – Rapha Christian Centre\*

West Elgin Community Health Centre

### Evidence Requests

West Elgin Community Health Centre

Windsor Women Working with Immigrant Women

### Program Design

Blenheim Youth Centre – Youth Action Council

Chatham Kent Children’s Services

London and Middlesex Children’s Aid Society

LEADS

Youth Action Committee

Youth Collective

Youth Diversion/Youth Outreach Program

### Program Development

Bluewater Family Supports– Child and Youth Program

Boys & Girls Clubs of London– JR MAP PROGRAM

Family and Child Support Program

Firehorse

FUSION

Halton Women’s Place

WAYS Mental Health

NEW – CMHA Middlesex –Transitional Residential Treatment Facility

Windsor Pride – SchoolsOUT!

YouthFIRST

Youth Job Connect

### Evaluation Consultations

Firehorse –Learn and Lead

FUSION

Halton Women’s Place – Healthy Relationship = Healthy Communities

Sandwich Teen Action Group

Windsor Youth Centre

WRIST

YouthFIRST

Youth Job Connect

### Customized Evaluation Supports (CES)

All Kids Belong

Blenheim Youth Centre

Boys & Girls Clubs of London – SENIOR MAP PROGRAM

CMHA Middlesex

Coalition for Justice Unity Equity – Mentorship Program\*

Leads Employment Services/Options

MH100\*

NCCEEP – A Sound Mind\*

## EASTERN HUB

### Data Requests

Nepean, Rideau and Osgoode Resource Centre

### Evidence Request

youturn Youth Support Services

### Program Development

Jaku Konbit – OBYAP – Enhanced Youth Outreach Worker Program\*

North-South Development Roots and Culture Canada – It’s a trap!

OCH Foundation

Parkdale Food Centre/You Grow – Choose Your Potential

Renfrew County Youth Network – Amplify!

SJA Connect – St. John Ambulance

Youth Futures

### Evaluation Consultations

Christie Lake Kids – Leaders in Training

Nepean, Rideau and Osgoode Community Resource Centre – Youth Leadership

Parkdale Food Centre/You Grow – Choose Your Potential

Renfrew County

Youth Network – Amplify!

### Customized Evaluation Supports (CES)

OrKidstra

Parkdale Food Centre – Thirteen

Pinecrest- Queensway Community Health Centre – Together We Can Mentorship\*

## NORTHERN HUB

### Evidence Request

North Bay Parry Sound District Health Unit

### Program Development

Sudbury District Restorative Justice for Youth

Cecil Fraser Youth Centre – Financial Literacy



YouthREX is funded by the Government of Ontario's Ministry of Children, Community & Social Services. Our provincial office is housed at School of Social Work at York University in Toronto, Ontario.

**OUR VISION** is an Ontario where shared knowledge is transformed into positive impact for all youth.

**OUR MISSION** is to make research evidence and evaluation practices accessible and relevant to Ontario's grassroots youth sector through knowledge exchange, capacity building and evaluation leadership.

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