

More than

6,800



individual youth and parents from across Ontario participated in this research by sharing their experiences with sport access, engagement, and equity factors in the wake of the pandemic.

Key Finding
01

Make Sport Affordable



Of youth across income levels identified "making sport opportunities more affordable" as the top priority for the returning sport sector

Key Finding
02

Ensure Representation

"It is time for youth sport to have a good look at systemic sexism and racism. Look at the makeup of the youth teams, most do not represent the local community even when cost is removed from equation."

AGE 17, EAST ASIAN, FEMALE, TORONTO REGION

Key Finding
03

Post-Pandemic: Plan For Why Youth Play



52.1%

called for sound health and safety regulations as key for their participation

MORE THAN

1 of 3

BLACK YOUTH

1 of 4

INDIGENOUS YOUTH

1 of 5

BIPOC YOUTH

REPORT HAVING DIRECTLY EXPERIENCED RACISM IN SPORT

Key Finding
04

Build Community Belonging



74.5%

of youth who participated in sports in the last two years had a very strong or somewhat strong sense of belonging to their community

Recommendations for

SPORT & RECREATION PROVIDERS

FUNDERS AND POLICYMAKERS

FUTURE RESEARCH

Included in Change The Game Report

Access Change The Game Report Here:

[MLSEFOUNDATION.ORG/
HOW-WE-GIVE/RESEARCH](https://mlsefoundation.org/how-we-give/research)

ONTARIO'S YOUTH HAVE TOLD US WHAT THEY WANT

LET'S REBUILD IT BETTER.

LET'S CHANGE THE GAME.