

Colour by Question

This customizable arts-based activity can be used to explore youth's thoughts, experiences, and perceptions through 'yes/no' colour-by-question colouring sheets. This evaluation activity may be ideal for youth who do not speak English as their first language, or who live with developmental and/or learning disabilities.

HOW DOES IT WORK?

Colour by Question colouring sheets are very customizable. Facilitators should be sure to design their sheets and questions related to the program of focus and their evaluation goals.

PREPARATION

1. Prior to the session, facilitators choose the colouring sheet theme. The images chosen should connect to the type or focus of the program (i.e., sports league: use an image of sports equipment; arts program: use an image of art supplies; cooking program: use an image of food or cooking utensils). The images chosen should not be overly complicated for youth to fill in.
2. Facilitators will then colour-code the image to correspond with "yes" or "no" evaluation questions. "Yes" answers will be linked with one or more specific colours (e.g., red, blue, orange), and "no" answers will be linked with one or more different colours (e.g., green, yellow, purple).
3. The number of questions developed should be kept low to preserve the element of fun for this activity, putting the focus on the colouring as opposed to the answering of a questionnaire.
4. See below for two samples of Colour by Question colouring sheets.

WHO IS INVOLVED?

Youth participants and program staff and/or facilitator(s).

WHAT DO I NEED?

- Printed colouring sheets.
- Colouring utensils (such as markers, crayons or pencil crayons).
- Space for youth to colour (tables, chairs or an open area on the floor/ground).

WHEN SHOULD THIS BE DONE?

This activity can be done at any time throughout a program cycle; however, it is encouraged to run the activity towards the beginning of a program session to ensure youth are optimally engaged.

HOW LONG DOES IT TAKE?

10-15 minutes for instruction and implementation.

INSTRUCTIONS

This is an individual activity.

1. Facilitators should explain to the youth how the colouring sheet works:
 - a. Each part of the image on the colouring sheet has a matching “yes” or “no” question, designated by arrows.
 - b. Based on their response to the question, youth will choose the colour they wish to use to colour that part of the sheet. To keep the activity simple, consider only offering two colour choices (one for “yes”, one for “no”); to increase the challenge level of the activity (and facilitate youth autonomy), allow for more than one colour for each of the two responses.
 - If the youth answer “yes” to the question being asked, they then colour that part of the image with the “yes” colour.
 - If the youth answer “no” to the question being asked, they then colour that part of the image with the “no” colour.
 - c. Areas of the image that are not connected to a question can be coloured however the youth choose.
 2. Facilitators should emphasize that sheets do not require a name (to keep the youth’s identity anonymous).
 3. Facilitators should be prepared to help youth read the questions and/or assist with the matching process, as participants will likely have varying levels of literacy skills and cognitive comprehension.
 4. Collect pages from youth when complete to explore their responses. Facilitators can consider debriefing with youth at the end of the activity. Questions may include:
 - a. How did you enjoy that activity? What did you like/not like about it?
 - b. How did the activity make you feel?
 - c. Is there anything you wish to talk about that wasn’t reflected in the colouring sheet?
- b. Facilitators should have a copy of the colouring page available to visually explain the instructions and use as a reference for youth if they are confused on how to complete the activity.
 - c. Ask for the youth (or their caregivers) to take and submit a picture of the completed colouring sheet.
2. Adjusting to a Draw by Colour format:
 - a. Youth will need paper and drawing utensils (the use of specific colours is preferred).
 - b. The facilitator will lead the activity over a live online program session, and ask youth to draw symbols or shapes on their sheet of paper if the statement or question applies to them (for example, “Draw a yellow smiley face if you felt good after attending this program”).
 - c. If facilitators feel youth participants will benefit from visual cues during the activity, they can show youth what to draw by doing it themselves and showing it on camera or by screen sharing a visual cue.
 - d. Facilitators can either ask youth to share what they drew over the video platform, or ask youth (or caregivers) to take and submit a picture.
 3. Facilitators can decide to debrief with youth during a live online program session at the end of the activity.

GOOD TO KNOW

Arts-based methods, like colouring, are a unique way to engage youth voices in evaluation. The colouring element of this activity should also help to enhance participation, as it provides a fun alternative to completing a questionnaire or participating in an interview. The “yes” and “no” questions should be kept simple; avoid complicated, emotion-laden language or abstract concepts. The complexity of the image chosen should meet the skill and interest level of the youth participating. The online considerations are at the discretion of the facilitator, depending on what format is most appropriate for youth.

LEARN MORE

Free downloadable and printable colouring sheets can be found online:

<https://www.crayola.com/featured/free-coloring-pages/>

FACILITATING ONLINE

1. Keeping the formatting and instructions the same:
 - a. Email the colouring activity to the youth participants and have them complete on their own or in a live online program session.

Question 1:
I have learned new art skills in this program.

YES = Yellow, Green or Blue
NO = Red, Orange or Purple

SAMPLE: Art Program



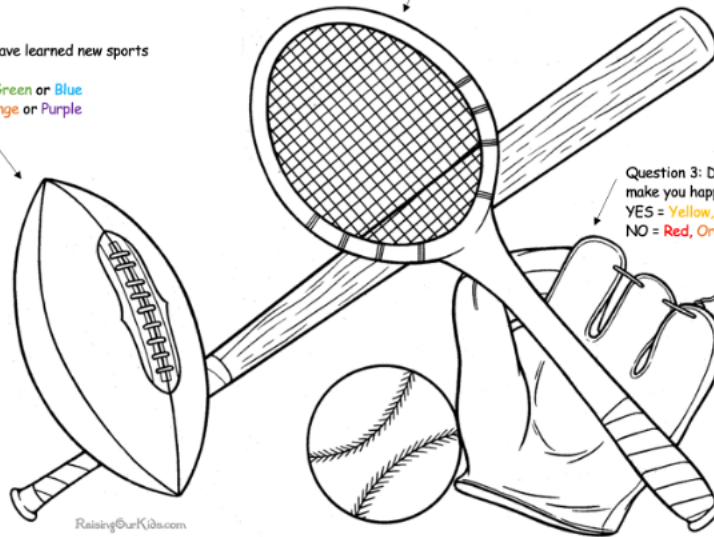
Question 2:
Did you have fun in this program?

Question 3: Does this program make you happy?

SAMPLE: Sports League

Question 1: I have learned new sports skills?
YES = Yellow, Green or Blue
NO = Red, Orange or Purple

Question 2: Did you have fun playing games in this program?
YES = Yellow, Green or Blue
NO = Red, Orange or Purple



Question 3: Does this program make you happy?
YES = Yellow, Green or Blue
NO = Red, Orange or Purple

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