

#YouthWork
#StrengthBasedPractices
#Education
#YouthMentalHealth

Hacking Deficit Thinking

Reframing Strength-Based
Practices and Equity in Schools

A Youth Work Teach-In

Featuring Dr. Byron McClure and Dr. Kelsie
Reed, US-based school psychologists and authors
of *Hacking Deficit Thinking: 8 Reframes That Will
Change The Way You Think About Strength-Based
Practices and Equity in Schools.*



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Research &
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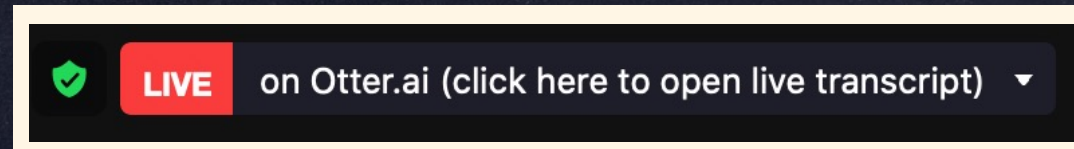


Welcome

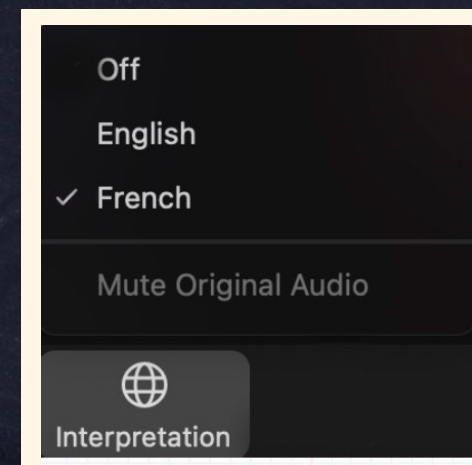
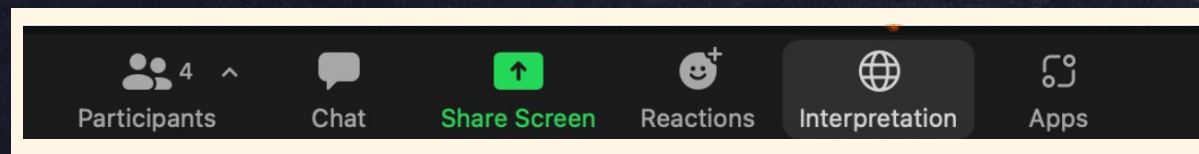


EVENT OVERVIEW

- **Introduce yourselves to one another in the Chat box!** YouthREX Team Members have YouthREX – in front of their names.
- **Live Transcription/Closed Captions in English:** Show Captions by clicking on the CC button on your Zoom application, click on the button (top left) pictured below, or use the link provided in the Chat box.



- **Live French Interpretation Available:**





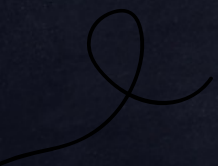
EVENT OVERVIEW

- **Recording:** We will be recording today's presentation. This recording will be archived on [REX TV](#) and on YouthREX's [Knowledge Hub](#); **the Q&A discussion and breakout room conversations will not be recorded, so no contributions from participants will be recorded and shared.**
- **Please remain muted and share questions in the Chat box;** during the Q&A discussion, you can use the Raise Hand function to indicate that you would like to unmute yourself and ask your question live.



EVENT AGENDA

- Welcoming Remarks
- Dr. McClure & Dr. Reed: A Strength-Based Approach to Supporting Youth Mental Health
- Q&A Discussion with Dr. McClure & Dr. Reed
- Spoken Word Performance: Cassandra Myers
- Breakout Room Conversations



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RECOGNIZING THE LAND & THE PEOPLE

Source: native-land.ca



RECOGNIZING THE LAND & THE PEOPLE

YouthREX's provincial office is located at York University. Both YouthREX and York University recognize that many Indigenous Nations have longstanding relationships with the territories upon which York University campuses are located that precede the establishment of York University. We acknowledge our presence on the traditional territory of many Indigenous Nations. The area known as Tkaronto has been care taken by the Anishinabek Nation, the Haudenosaunee Confederacy, and the Huron-Wendat. It is now home to many First Nation, Inuit, and Métis communities. We acknowledge the current treaty holders, the Mississaugas of the Credit First Nation. This territory is subject of the Dish with One Spoon Wampum Belt Covenant, an agreement to peaceably share and care for the Great Lakes region.



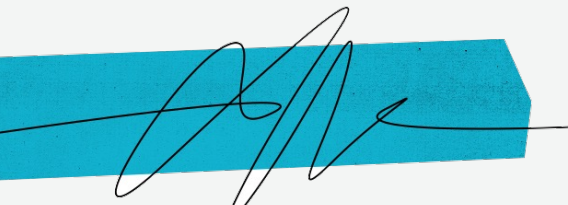
ABOUT YOUTHREX

OUR VISION

An Ontario where shared knowledge is transformed into positive impact for all youth.

OUR MISSION

To make research evidence and evaluation accessible and relevant to Ontario's youth sector through knowledge exchange, capacity building, and evaluation leadership.

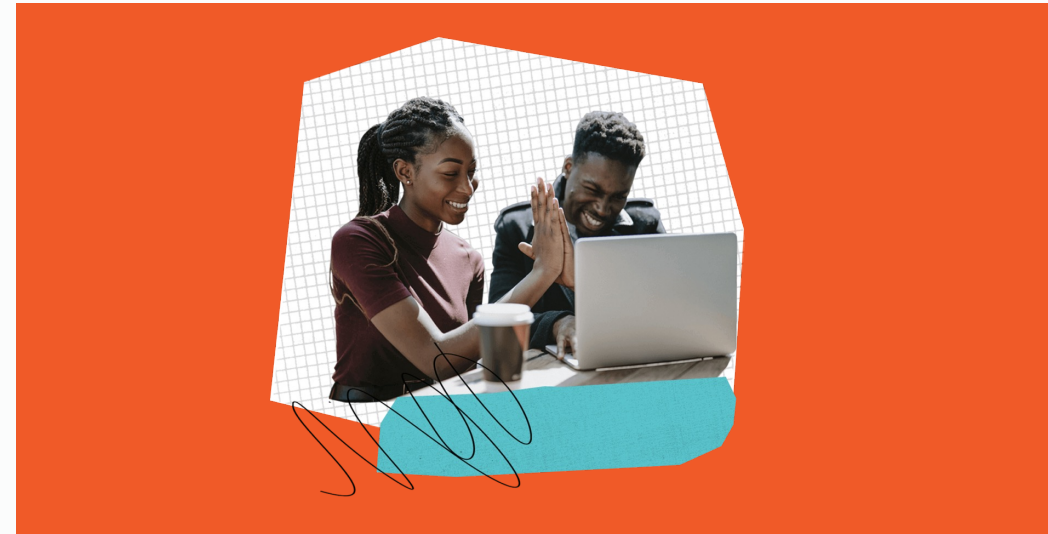


PROGRAM OBJECTIVES



Knowledge Exchange

We create and curate evidence-based resources to support youth work practice, and to amplify the voices and experiences of young people in Ontario.



Learn by YouthREX

We offer professional development opportunities for youth workers to learn, connect, and share – both online and offline.

Centering Black Youth Wellbeing

A Certificate on Combatting Anti-Black Racism

A free 6-week online certificate that provides the Ontario youth sector with the foundational knowledge to cultivate practices, policies, and alliances that challenge, disrupt, and combat systematic anti-Black racism.

Register for free in English by December 7 !

Register for free in French by December 12 !



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PROGRAM OBJECTIVES



Youth Program Supports

We work with youth programs to support the design, development, and evaluation of their work with young people.




Community-Engaged Research


We conduct Community-Engaged Research about youth and youth workers in Ontario. Our first project – the Ontario Youth Sector Compass – was completed in November 2021.

OUR PRESENTERS




Dr. Byron McClure


 @bmccclure6

 @schoolpsychlife



Dr. Kelsie Reed

 @dr.kelsiereed

 @drkelsiereed

hackingdeficitthinking.com



@hackingdeficits



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Q&A Discussion with Dr. McClure & Dr. Reed




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SPOKEN WORD PERFORMANCE



CASSANDRA MYERS

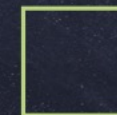
cassmyers.com

 [@cass.myers.poetry](https://www.instagram.com/cass.myers.poetry)

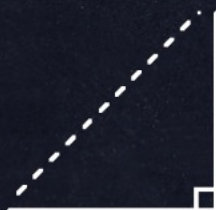
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BREAKOUT ROOM CONVERSATIONS



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QUESTIONS TO EXPLORE:

- Share an example of deficit thinking from your work. How could you apply a reframe to shift to a strength-based approach?
- What is one simple thing you can take away from today's event and use in your youth work practice?
- Pourriez-vous donner un exemple de pensée axée sur les lacunes dans le cadre de votre travail. Comment pourriez-vous recadrer cette démarche pour passer à une approche axée sur les forces ?
- Si vous deviez retenir un élément de base dans l'événement aujourd'hui et que vous pourriez appliquer dans votre activité professionnelle auprès des jeunes, quel serait-il ?



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Thank you!

Visit YouthREX's Knowledge Hub for more resources on
Education and Youth Mental Health.

www.youthrex.com | [@REXforyouth](https://twitter.com/REXforyouth)

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into positive impact for all youth!