

# Youth Thrive™ Survey



### OVERVIEW

This survey measures the presence, strength, and growth of youth resilience, social connections, knowledge of adolescent development, concrete support in times of need, and cognitive and social-emotional competence.

**Time Frame:** No prescribed schedule, but recommended completion every 3-6 months.



### SUBSCALES

- Youth Resilience
- Social Connections
- Knowledge of Adolescent Development
- Concrete Support in Times of Need
- Cognitive and Social-Emotional Competence



### TARGET POPULATION

Youth and young adults aged 12-26.



### LENGTH & HOW IT IS MEASURED

- Five sections, each comprising 10-17 statements.
- 11-question demographics section.
- Uses a Likert-type scale (i.e., 'not at all like me', 'a little like me', 'sort of like me', 'a lot like me', 'very much like me').
- Self-reported, administered online using the survey platform.
- Available in English and Spanish.

- Each protective factor subscale is scored by averaging responses across its related items; a higher score indicates a stronger presence of that protective factor.



### DEVELOPER

- Center for the Study of Social Policy (CSSP), 2018.



### PSYCHOMETRICS

#### Reliability

- Internal consistency reliability (measured using Cronbach's alpha) was tested during the development phase, in which each subscale (e.g., Youth Resilience, Social Connections, etc.) demonstrated acceptable to strong internal consistency, with values typically above 0.70.

#### Validity

- Construct validity was established during development.
- Strong face validity.



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### GOOD TO KNOW

- The survey is free and publicly available, but survey administrators must register online as either an **independent user/case worker** or an **organizational user/organization**.
- The survey can be used for assessment and case planning, program evaluation, and continuous quality improvement.



### LEARN MORE

- The **Youth Thrive™ Survey** instrument is available online from the Center for the Study of Social Policy (see Additional Resources).
- **Youth Thrive™ Survey User Manual** (2020), Center for the Study of Social Policy & Metis Associates
- **Youth Thrive™ Survey One-Pager** (2020)
- **Youth Thrive™ Survey Tip Sheet** (2020)

