

# 2020/2021 ANNUAL REPORT

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[www.youthrex.com](http://www.youthrex.com)  
@REXforYouth

**YouthREX's vision** is an Ontario where shared knowledge is transformed into positive impact for all youth.

**Our mission** is to make research evidence and evaluation practices accessible and relevant to Ontario's youth sector through knowledge exchange, capacity building, and evaluation leadership.

## AREAS OF WORK



### OBJECTIVE ONE

## Knowledge Exchange

### FACILITATING SHARED KNOWLEDGE

Knowledge Exchange deliverables facilitate the exchange of knowledge between diverse youth sector stakeholders (including youth, youth workers, policy makers, and academics) in formats such as webinars, factsheets, and evidence briefs that are accessible, timely, and relevant through our Knowledge Hub. Knowledge Exchange supports youth work practice and amplifies the voices and experiences of youth and youth workers.

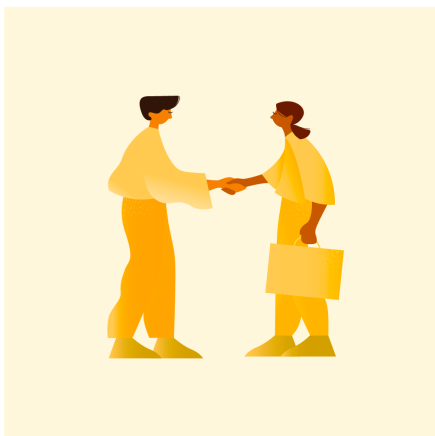


### OBJECTIVE TWO

## YouthREX ED

### FACILITATING SHARED LEARNING

YouthREX ED offers free professional development opportunities for youth workers to learn, connect, and share through certificates, workshops, and opportunities for dialogue. We also partner with organizations to provide custom workshops on topics related to youth wellbeing, program development, and evaluation.

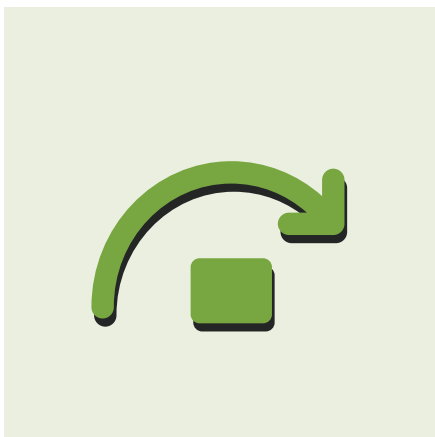


### OBJECTIVE THREE

## Youth Program Supports

### FACILITATING EVIDENCE-INFORMED YOUTH WORK

YouthREX works with youth programs to support the design, development, and evaluation of their work with young people; a continuum of services to support evidence-informed youth programs across Ontario allows us to meet organizations where they are.



### STRATEGIC PARTNERSHIPS

## Beyond the Deliverables

In 2020/2021, YouthREX undertook several initiatives that go beyond our contractual deliverables. These initiatives allowed us to be fully responsive to new and ongoing opportunities in Ontario's youth sector. We continued our partnerships with Strides (formerly known as EMYS) and the Oshkimadizjick inewin: Youth Voices on Reconciliation project, and we engaged in new partnerships with Niche Canada, the Schizophrenia Society of Canada, and Project Heartbeat. We have also been partnering with Dream Legacy Foundation and the Network for the Advancement of Black Communities on the Black Economic Empowerment Project for the Ministry's OBYP work.

**OBJECTIVE ONE**  
**KNOWLEDGE**  
**EXCHANGE**

## Objective One: Knowledge Exchange

DELIVERABLES	2020/2021 FISCAL YEAR ACCOMPLISHMENTS
<p><b>Maintain/strengthen</b> the Knowledge Hub.</p>	<p>Continued development and expansion of the <b>Knowledge Hub</b>, our new online library, redesigned and launched in November 2019 on the new-and-improved youthrex.com.</p> <p>Maintained and promoted our online <b>Community Board</b>.</p> <p>Expanded and promoted <b>REX Virtual Café</b>, our online Community of Practice for youth workers; <b>312 members</b> registered as of March 31, 2021.</p>
<p><b>Curated Resources</b></p>	<p><b>143 NEW</b> resources curated and added to the Knowledge Hub.</p>
<p><b>Created Resources:</b></p>	
<p><b>12</b> Research Summaries</p>	<p><b>13</b> developed and shared on the Knowledge Hub.</p>
<p><b>10</b> Factsheets</p>	<p><b>5</b> developed and shared on the Knowledge Hub.</p>
<p><b>5</b> Multimedia Resources</p>	<p><b>14</b> resources created and shared across our social media channels and/or on the Knowledge Hub (these resources are in addition to archived recordings of live webinars).</p>
<p><b>10</b> Blog Posts</p>	<p><b>17 original posts</b> written and shared on <b>REX Blog</b>, launched on April 28, 2020, and <b>7 reposted</b> blog posts shared.</p>
<p><b>10</b> Evidence Briefs</p>	<p><b>14</b> developed and shared on the Knowledge Hub.</p>
<p><b>6</b> Webinars</p>	<p><b>13</b> hosted and archived on the Knowledge Hub.</p>
<p><b>1 Roundtable Event</b></p>	<p><b>1 virtual Teach-In</b> hosted on February 11, 2021: <i>From Trauma-Informed Care to Healing-Centered Engagement: A Youth Work Teach-In with Dr. Shawn Ginwright</i></p>
<p><b>3-4 Partnership Events</b> with aligned organizations across Ontario.</p>	<p><b>8 online events</b> held with a variety of partners for different audiences in Ontario (and beyond).</p>
<p>Share lessons learned and contribute to the youth sector evidence base: publish <b>2 refereed publications</b> and give <b>2 refereed presentations</b>.</p>	<p><b>3 publications</b> in development, <b>3 online conference presentations</b> delivered, and <b>3 online community presentations</b> delivered.</p>

## A1 | Research Summaries (n=12+1)

	CITATION (APA)
01	Dlamini, S. N., Anucha, U., & Lovell, A. (2015). Defining and analyzing community violence in their community: Jane-Finch youth perception of violence in their Toronto community. <i>Youth Voice Journal</i> .
02	Aston, C., Graves Jr., S. L., McGoey, K., Lovelace, T., & Townsend, T. (2017). Promoting sisterhood: The impact of a culturally focused program to address verbally aggressive behaviors in Black girls. <i>Psychology in the Schools</i> , 55(1), 50–62.
03	Gilbert, D., Harvey, A., & Belgrave, F. (2009). Advancing the Africentric paradigm shift discourse: Building toward evidence-based Africentric interventions in social work practice with African Americans. <i>Social Work</i> , 54(3), 243–252.
04	Ginwright, S. A. (2015). Radically healing Black lives: A love note to justice. <i>New Directions for Student Leadership</i> , 2015(148), 33-44.
05	McMahon, S. M., & Pederson, S. (2020). “Love and compassion not found Elsewhere”: A Photovoice exploration of restorative justice and nonviolent communication in a community-based juvenile justice diversion program. <i>Children and Youth Services Review</i> , 117.
06	Lindsay, S., Cagliostro, E., Leck, J., & Stinson, J. (2019). A 12-week electronic mentoring employment preparation intervention for youth with physical disabilities: Pilot feasibility randomized controlled trial. <i>JMIR Pediatrics and Parenting</i> , 2(1), e12088–e12088.
07	Fante-Coleman, T., & Jackson-Best, F. (2020) Barriers and facilitators to accessing mental healthcare in Canada for Black youth: A scoping review. <i>Adolescent Research Review</i> , 5, 115-136.
08	Coleman, B. (2020). Managing the disconnect: A critical case study of neoliberalism in youth development practice. <i>Journal of Community Psychology</i> , 2020, 1-20.
09	Crichlow, W. (2014). Weaponization and prisonization of Toronto’s Black male youth. <i>International Journal for Crime, Justice and Social Democracy</i> , 3(3), 113-131.
10	Hawke, L., Relihan, J., Miller, J., McCann, E., Rong, J., Darnay, K., Docherty, S., Chaim, G., & Henderson, J. L. (2018). Engaging youth in research planning, design, and execution: Practical recommendations for researchers. <i>Health Expectations</i> , 21(6), 944-949.
11	Schelbe, L., Chanmugam, A., Moses, T., Saltzburg, S., Williams, L. R., & Letendre, J. (2015). Youth participation in qualitative research: Challenges and possibilities. <i>Qualitative Social Work</i> , 14(4), 504-521.
12	Cooper, E. J., & Driedger, S. M. (2018). Creative, strengths-based approaches to knowledge translation within Indigenous health research. <i>Public Health</i> , 163, 61-66.
13	Bulanda, J. J., Szarzynski, K., Siler, D., & McCrea, K. T. (2013). “Keeping it real”: An evaluation audit of five years of youth-led program evaluation. <i>Smith College Studies in Social Work</i> , 83, 279-302.

## A2 | Factsheets (n=10-5\*)

\* In response to the pandemic, we prioritized the development of multimedia resources, blog posts, evidence briefs, and webinars.

	TITLE	SOURCE(S)
01	Doing Right: What Collective Actions Can Advance Equity for Black Youth?	YouthREX
02	COVID-19: Youth Mental Health & Substance Use	Literature Review
03	Meaningful Youth Engagement to Advance Global Change	Academic Article
04	Land As Our First Teacher	Literature Review
05	TAKE 5: Practicable Takeaways for Youth Work in a COVID-19 Era	YouthREX

## A3 | Multimedia (n=5+9)

YouthREX's Legacy Videos Project is in development; this 13-video series will share the impacts, lessons learned, successes, and history of YouthREX, as well as our work with various partners. Production took place in November/December 2020, with final products scheduled to be released from April 2021 to July 2021.

	TITLE	CONTENT TYPE
01	Mindfulness-Based Programs for Youth: Body Scan Exercise	Podcast
02	Spoken Word: I Shouldn't Have to Say This (3-Parts)	Video
03	Spoken Word: How to Be An Ally	Video
04	From Trauma-Informed Care to Healing-Centered Engagement	Video
05	What Does Anti-Black Racism Look Like in Ontario's Youth Sector? ft. Likwa Nkala	Video
06	Webinar Highlight: In Conversation with Assembly of Seven Generations (A7G)	Video
07	Webinar Highlight: In Conversation with the Boys and Girls Club of Ottawa	Video
08	Highlight // Joshua Watkis // Doing Authentic Youth Work Within Communities	Video
09	Highlight // Rania El Mugammar // Start Revolutions at Your Kitchen Table	Video
10	Highlight // Kofi Hope // Collective Approaches to Creating Social Change	Video
11	Highlight // Travonne Edwards // The Importance of Agency Collaboration in Ontario's Youth Sector	Video
12	Highlight // Dr. Oyediji Ayonrinde // Collaborative Youth Work	Video
13	Highlight // Dr. Oyediji Ayonrinde // Recognizing Frontline Workers	Video
14	Towards Mental Wellness // In Conversation with Dr. Oyediji Ayonrinde	Video

## A4 | Blog Posts (n=10+14)

\* We published 17 original blog posts and 7 reposted blog posts.

	TITLE	AUTHOR	DATE
01	Community. Connection. Care.	Uzo Anucha, Provincial Academic Director, YouthREX	April 28, 2020
02	Employing Youth During the Coronavirus Pandemic is a Good Investment	Repost from <i>The Conversation</i> .	May 6, 2020
03	Supporting Mindfulness-Based Programs for Youth	Diana Coholic, Professor, School of Social Work, Laurentian University & YouthREX Academic Network	May 11, 2020
04	Digital Platforms Alone Don't Bridge Youth Divides	Repost from <i>The Conversation</i> .	May 15, 2020
05	Now and Going Forward – Why Evidence Still Matters	Repost from Outcomes Practice Evidence Network (OPEN) Blog.	May 20, 2020
06	5 Ways to Manage Lockdown in a Small Space	Nnali Simon, YouthREX Placement Student	May 28, 2020
07	Telling Your Program's Story with Data Visualization	Dorrie Fiissel, Research and Evaluation Manager, YouthREX	June 1, 2020
08	Will This Be The ONE? Reflection, Engagement & Action Against Anti-Black Racism in Ontario	Uzo Anucha, Provincial Academic Director, YouthREX	June 8, 2020* *Republished on Toronto.com, June 15.
09	Social Media & Youth Mental Health: What You Need to Know	Sarah Daren, Health Writer, Women Caring for the Land	June 23, 2020
10	Supporting Young People as a Parent and Youth Worker During COVID-19	Amanick Boothe, YouthREX Placement Student	June 25, 2020
11	The Future is Bright, Youth Make it Brighter: 5 Reasons You Need Youth at the Table	Clementine Utchay, YouthREX Research Assistant	June 30, 2020
12	COVID-19, Cannabis Use & Youth: Four Key Considerations	Amina Hagar, YouthREX Research Assistant	July 2, 2020
13	Evidence Should Guide the Design of Any Student Service Program	Repost from <i>Policy Options</i> .	July 23, 2020



	TITLE	AUTHOR	DATE
14	Reflections from a South Korean International Student: “I Want to Go Back to Canada and Study in an Actual Classroom”	Jae Woong Han, YouthREX Research Assistant	October 6, 2020
15	3 Lessons I Learned Starting University During ‘These Uncertain Times’	Laurel Gain, 1st Year Computer Engineering Student, University of Toronto	October 13, 2020
16	The results are in, and things are changing at YouthREX...	Jen Gammad, Communications & Digital Engagement Manager, YouthREX	October 28, 2020
17	Reflections on 2020: Four Key Practicable Takeaways from Reimagining Youth Work in a COVID-19 Era	Clementine Utchay, YouthREX Research Assistant	December 16, 2020
18	Sneak Peek at Six Things We’ve Planned for 2021. And Oh, YouthREX is Six!	Uzo Anucha, Provincial Academic Director, YouthREX	December 17, 2020
19	The Future of Healing: Shifting From Trauma-Informed Care to Healing-Centered Engagement	Repost from <i>Medium</i> , with permission from author.	January 19, 2021
20	5 Takeaways from the Food Security and Sovereignty for BIPOC Communities Workshop	Olive Arinze, YouthREX Research Assistant	February 1, 2021
21	Writing Myself Into Existence: An Essay on the Erasure of Black Indigenous Identity in Canadian Education	Report from Yellowhead Institute, with permission from author.	February 17, 2021
22	The Atlanta attacks were not just racist and misogynist, they painfully reflect the society we live in	Repost from <i>The Conversation</i> .	March 19, 2021
23	Reflections from a Youth Work Teach-In with Dr. Shawn Ginwright: Trauma is Systemic	Jae Woong Han, YouthREX Research Assistant	April 6, 2021
24	The Individual, Personal and Institutional: How to Promote Healing-Centered Engagement	Olive Arinze, YouthREX Research Assistant	April 13, 2021

**“I’m very grateful for your approachability, time, and expertise. I will be forwarding this [Evidence] Brief to my manager and other members of the team, who I’m sure will find it very useful... Thank you so much once again for the time and dedication put into these resources.”**

**– SERVICE USER, MAY 2020**

## **A5 | Evidence Briefs (n=10+4)**

<b>01</b>	Eight Promising Practices to Engage Youth in an Academically-Focused Mentorship Program Using Online Platforms
<b>02</b>	Four Key Considerations & Five Promising Practices to Support the Delivery of an Online Curriculum
<b>03</b>	The ‘Digital Divide’ and Six Promising Practices to Ensure Greater Access to Online Programming
<b>04</b>	The Impacts of Overpolicing of Black Youth
<b>05</b>	Eight Best Practices for Supporting Black Youth Who Have Been in Conflict with the Law
<b>06</b>	Five Factors That Shape Black Youth’s Lived Experiences & Pathways to Criminality
<b>07</b>	Four Strategies to Promote Radical Healing with Black Youth in Conflict with the Law
<b>08</b>	Four Approaches to Promote Protective Factors and Support Positive Identity Formation for Black Youth in Conflict with the Law
<b>09</b>	Seven Key Considerations When Evaluating Programs for Black Youth in Conflict with the Law
<b>10</b>	Ten Curriculum-Based Strategies to Engage in Political Consciousness-Raising with Black Youth
<b>11</b>	Seven Promising Practices for Working with Black Families When a Young Person Becomes Involved in the Criminal Justice System
<b>12</b>	Risk Needs Responsivity Model: Three Objectives and Three Recommendations for Practice
<b>13</b>	Eight Best Practices for Extracurricular Literacy Programming for Black, Racialized, and Low-Income Youth
<b>14</b>	Tutoring the Tutor: Goals, Supports, and Practices

## A6 | Webinars (n=6+7)

	TITLE & DATE   # REGISTERED	FEATURED PRESENTERS
01	A Creative Approach to Using Mindfulness With Youth   May 19, 2020	556 Dr. Diana Coholic, Professor, Laurentian University; Tricia Goeldner, Social Worker & Amanda Hardy, Elementary School Teacher, Rainbow District School Board.
02	How to Tell a Story with Data Visualization   May 26, 2020	306 Ann K. Emery, Depict Data Studio.
<b>Conversation Series: The Relentless Pursuit of Better Youth Outcomes – Reimagining Youth Work in a COVID-19 Era (03-09)</b>		Facilitated by Cyril Cromwell & Kathe Rogers, YouthREX.
	In Conversation with I-Think   July 14, 2020	94 Josie Fung, Executive Director, I-Think; Laurel Gain, incoming University of Toronto student.
	In Conversation with Lay-Up   July 21, 2020	88 Chris Penrose, Program Director & Micaëlla Riché, Basketball Operations Manager, Lay-Up.
	In Conversation with A7G   July 29, 2020	55 Gabrielle Fayant-Lewis, Co-Founder & Co-CEO, Assembly of Seven Generations (A7G).
	In Conversation with Regent Park School of Music   August 6, 2020	47 Richard Marsella, Executive Director & Vanessa Chase, Program Manager, Jane Finch, Regent Park School of Music.
	Towards Mental Wellness: In Conversation with Dr. Oyedeji Ayonrinde   August 26, 2020	300 Dr. Oyedeji Ayonrinde, Associate Professor, Queen's University.
	In Conversation with Youth Opportunities Unlimited   September 2, 2020	61 Stephen Lockwood, Job Placement Specialist, Abbi Lint, Youth Mentor & youth, Youth Opportunities Unlimited.
	In Conversation with the Boys & Girls Clubs of Ottawa   September 17, 2020	97 Adam Joiner, CEO & Laura Jones, Senior Manager, Program Services, Boys & Girls Clubs of Ottawa; Majji Shaikh, University of Ottawa; co-facilitated by Corliss Bean, Assistant Professor, Brock University & YouthREX.
10	Land As Our First Teacher   November 2, 2020	151 Facilitated by Dr. Joey-Lynn Wabie & Michelle-Lynn Kennedy, YouthREX; Elder Martina Osawamick; health promoter Jordan Assinewe; youth Taryn Bobiwash.
11	Cultivating (Online) Community for Youth   November 25, 2020	150 Michelle McClure, Executive Director, Ability Online; Hayley Moody, Manager, Provincial Programs, LGBT Youth Line; Jonathon Reed, Program Manager, Next Gen Men; co-facilitated by Katelyn Wang, Executive Director, L.I.G.H.T.
12	Opening Up: Creating Healing Spaces for Young Black Men   January 28, 2021	150 Facilitated by Chantal Phillips, YouthREX; Eben Odonkor, filmmaker, <i>The Zeta Project</i> ; Paul Bailey, Interim Executive Director, Black Health Alliance; Asante Haughton, Peer Development and Training Manager, Stella's Place.
13	Transforming Ontario's Child Welfare System to Improve Outcomes for Youth and Their Families: Challenges and Opportunities   February 24, 2021	190 David Remington, ADM, MCCSS; Daniel Kikulwe, Assistant Professor, York University; Chanice McAnuff, Youth Advocate; Cheyanne Ratnam, Ontario Children's Advancement Coalition; co-facilitated by Sarah Head, PART.

“This was the best training I’ve ever attended and I’m not just saying that!”

“Wonderful presentation and I love how YouthREX uses their Zoom.”

“This was an amazing teach-in, from the performances to the talk with Dr. Ginwright, thank you so much for organizing this.”

– ROUNDTABLE ATTENDEES, FEBRUARY 2021

## A7 | Roundtables (n=1)

	EVENT	DESCRIPTION
01	<p>From Trauma-Informed Care to Healing-Centered Engagement: A Youth Work Teach-In with Dr. Shawn Ginwright</p> <p>February 11, 2021  <b>950+</b> registered, <b>500+</b> attended on Zoom.</p>	<p>Collaboration between YouthREX and the York Research Chair in Youth and Contexts of Inequity, featuring a keynote from Dr. Shawn Ginwright and facilitated Q&amp;A, two spoken word performances (Dwayne Morgan &amp; Kim Ninkuru), and a Community Spotlight section for stakeholders to share their work on healing.</p>

## A8 | Online Partnership Events (n=3/4+4)

	TITLE	PARTNER(S)
01	<p>Ask The Expert: Dr. Oyedemi Ayonrinde            June 1, 2020</p>	<p>Exploring The Link (Schizophrenia Society of Canada).</p>
02	<p>Reflection, Engagement &amp; Action Against Anti-Black Racism in Ontario (2-Part Series)            June 12, 2020 &amp; June 25, 2020</p>	<p>York University’s Office of Alumni Engagement.</p>
03	<p>Design Thinking (2-Part Series)            August 4, 2020 &amp; August 6, 2020</p>	<p>Markham African Caribbean Canadian Association (MACCA).</p>
04	<p>Meaningfully Engaging Youth in Evaluation            October 28, 2020</p>	<p>Tamarack Institute.</p>
05	<p>Employment &amp; Equity-Seeking Youth            November 24, 2020</p>	<p>CivicAction (at Skills for Changes’s Diversity@Work Conference)</p>
06	<p>Ask The Expert: Racial (In)Justice &amp; Cannabis            January 21, 2021</p>	<p>Exploring The Link (Schizophrenia Society of Canada) &amp; Canadian Students for Sensible Drug Policy.</p>
07	<p>Anti-Black Racism in Education            January 26, 2021</p>	<p>The Mosaic Institute, Urban Alliance on Race Relations, Soul Journey, Parents of Black Children &amp; Ontario Alliance of Black School Educators.</p>
08	<p>Navigating All Our Relations in the Present Day            February 25, 2021.</p>	<p>Youth Agencies Alliance.</p>

## A9 | Publications (n=2+1)

	TITLE	STATUS
01	Anucha, U., Fiissel, D., & Lam, H. (2021). Online cannabis education certificate for professional development within the youth sector. <i>Professional Development: The International Journal of Continuing Social Work</i> .	pending
02	Anucha, U., Srikanthan, S., & Cromwell, C. (2021). Youth work in contexts of inequity: Implications for youth wellbeing.	in development
03	Wabie, J-L., Kennedy, M., Blair, C., Coleman, J., Hendricks, J., Whiteloon, M., & Taiwo, A. (tbd). Sharing oshkimadizijik inéwin (youth voices) through social media. In J. Ansloos, A. C. Morford, & D. Gaertner (Eds.), <i>#NativeTwitter: Indigenous networks of relations and resistance</i> .	in development

## A10 | Presentations (n=2+1+3)

	TITLE / LOCATION / DATE	PRESENTERS
01	Youth-Engaged Action Research Methods, 2-Part Presentation Africentric Leadership Course, Downsview Secondary School, Toronto   October 14, 2020 & October 15, 2020.	Cyril Cromwell, Shantel Hyndman
02	Youth Work in Contexts of Inequity: Implications for Youth Wellbeing, Poster Presentation Society for Social Work Research Virtual Conference   January 19-22, 2021.	Uzo Anucha, Sinthu Srikanthan, Cyril Cromwell
03	Cannabis & Youth, Conference Presentation International Women's & Children's Conference, McMaster University   January 23, 2021.	Chantal Phillips
04	'Vulnerability', Marginalization: Perspectives from Programming Research & Evaluation, Conference Presentation Vulnerability & Marginalization in Education Conference, University of Windsor   January 29, 2021.	Khadijah Kanji
05	Rethinking Impact: Legacy & Evaluation in a Global Youth Work Context, Presentation National Youth Council of Ireland   March 25, 2021.	Kathe Rogers
06	Youth Engagement in the Virtual World - A Knowledge Transfer, Keynote Presentation Emerging Youth Consultancy   March 25, 2021.	Kathe Rogers

**“Thanks for the newsletter and the work of YouthREX. As a worker in a rural area your online certificates have been some of the best online opportunities available and the newsletter is where I heard about them first.”**

**– RESPONDENT, YOUTHREX NEWSLETTER SURVEY, FALL 2021**

## **A11 | Communications**

<b>01</b>	YouthREX.com New Users / Month  YouthREX.com Pageviews	<b>6,058</b> (average from December to March)  <b>186,771</b>
<b>02</b>	Knowledge Hub Unique Pageviews <b><a href="https://youthrex.com/knowledge-hub">https://youthrex.com/knowledge-hub</a></b>	<b>3,496</b>
<b>03</b>	YouthREX Newsletter (as of March 31, 2021) <b><a href="https://youthrex.com/newsletter">https://youthrex.com/newsletter</a></b>	<b>12</b> newsletters to <b>5,650 active subscribers</b>
<b>04</b>	Twitter Followers (as of March 31, 2021)	<b>3,133</b>  <b>473.4K</b> impressions from April 30 - November 12 <b>255.8K</b> impressions from December 1 - March 31
<b>05</b>	Instagram Followers (as of March 31, 2021)	<b>1,633</b>
<b>06</b>	Facebook Page Likes (as of March 31, 2021)	<b>684</b>
<b>07</b>	LinkedIn Followers	<b>480</b>
<b>08</b>	YouTube Channel Subscribers  YouTube Video Views	<b>21*</b>  <b>1,203**</b>  <i>*REX TV, our YouTube Channel, has not officially launched; content uploading and curation is ongoing.</i>  <i>**November 30 - March 31 / 180 watch hours</i>

## A12 | Top 5 Resources\* on the Knowledge Hub

\* by unique pageviews

<p><b>April 30 to November 30</b></p>	<p>Mindfulness Based Programs for Youth: A Toolkit for Youth Workers (toolkit; 1,081 unique pageviews)</p>
	<p>Towards Race Equity in Education: The Schooling of Black Students in the Greater Toronto Area (report; 739 unique pageviews)</p>
	<p>How to Be a Racial Transformer (infographic; 672 unique pageviews)</p>
	<p>Doing Right Together for Black Youth: What We Learned From the Community Engagement Sessions for the OBYAP (report; 651 unique pageviews)</p>
	<p>Doing Right: What Collective Actions Can Advance Equity for Black Youth? (factsheet; 341 unique pageviews)</p>
<p><b>November 30 to March 31</b></p> <p><b>Top 3 Areas of Interest/ Population Groups</b> by unique pageviews:</p> <p>Black Youth (285) Youth Engagement (277) Mental Health (264)</p>	<p>From Trauma-Informed Care to Healing-Centered Engagement: A Youth Work Teach-In with Dr. Shawn Ginwright (video; 734 unique pageviews)</p>
	<p>Towards Race Equity in Education: The Schooling of Black Students in the Greater Toronto Area (report; 596 unique pageviews)</p>
	<p>COVID-19 &amp; Social Determinants of Health (infographic; 439 unique pageviews)</p>
	<p>Doing Right Together for Black Youth: What We Learned From the Community Engagement Sessions for the OBYAP (report; 402 unique pageviews)</p>
	<p>Understanding Intergenerational Trauma and Intergenerational Healing: Recovery, Resilience &amp; Wellness (webinar; 303 unique pageviews)</p>

**OBJECTIVE TWO**  
**YOUTHREX ED**



## Objective Two: YouthREX ED

DELIVERABLES	2020/2021 FISCAL YEAR ACCOMPLISHMENTS
Online Program Evaluation Certificate <b>2 offerings for 200 learners</b>	<b>2 offerings</b> (Fall 2020 & Winter 2021) for <b>383 learners</b> .
Advanced Online Program Evaluation Certificate <b>2 offerings for 100 learners</b>	<b>2 offerings</b> (Spring 2020 & Winter 2021) for <b>182 learners</b> .
Critical Youth Work Certificate <b>3 offerings for 60 learners</b>	<b>NEW Online Certificate: Centering Black Youth Wellbeing</b> <b>1 offering for 1,168 active learners.</b>
Cannabis & Youth: A Certificate for Youth Workers <b>year-round offering for 200 learners</b>	<b>1,344 active learners</b> engaged.
<b>6 workshops for 120 learners</b>	<b>NEW Skill-Up Samplers:</b> <b>2 offerings of 7 Samplers for 830 unique learners.</b>
NEW Online Workshops <b>develop and pilot four online workshops</b>	<b>4 online workshops</b> offered for <b>199 attendees.</b>

### B1 | Online Certificate: Program Evaluation for Youth Wellbeing (n=2)

DATE	# OF APPLICANTS	# OF LEARNERS
Fall (September 25 to December 3)	280	208
Winter (January 8 to March 18)	206	175

### B2 | Online Certificate: Advanced Online Program Evaluation Certificate (n=2)

DATE	# OF APPLICANTS	# OF LEARNERS
Spring (May 11 to June 5)	107	98
Winter (February 3 to February 28)	104	84

## B3 | Critical Youth Work Certificate NEW Online Certificate: Centering Black Youth Wellbeing (n=1)

DATE	# REGISTERED	# ACTIVE LEARNERS	# COMPLETED
March 2021	2,224	1,168	734

## B4 | Cannabis and Youth: A Certificate for Youth Workers

DATE	# REGISTERED	# ACTIVE LEARNERS	# COMPLETED
April 2020 - March 2021	3,034	1,344	1,304

## B5 | YouthREX Workshops NEW Skill-Up Samplers (n=7)

	TITLE	DATE	# OF LEARNERS
01	Trauma-Informed Youth Work	Fall 2020	291
		Winter 2021	209
02	Anti-Opressive Practice	Fall 2020	229
		Winter 2021	130
03	The Stages of Change Framework	Fall 2020	135
		Winter 2021	93
04	Logic Modelling for Intentional Program Design	Fall 2020	112
		Winter 2021	75
05	How to Tell a Story with Data Visualization	Fall 2020	73
		Winter 2021	48
06	Cannabis in Context	Fall 2020	53
		Winter 2021	102
07	Cannabis Legalization & Youth	Fall 2020	33
		Winter 2021	55

“This was the most informative and accessible program I’ve ever done. Each module was filled with applicable information and all the speakers were incredibly engaging.”

“This certificate was amazing! Thank you for all of your hard work and for offering such an incredible program for youth workers.”

“This is a fantastic course. It has been the best PD I have taken and I will be passing along the information to everyone I know, especially fellow Educators.”

“I enjoy all of the certificates that YouthREX makes available. A fantastic resource for those who work with youth.”

– CENTERING BLACK YOUTH WELLBEING CERTIFICATE LEARNERS

“I feel I have gained some knowledge and have a better idea of resources I can use to continue to learn and educate myself after completing this module. I intend to bring this knowledge to my work with children and youth.”

– SKILL-UP SAMPLER LEARNER

## B6 | NEW Online Workshops

	TITLE	DATE	# OF REGISTRANTS	# OF ATTENDEES
01	The Transformational Power of Food Security & Sovereignty for BIPOC Communities	December 17, 2020	36	20
02	Indigenous Perspectives on the Mental Health of Youth (in partnership with SafeGuards)	January 26, 2021	75	55
03	Engaging Youth Through Healthy Relationships (in partnership with Healthy Youth Network)	February 26, 2021	78	48
04	Understanding Domestic Sex Trafficking for Youth Work (in partnership with SafeGuards)	March 23, 2021	120	76

**OBJECTIVE THREE**  
**YOUTH PROGRAM**  
**SUPPORTS**

## Objective Three: Youth Program Supports

DELIVERABLES	2020/2021 FISCAL YEAR ACCOMPLISHMENTS
<b>Good Youth Work Practice Guide</b>	Maintained online guide and added additional Evidence Briefs.
<b>One-on-One Consultations</b>	<b>79</b> unique consultations provided.
<b>Customized Consultations &amp; Supports:</b>	
Knowledge Exchange	<b>1</b> data request completed, <b>1</b> in progress; <b>5</b> evidence requests completed.
Program Development	<b>8</b> youth programs received customized direct supports.
Evaluation	<b>15</b> programs received customized direct supports; <b>1</b> in progress.
<b>Full Customized Evaluations</b>	<b>4</b> programs supported; <b>1</b> on hold.

## C1 | One-on-One Consultations

REGION	NUMBER OF CONSULTATIONS
Central	55
Southwestern	1
Eastern	3
Northern	1
Ontario-wide	2
Within Canada	15
Outside of Canada	2
A single consultation may touch on multiple program objectives and available supports:	
Knowledge Exchange	22
Capacity Building	36
Evaluation	36
Other	7

## C2 | Full Customized Evaluations

	PROGRAM / ORGANIZATION	STATUS (March 31, 2021)
01	<p><b>Connex Youth Mentorship Project</b>  <i>A youth-driven model that connects newcomer youth in York Region District School Board (YRDSB) to resources and peer mentors within the YRDSB.</i></p>	Completed this three-year evaluation project; submitted final report on March 31, 2021.
02	<p><b>Pempamsie Initiative, Delta Family Resource Centre</b>  <i>A comprehensive five-year program (2019 to 2024) for predominantly Black youth and their families who are in contact with the justice system; funded by Public Safety Canada.</i></p>	Created an Evaluation Advisory Committee; developed multiple Evidence Briefs and an Evaluation Plan (submitted and approved by the program's funder); set to begin stakeholder interviews in 2021, but program is on hold temporarily due to COVID-19 strain; submitted an interim report on February 1, 2021.
03	<p><b>Regent Park School of Music (RPSM)</b>  <i>A community-based music school that provides more equitable access to quality music education, instruments, and once-in-a-lifetime performance opportunities for young people in the Regent Park &amp; Jane &amp; Finch communities of Toronto.</i></p>	Refined the program logic model to reflect changes resulting from COVID-19; developed the Evaluation Plan; set to begin surveys and interviews in 2021, but program is on hold temporarily due to COVID-19 strain.
04	<p><b>Breaking the Cycle of Violence with Empathy (BRAVE), Sunnybrook Hospital</b>  <i>Specifically designed to help young people who have been treated in the Tory Trauma Program for a gun- or stabbing-related injury. BRAVE uses a wrap-around approach to make sure young patients have what they need to heal and move forward to live their best life; with funding from the City of Toronto.</i></p>	Developed the evaluation protocol for conducting the qualitative component of the program's evaluation; received approval from Sunnybrook's Research Ethics Board; began interview process in January 2021.
05	<p><b>Youth Success in School Initiative (YSSI), United Way Greater Toronto (UWGT)</b>  <i>UWGT is working with the Toronto and York Region District School Boards, in partnership with social service agencies and organizations, to adapt and launch a five-year program that will support and improve the educational outcomes for those farthest from opportunity; funded by Scotiabank.</i></p>	Paused due to COVID-19; set to begin initial stages of the project in April 2021.

“Thank you for these great resources. My project team was very appreciative of some of the issues/concerns/suggestions that you had brought up during our conversation.”

“It has been such a great experience listening and collaborating with YouthREX and we cannot wait to show you our final report and hopefully enhance youth voice together.”

“I appreciate your support so much - you’ve made this learning process such a pleasure for me.”

– CUSTOMIZED SUPPORTS RECIPIENTS

### C3 | List of Other Organizations Supported By Region

NOTE: Organizations may have received more than one type of customized support.

REGION	ORGANIZATION
<b>CENTRAL</b>	<ul style="list-style-type: none"> <li>• Jane-Finch Community &amp; Family Centre (Youth Inclusion Program)</li> <li>• Centre for Student Engagement, University of Toronto Mississauga</li> <li>• H4 Community</li> <li>• Lay-Up Youth Basketball</li> <li>• Let’sStopAIDS</li> <li>• MLSE Foundation</li> <li>• NIA Centre for the Arts (Creative Connect Program)</li> <li>• Somali Canadian Association of Etobicoke</li> <li>• Stolen from Africa (ResponseAbility Program)</li> <li>• The Reading Partnership</li> <li>• Youth Empowering Youth!</li> </ul>
<b>EASTERN</b>	<ul style="list-style-type: none"> <li>• Osgoode Youth Association</li> </ul>
<b>NORTHERN</b>	<ul style="list-style-type: none"> <li>• Communities Building Youth Futures Sudbury</li> </ul>
<b>ONTARIO-WIDE</b>	<ul style="list-style-type: none"> <li>• Black Boys Code</li> <li>• Voice of Purpose</li> <li>• Young Ontarians United</li> </ul>

# COMMUNITY NETWORKS



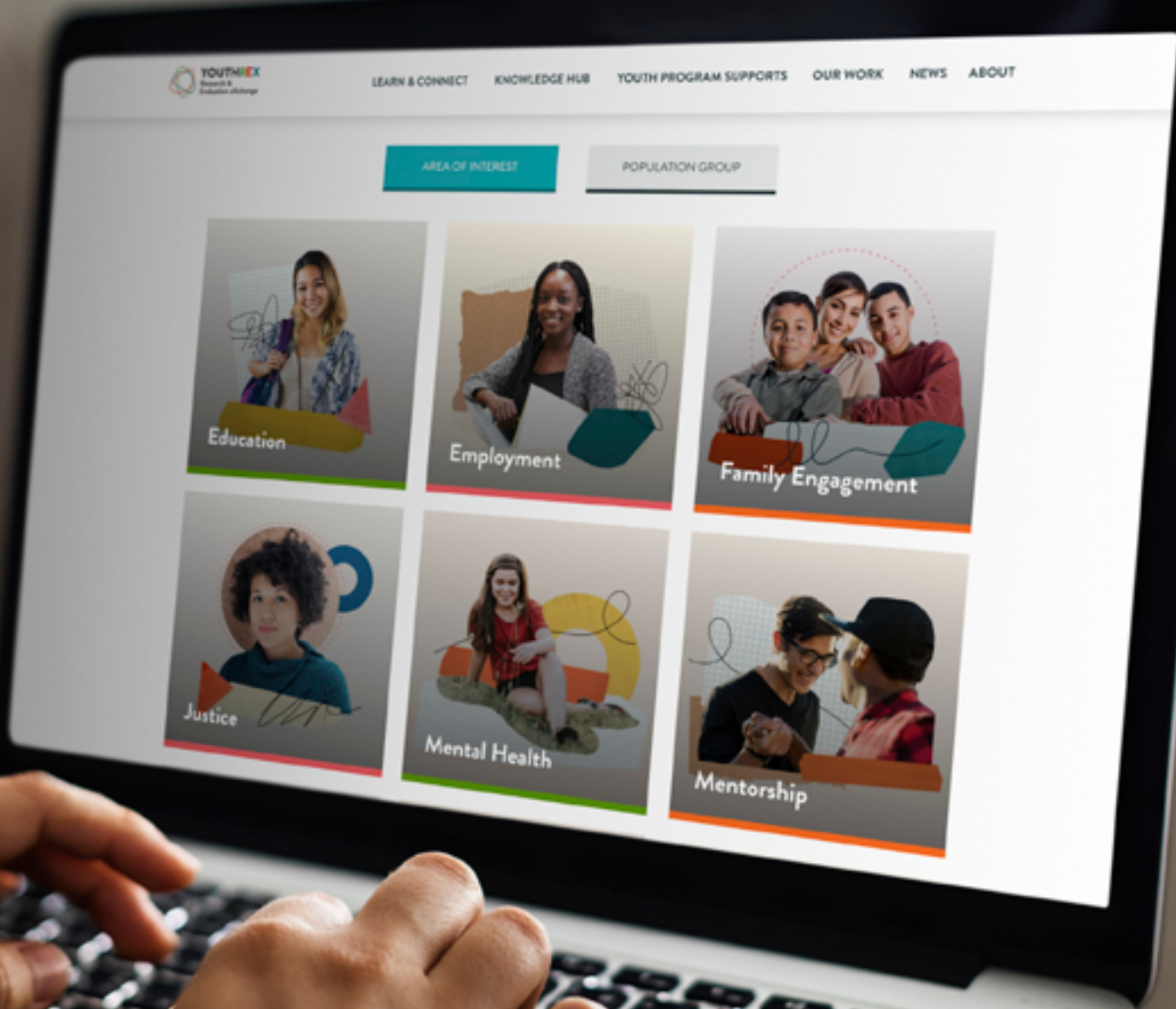
## Community Networks

NETWORK	STATUS
<b>ACADEMIC</b>	<p>This year, YouthREX added <b>five new members</b> to our Academic Network:</p> <ul style="list-style-type: none"> <li>• <b>Corliss Bean</b> (Department of Recreation and Leisure Studies, Brock University)</li> <li>• <b>Mary Goitom</b> (School of Social Work, York University)</li> <li>• <b>Kristen Lwin</b> (School of Social Work, University of Windsor)</li> <li>• <b>Olufunke Oba</b> (School of Social Work, Ryerson University)</li> <li>• <b>Neil Price</b> (School of Justice &amp; Community Development, Fleming College)</li> </ul> <p>YouthREX collaborated with members on a variety of projects, including:</p> <ul style="list-style-type: none"> <li>• <b>Joey-Lynn Wabie</b> (School of Indigenous Relations, Laurentian University) led the development of a webinar and factsheet, Land As Our First Teacher. Joey-Lynn also participated in an Ask Me Anything (AMA) event on REX Virtual Café.</li> </ul> <p><b>Corliss Bean</b> supported the development of evaluation-focused resources for the Knowledge Hub and Youth Measures Inventory.</p> <p><b>Olufunke Oba</b> hosted reconvening events with youth for the Community Academic Reciprocal Engagement (CARE) project.</p> <p><b>Nombuso Dlamini</b> (Faculty of Education, York University) coordinated online focus groups for racialized youth on their use of social media and online platforms during COVID-19.</p>
<b>YOUTH INTERNSHIPS</b>	<p>YouthREX provided learning opportunities for <b>20 young people</b>:</p> <ul style="list-style-type: none"> <li>• Undergraduate Student Research Assistantships x 6</li> <li>• Graduate Student Research Assistantships x 7</li> <li>• Research Assistantships x 3</li> <li>• MSW Placement Students x 3</li> <li>• BSW Placement Students x 1</li> </ul>
<b>YOUTH WORK FELLOWSHIPS</b>	<p>This year, YouthREX hosted <b>two Youth Work Fellows</b>, <b>Nene Kwasi Kafele</b> and <b>Gary Newman</b>, for short-term contracts.</p>
<b>YOUTH WORK AMBASSADORS</b>	<p>The development of this network was <b>paused due to COVID-19</b>.</p> <p>This year, we focused on including youth workers in our webinars, workshops, and online events, and facilitated opportunities for youth workers to be engaged as contributors and Animators (or platform moderators) on REX Virtual Café.</p>

# BEYOND THE DELIVERABLES

## Strategic Partnerships

PARTNER	PROJECT	STATUS
Strides	Anti-Black Racism Training	YouthREX worked in partnership with Strides to deliver our new online certificate, Centering Black Youth Wellbeing, to an initial cohort of staff members from the Priority Access for Students Programs in Toronto in February 2021. This enhanced delivery featured live online seminars with guest facilitators. 153 learners registered, 134 were active on the platform, and 102 learners completed the certificate.
Partnership project led by Academic Network member Dr. Joey-Lynn Wabie (Laurentian University)	Oshkimadizjik inewin: Youth Voices on Reconciliation	This year, the project received an additional grant to continue their work through the Tabik-gìzis Kinamegewin (Moon Teachings) project. Each youth connected with a residential school survivor or their family member to form a Moon Teaching Duo, providing a safe space to share their stories through the creation of videos. In addition to these videos, the team is creating four age-appropriate Learning Guides to accompany the 13 stories, all of which will be shared through social media and online platforms.
Exploring the Link, Schizophrenia Society of Canada	Cannabis & Mental Health Course	YouthREX partnered with Exploring the Link to develop an online certificate for youth, by youth, on cannabis and mental health, with funding from the Mental Health Commission of Canada. The certificate will be piloted in late spring/early summer 2021, with plans for a national launch in fall 2021.
National Institute for Cannabis Health and Education (NICHE), Canopy Growth & Strides	What's With Weed	In partnership with Strides, YouthREX is leading the redevelopment of the What's With Weed website and associated tools/resources, through a grant from Canopy Growth. NICHE had transferred these cannabis education resources to YouthREX and Strides; they were originally created by Parent Action on Drugs. YouthREX and Strides co-hosted a Design Day with 15 youth on February 20, 2021, to inform the redesign. The reimagined website, tools, and resources are set to launch in June 2021.
Dream Legacy Foundation & Network for the Advancement of Black Communities (NABC)	Black Economic Empowerment Project	YouthREX is partnering with Dream Legacy Foundation and NABC to develop an evidence-informed outcomes framework to support the Ministry's OBYAP work on Black youth economic empowerment.
Partnership project led by Ken Williams, and including YouthREX and the Art Gallery of Ontario	Project Heartbeat: A Hip-Hop Wellness & Educational Experience	With support from the Faculty of Liberal Arts & Professional Studies at York University's Anti-Black Racism Initiatives Fund, this eight-week Hip-Hop Healing program will be conducted online with up to 15 youth (aged 15-18) who identify as Black. Timelines to be confirmed.



## VISIT OUR KNOWLEDGE HUB!

Our newly redesigned and integrated website provides an engaging ‘one-stop shop’ connecting youth workers to shared knowledge for better youth outcomes!

## WE’RE EXCITED ABOUT...

Our easy-to-navigate **Knowledge Hub** giving you access to the supports you need, categorized by key areas of interest and population groups, and our customized collections curate resources on critical issues concerning youth programs.

Our online **Community Board** featuring events, professional development opportunities, sector-wide job opportunities, and more!

Our **Good Youth Work Practices** provides evidence-based, practicable strategies and approaches for meeting the needs of different programs, areas of focus, and youth populations.

And our **Virtual Community of Practice**, enabling youth workers to come together online around different engagement opportunities and issues impacting their work.