Belonging Uncertainty Scale

OVERVIEW

This scale measures an individual's sense of belonging and worry that they do not fit into a certain group or setting.

SUBSCALES

- Social Acceptance
- Identity
- Validation

TARGET POPULATION

Children, youth, and adults.

LENGTH & HOW IT IS MEASURED

- 3 questions.
- Items are measured on a 7-point scale:
  1 = strongly disagree; 2 = disagree;
  3 = moderately disagree; 4 = neutral;
  5 = moderately agree; 6 = agree;
  7 = strongly agree.
- Self-reported, paper-pencil version or electronic, **available online**.
- Available in English.
- To calculate each participant's total score, add up their responses to all items and divide the total by the number of items to get the average rating.

DEVELOPER

- Gregory M. Walton (Yale University) & Geoffrey L. Cohen (University of Colorado at Boulder), 2007.

PSYCHOMETRICS

- **Reliability**
  Good internal consistency.
- **Validity**
  Construct validity.

LEARN MORE

- The **Belonging Uncertainty Scale** is available online from Stanford University, SPARQtools.
- Harackiewicz, J. M., Canning, E. A., Tibbetts, Y., Giffen, C. J., Blair, S. S., Rouse, D. I., & Hyde, J. S. (2014). Closing the social class achievement gap for first-generation students in undergraduate biology. *Journal of Educational Psychology, 106*(2), 375–389. **https://doi.org/10.1037/a0034679**
- Walton, G. M., & Cohen, G. L. (2007). A question of belonging: Race, social fit, and achievement. *Journal of Personality and Social Psychology, 92*(1), 82–96. **https://doi. org/10.1037/0022-3514.92.1.82**

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