

# Centering Black Youth Wellbeing

## A Certificate on Combatting Anti-Black Racism

**THIS ONLINE CERTIFICATE** provides the Ontario youth sector with the foundational knowledge to cultivate practices, policies and alliances that challenge, disrupt and combat systematic anti-Black racism.

**THE VISION** is that this certificate will support a structural transformation in Ontario’s youth sector that centers the wellbeing of Black young people and their families in our individual practices and organizational policies.

### LEARNING OUTCOMES

The certificate includes **17 lectures and 2 artistic performances** organized around **four modules**. The lectures will provide you with the knowledge and tools to:

- ✓ **Understand** the historical roots and context of present-day manifestations of anti-Black racism
- ✓ **Engage** with research on the impact of anti-Black racism on Black youth and their families
- ✓ **Learn** critical practices for centering the wellbeing of Black youth and communities
- ✓ **Commit** to ongoing personal, professional and organizational accountability

### FIVE UNDERSTANDINGS OF ANTI-BLACK RACISM THAT GROUND THIS CERTIFICATE

1. **ANTI-BLACK RACISM** is REAL and leads to a lack of equitable access, opportunities, and outcomes for Black people. The consequences of this lack of equitable or fair access have been well documented by extensive research that show disparities in outcomes for Black youth and their families.
2. **AN ACKNOWLEDGMENT** of the historical roots of present-day manifestations of anti-Black racism.
3. **IF WE ARE TO** build communities where Black youth can thrive, we need to affirm that Black Lives Matter, that the futures of Black youth matter, and that showing up for Black youth wellbeing is a shared responsibility.
4. **THE EXPERIENCES** of Black youth are multi-layered and class, gender, ethnicity, sexuality, and other social identities are intersectional and therefore cannot be separated from one another
5. **CENTERING THE WELLBEING** of Black youth and communities in our work in Ontario’s youth sector requires ongoing personal, professional and organizational accountability that will extend beyond this certificate (and any other training).

### LEARN AT YOUR OWN PACE OVER FOUR WEEKS



#### WATCH OR LISTEN

to 17 lectures by primarily Black advocates, service providers, academics and artists who share key concepts, tools and strategies.



#### DOWNLOAD AND READ

summaries and transcripts of the lectures.



#### CONNECT

with other learners in a Community of Practice on the [REX Virtual Café](#) to share your reflections, questions, struggles and strategies.



#### LEARN MORE

from a carefully curated list of diverse resources that supports you extend your learning beyond the certificate’s lectures



## MODULE 1

### The Context of Anti-Black Racism

- 1.1 | An Introduction to Anti-Black Racism
- 1.2 | The Historical Roots of Anti-Black Racism in Canada
- 1.3 | The Weaponization of Whiteness
- 1.4 | Anti-Black Racism and a Discourse of Denial in Canadian Society
- 1.5 | Brown Complicity in Anti-Black Racism

### SPOKEN WORD

*I Shouldn't Have to Say This (Pt 1) by Asante Haughton*

## MODULE 2

### Engaging with Research About Black Youth

- 2.1 | Lessons from Research and Consultations about Black Youth in Ontario
- 2.2 | Challenging Constructions of Black Youth Masculinities
- 2.3 | The Impact of Anti-Black Racism on the Mental Health of Black Youth
- 2.4 | Pathways to Mental Health Care for Black Youth

### SPOKEN WORD

*I Shouldn't Have to Say This (Pt 2) by Asante Haughton*

*“NOW is the time, well beyond this moment of extreme social unrest, to better educate ourselves about the pervasive anti-Black racism that interlocks with other structures of oppression that Black youth and their families in Ontario experience – and for action towards social transformation and accountability.”*

Will This Be The ONE? Reflection, Engagement & Action Against Anti-Black Racism in Ontario by Uzo Anucha and the YouthREX Team (June 08, 2020).

## MODULE 3

### Critical Practice for Centering Black Youth Wellbeing

- 3.1 | Actively Allying with Black Youth Against Anti-Black Racism
- 3.2 | Ten Good Practices for Supporting Black Youth Mental Health
- 3.3 | Strengthening Engagement with Families of Black Youth
- 3.4 | Intersectional and Advocacy Strategies for Supporting Black Youth Wellbeing

### SPOKEN WORD

*I Shouldn't Have to Say This (Pt 3) by Asante Haughton*

## MODULE 4

### Ongoing Accountability for Transformative Change

- 4.1 | Critical Practice Reflexivity
- 4.2 | Organizational Accountability
- 4.3 | Show Us the Data: Leveraging Race-Based Data for Accountability and Change
- 4.4 | Collective Actions Towards Equity for Black Youth in Ontario: An Invitation

### SPOKEN WORD

*How to Be an Ally by Dwayne Morgan*



Complete all four modules and earn a Certificate of Completion and a LinkedIn Badge from YouthREX based at York University.

### HAVE QUESTIONS ?

We'd love to hear from you! Get in touch with us at [learn@youthrex.com](mailto:learn@youthrex.com)